



Welcome to **Aldinga Beach** Care Community



Discover why this could be your best move yet

At Aldinga Beach Care Community we encourage our residents to live with meaning and purpose. That's why understanding the big and the little details about how you like to enjoy each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Our Care Community is nestled just three minutes from the shores of Aldinga Beach. And Aldinga Central Shopping Centre is right across the road, with easy access to local amenities and transport.

We're a warm and family-oriented Care Community, with personalised expert care delivered by our experienced team. With a contemporary beach house design, our Care Community features well-appointed light filled rooms with spacious indoor and outdoor living areas that embrace the relaxing lifestyle of the beautiful Onkaparinga coast.

Ageing is living

Scan here for
more images
and information



Experience the Opal HealthCare difference at Aldinga Beach



Daily life

Whether it's enjoying a book from our library, spending time outdoors tending to our grapevine, getting together with the men's group or creative pursuits such as music, arts or crafts, there's plenty to do at Aldinga Beach Care Community.

Our Care Community features 10-12 resident bedrooms per 'house', connecting into our vibrant coffee shop and living areas. And a stroll along the coast is just a short drive away.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Aldinga Beach life – so you can enjoy your day, your way.



Home

- Modern single rooms with private ensuite
- Companion rooms for couples with private ensuite
- Kitchenette available in some bedrooms
- Welcoming lounge and dining areas
- Landscaped gardens and courtyards
- Hair salon
- Welcoming communal spaces



Health & wellbeing

- Seasonal menus
- Dedicated lifestyle team onsite
- Cultural and faith-based community supports
- Pets are welcome
- Social activities to encourage friendship and connection
- Music, art, entertainment and events
- Opal HealthCare bus for community outings
- Resident committees to nurture agency in daily life



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Fresh and nutritious chef prepared meals
- Primary and allied health services available
- Secure Memory Care Neighbourhood for residents living with dementia
- Permanent, respite, dementia and palliative care



Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

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