



Find the help you need with My Aged Care

If you're finding it harder to do the things you used to do, you may need some support.

My Aged Care can help.

Access services to support you with:

- transport to appointments and activities
- household jobs such as vacuuming and preparing meals
- modifications to your home such as handrails and ramps
- nursing and personal care such as help getting dressed or help with showering
- end-of-life care to help people remain at home in their last months of life.

Find information on:

- in-home support, short-term care and aged care homes
- how to apply for an assessment to access services
- aged care costs
- organisations that provide aged care.



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