

How to get aged care services

Aged care services can help Aboriginal and Torres Strait Islander people aged **50 and over**.

Speak with an Aboriginal and Torres Strait Islander assessment organisation to help you identify your needs.



Government-funded **aged care services** can help you stay at home longer. You can work with services to **stay connected to your culture and community**.



To get started, you need an **aged care assessment**. You can apply through **My Aged Care online, by phone, in-person, with your GP or the assessment organisation**.



Apply yourself, or ask your local health service, family or carer to help you. When you apply, you can ask for an **Aboriginal and Torres Strait Islander assessment organisation**.



An **assessment organisation** will call to book a time for an assessment. An **assessor** will speak with you about your **needs, wants and goals**.



You can have your **assessment at home** or anywhere you feel most comfortable.



A family member, friend, carer, or support service, like an Elder Care Support worker, can **be with you for your assessment**. You can also have an interpreter to speak your language.



After your assessment, you will get a **support plan**. We will **help you understand** your plan and connect you to the **services you need**.

Find out more

 **Call**

My Aged Care on **1800 200 422** or speak with an Elder Care Support worker, care finder, or OPAN advocate.

 **Visit**

[MyAgedCare.gov.au](https://myagedcare.gov.au) and explore Aboriginal and Torres Strait Islander assessment services at health.gov.au

Or find a Services Australia support centre online at: findus.servicesaustralia.gov.au



Australian Government
Department of Health,
Disability and Ageing