

We're here to help

UHAC provides tailor-made home care to suit your needs and budget. Our caring staff are on-hand to provide assistance with this process.

Ways of funding our services

Support at Home (SaH) provides government funding for both ongoing and short-term support. Ultimate Aged Care can help you to understand your eligibility, including the mix of services available to meet your assessed needs and budget.

Private Services are available to individuals who choose to pay for their own care at home, including those topping up their government funded support or waiting for government funded care.

How is care and support managed and delivered?

There are three main service categories under Support at Home:

Service Type	
1	<p>Independence: Support to manage activities of daily living and loss of skills or function to live independently (Client contribution % may apply)</p> <p><i>Personal care, social support & community engagement, therapeutic services, respite, transport, assistive technology, home modifications</i></p>
2	<p>Everyday Living: Support to keep your home in a livable state and support your independence at home (Client contribution % may apply)</p> <p><i>Domestic assistance, shopping assistance, home maintenance (including light gardening) & home repairs, and meals (preparation and/or delivery)</i></p>
3	<p>Clinical Supports: Specialised services to maintain or regain functional and/or cognitive capabilities (No Client contributions)</p> <p><i>Nursing, most allied health, nutrition, care management</i></p>

Short-term support includes the Restorative Care Pathway to improve your independence through allied health services, the Assistive Technology and Home Modifications scheme for access to products, equipment and home modifications and the End-of-Life Pathway, with extra funding to support older people to stay at home in their last 3 months of life.

Independence

Personal Care, Social Support and Community Engagement & Respite

	Monday to Friday 6:00am – 8:00pm		After Hours		Saturday		Sunday		Public holidays	
	In Area	Out Area	In Area	Out Area	In Area	Out Area	In Area	Out Area	In Area	Out Area
Personal care (per hour)	\$119	\$129	\$129	\$139	\$149	\$159	\$169	\$179	\$199	\$209
Social support & community engagement (per hour)	\$129	\$134	\$139	\$144	\$159	\$164	\$179	\$184	\$209	\$214
Respite – In Home (per hour)	\$119	\$129	\$129	\$139	\$149	\$159	\$169	\$179	\$199	\$209

	In Clinic	In Home – Local	In Home – Serviced Areas >5kms
Remedial Massage	\$190	\$230	\$250
Chiropractor	\$210	–	–

Service Area Definition: In Area = within 5km | Out of Area = beyond >5km

Minimum 1-hour services for local services <5kms. Minimum of 2-hour services for serviced areas >5kms.

Group Social Activities

	Monday to Friday 6:00am – 8:00pm
Hourly Rate	\$35

Additional costs may apply if transport is required.

Transport

	Monday to Friday 6:00am – 8:00pm		After Hours		Saturday		Sunday		Public holidays	
	In Area	Out Area	In Area	Out Area	In Area	Out Area	In Area	Out Area	In Area	Out Area
Direct Transport- Short <10kms	\$110	\$140	\$120	\$150	\$140	\$170	\$160	\$190	\$190	\$220
Direct Transport- Medium-10-19kms	\$145	\$185	\$155	\$195	\$175	\$205	\$195	\$235	\$225	\$265
Direct Transport Long-20-30kms	\$200	\$240	\$210	\$250	\$230	\$270	\$250	\$290	\$280	\$320
Indirect Transport	As per total price of third-party contractor.									

Transport is purely a pickup and drop off service only.

Everyday Living

Domestic Assistance & Meal Preparation

	Monday to Friday 6:00am – 8:00pm		After Hours		Saturday		Sunday		Public holidays	
	In Area	Out Area	In Area	Out Area	In Area	Out Area	In Area	Out Area	In Area	Out Area
Hourly rate	\$119	\$129	\$129	\$139	\$149	\$159	\$169	\$179	\$199	\$209

Home Meal Delivery- As per total price of third-party contractor. 70% covered under the package, 30% out of pocket.

Gardening & Home Maintenance and Repairs

	Standard-Per Hour Rate	Non-Standard-Per Hour Rate
	Weekday	Weekday
Lawn Service	\$130	As per quote
Garden Maintenance	We will provide you with a quote based on your circumstances. Once agreed with your Care Partner it will be added to your budget.	

A detailed quote for gardening will be provided before work begins.

Additional costs may apply based on size of the areas and green waste removal.

Assistive Technology & Home Modifications (AT-HM)

	Administration/Coordination Fee
Assistive technology	Administration costs will not exceed 10% of total cost.
Home modifications	Coordination costs will not exceed 10% of quoted costs.

Pricing will be based on the type of assistive technology or home modifications.

Clinical Support

Nursing

	Monday to Friday 6:00am – 8:00pm		After Hours		Saturday		Sunday		Public holidays	
	In Area	Out Area	In Area	Out Area	In Area	Out Area	In Area	Out Area	In Area	Out Area
Registered Nurse (per hour)	\$215	\$235	\$258	\$278	\$300	\$320	\$386	\$406	\$470	\$490
Nursing Care Consumables	Everyday nursing consumables are included. Specialised nursing products that are specific to you will be purchased and charged to your package.									

Allied Health Services

	In Clinic	In Home – Local	In Home – Serviced Areas > 5kms	Telehealth	Groups
Occupational Therapist	\$220	\$260	\$280	\$220	\$35
Physiotherapist	\$210	\$250	\$270	\$210	\$35
Podiatrist	\$210	\$250	\$270	\$210	\$35
Dietitian	\$210	\$250	\$270	\$210	\$35
Speech Therapist	\$210	\$250	\$270	\$210	\$35
Exercise Physiologist	\$210	\$250	\$270	\$210	\$35
Psychology	\$325	\$365	\$385	\$280	\$50
Allied Health Assistant	\$155	\$195	\$215	-	\$35

Related Allied Health Services

	Per hour	
Allied Health Non Face to Face Service	\$220	<i>Tasks including but not limited to report writing, reviewing client information, scoring standardised assessments, creating resources for clinical care and coordination with suppliers</i>

Care Management

	Per hour	
Care Management	\$145	<p><i>You will work with a dedicated Care Manager to create your plan based on your needs, goals and interests. They will help you choose your services, consult with your supports, update your budget, assist in scheduling, consult with third party contractors relating to your care, review your care needs and health at home.</i></p> <p><i>Services Australia sets aside 10% of your Support At Home Package Value to cover these care management activities and charges</i></p>

Notes:

- Contact us for a quote on services not listed in this guide.
- Some of our services may attract an additional fee. As we work with you to tailor your care to suit your needs, we will discuss these charges with you.
- Fees are representative of an all-inclusive Ultimate Health Aged Care service delivery model. If you choose to use a third-party provider, prices will remain as per the price list. We will provide a quote first and get your approval before any service goes ahead.
- Time is billed at 1 hour with 30-minute increments available.
- Services cancelled with less than 48 hours' notice will be charged the full rate.
GST may apply for privately funded services.