



IRT Tarrawanna

Everything you need to know

Built surrounding a central courtyard and garden area and nestled in the escarpment, IRT Tarrawanna is perfect for those who want to remain connected to nature.

About our Community:

We've designed this Community to provide comfort and stimulation, while including features such as an underground visitors' car park to make the experience just as pleasant for families. Just some of the features our residents enjoy are our:

- Spacious lounge and manicured garden areas
- Beautifully maintained dementia garden
- Bus trips to local destinations
- Daily exercise programs
- Cafe
- On-site hairdresser
- On-site clinical room for private appointments with visiting allied health professionals.

About Tarrawanna:

You'll be located just a few minutes' drive to the fantastic shopping and dining areas of both Corrimal and Balgownie, with the comprehensive amenities and beautiful beaches of Wollongong also close by. There's a local village just a short stroll away for day-to-day shopping or a cup of coffee, and a public bus stop right out front, that makes them all easy to access.

Living in our Community

All our residents enjoy excellently maintained, clean and spacious facilities, which take full advantage of the fresh coastal air and abundant natural light.

Our Care Centre

Our Care Centre offers 100 spacious private suites, including two Carer Support suites for short-term stays to give carers a break and 30 specially designed secure suites for residents with dementia.

All our residents have access to:

- 24-hour professional staff
- Emergency call systems
- All meals and maintenance, including washing and general cleaning, taken care of by our in-house teams.

Our care suites

Built surrounding a central courtyard, all our suites are tastefully and elegantly designed. We encourage you to bring any photos or mementos from home to make your stay even more comfortable.

For added comfort, each suite offers:

- Ensuite
- Comfy lounge chair
- Built-in wardrobe and bedside drawers
- Hi-Lo bed
- Ceiling fan
- Wall-mounted television
- Individually zoned air conditioner
- Tasteful soft furnishings, including curtains and comforters.

Activities

There's always something interesting going on for you to get involved in. You can experience a range of activities to suit your needs and interests.

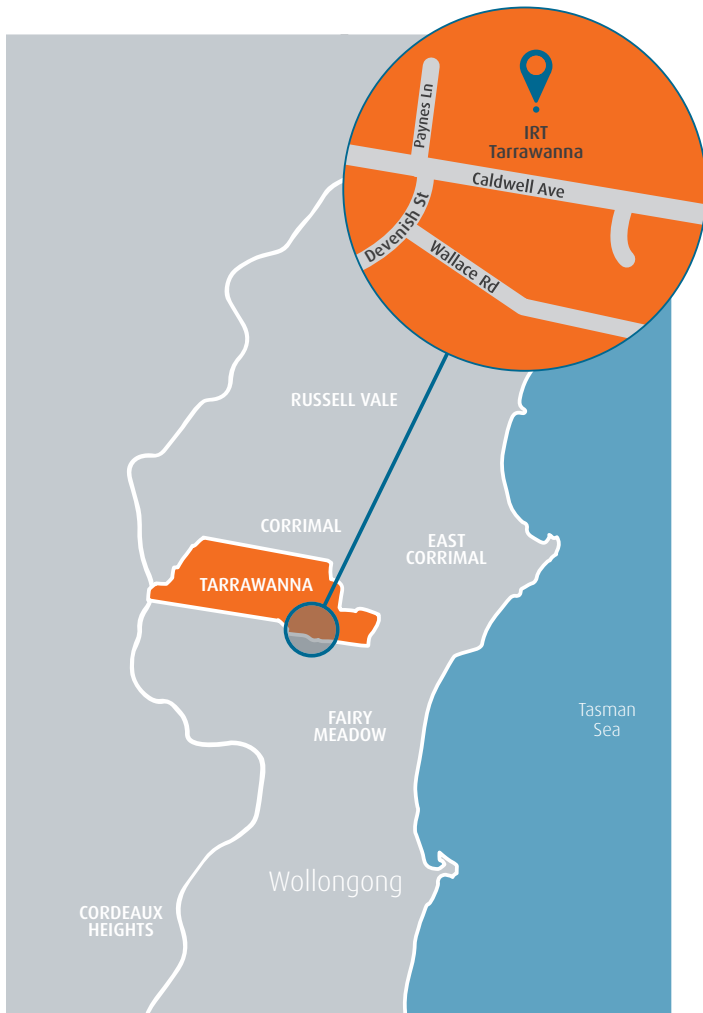
But if you'd prefer some privacy, our landscaped gardens and quiet areas are there too.

Activities include:

- Social outings such as shopping trips, visits to community events, picnics in the park and garden walks
- Chair aerobics
- Friendship club
- Concerts
- Theme days
- Music therapy and poetry
- Sunshine club
- Men's group
- Reminiscence
- Church
- Craft and card making
- Cooking
- Sensory stimulation.

Join us!





Location

IRT Tarrawanna
74-80 Caldwell Ave
Tarrawanna NSW 2518

For more information Freecall 1800 024 915

Email customerservice@irt.org.au | irt.org.au

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