



IRT Greenwell Gardens Aged Care Centre

Everything you need to know about our community

4 Brereton Street, Nowra NSW 2541

IRT Greenwell Gardens

Retirement Village:

- 44 independent living apartments

Aged Care Centre:

- 79 private care suites
- 16 secure care suites

Just a stone's throw from the beautiful Shoalhaven River, IRT Greenwell Gardens is perfect for enjoying relaxed riverside living.

With 44 independent living villas, 79 private care suites and 16 secure care suites for residents living with dementia, this spacious community is perfect for those looking for contemporary living. Everything about IRT Greenwell Gardens has been designed to make residents as comfortable and welcome as possible.

The co-located retirement village and residential aged care centre offers a unique opportunity to remain as close to friends and family as possible

whilst receiving personal and professional care. Residents are supported throughout their entire aged care journey.

IRT Greenwell Gardens is located within a spacious landscaped setting in the NSW town of Nowra. Our community offers you a quiet, relaxed way of life, with access to everything Nowra has to offer.

There's always something interesting going on for you to get involved in at our community. Join in with a range of activities to suit your needs and interests or if you'd prefer some privacy, our landscaped gardens and quiet areas are also available.



Top left - Get your hair done in our on-site salon.

Top right - Enjoy our secure and interactive outdoor spaces.

Bottom - IRT Greenwell Gardens is surrounded by beautiful landscaped gardens for you to enjoy.

IRT Greenwell Gardens Aged Care Centre

Professional aged care with a personal touch

Our aged care centre offers professional personalised care in modern surroundings. All suites have easy access to communal dining and lounge areas, secure courtyards and beautifully landscaped gardens. Choose from a range of studios, complete with an ensuite and kitchenette, or experience specialised dementia and palliative care in a secure environment. Our experienced staff and Registered Nurses are on hand 24/7 ensuring you're comfortable and well cared for.





**Professional
Personalised Care**



**Modern Comfortable
Living**



**Nutritious Meals
and Refreshments**



**Engaging Lifestyle in a
real Community**



**Connect with Family
and Friends**



**Aged Care Centres
that Give Back**



Activities

Get to know your neighbours and discover new pastimes with your choice of community activities, entertainment and wellbeing programs. Go on outings in the community bus or invite your family and friends to join us for special events in the community centre. Feel included and connected at IRT Greenwell Gardens.

Food and Beverages

Enjoy seasonally based meals and refreshments in your care suite or community dining room. Our catering team are experts in tasty, nutritious catering for aged care residents. Be delighted by the dining experience at IRT Greenwell Gardens.

Journey of Care

IRT applies an innovative approach to residential aged care. Our Journey of Care is a new model of care that personalises the care experience for every resident. We recognise that every care journey is unique and honour the individual diversity of each resident. Our specialised model of care ensures residents age in the right place with the right care needs within our aged care centres.

The IRT Journey of Care incorporates two key elements, neighbourhoods and specialist programs.

Neighbourhoods cater for residents with similar care needs, allowing for staff specialisation, and tailored design of the physical environment and

equipment. They allow families to see their loved one ageing in the right place with the right care needs.

Our specialist programs support resident wellbeing at each stage of their care journey. By working in partnership with leading Australian researchers and health experts, we enrich residents' quality of life, when they need it most.

The Namaste Program is a specialty program offered at selected IRT care centres, including IRT Greenwell Gardens. It is a unique sensory-based care experience where residents are cared for by trained staff in a purpose-designed room using therapeutic touch, aromatherapy, music and sensory experiences.

Specialised Dementia Care

We provide personalised dementia care with compassion. Our secure care environments and programs are co-designed with Dementia Training Australia and focus on resident wellbeing, community connections and research-based design.

The secure dementia care environments at IRT Greenwell Gardens enhance resident wellbeing by reducing unhelpful stimuli, increasing helpful stimuli and making it easier for staff to ensure resident safety.

Palliative Care

IRT Greenwell Gardens provides personalised palliative care with compassion, comfort

and connection when it's needed most. Our specialised palliative care program is founded on extensive experience in end of life care, taking care of your loved one's physical needs and supporting their emotional wellbeing as they face a life limiting illness.

Specially trained staff provide clinical care and support family and friends who are invited to participate and spend quality time with their loved one. When a resident passes away, we offer a range of signature services to honour their memory, such as a guard of honour, memorial items and meaningful room signage.

Aged Care Centre Features



Community Centre



Communal Dining



Community Bus



Hairdresser



Landscaped Gardens



Visitor Parking



BBQ Area

On-site Services



Palliative Care



Dementia Care



24/7 Registered Nurse



Namaste Program



On-site Retirement Village



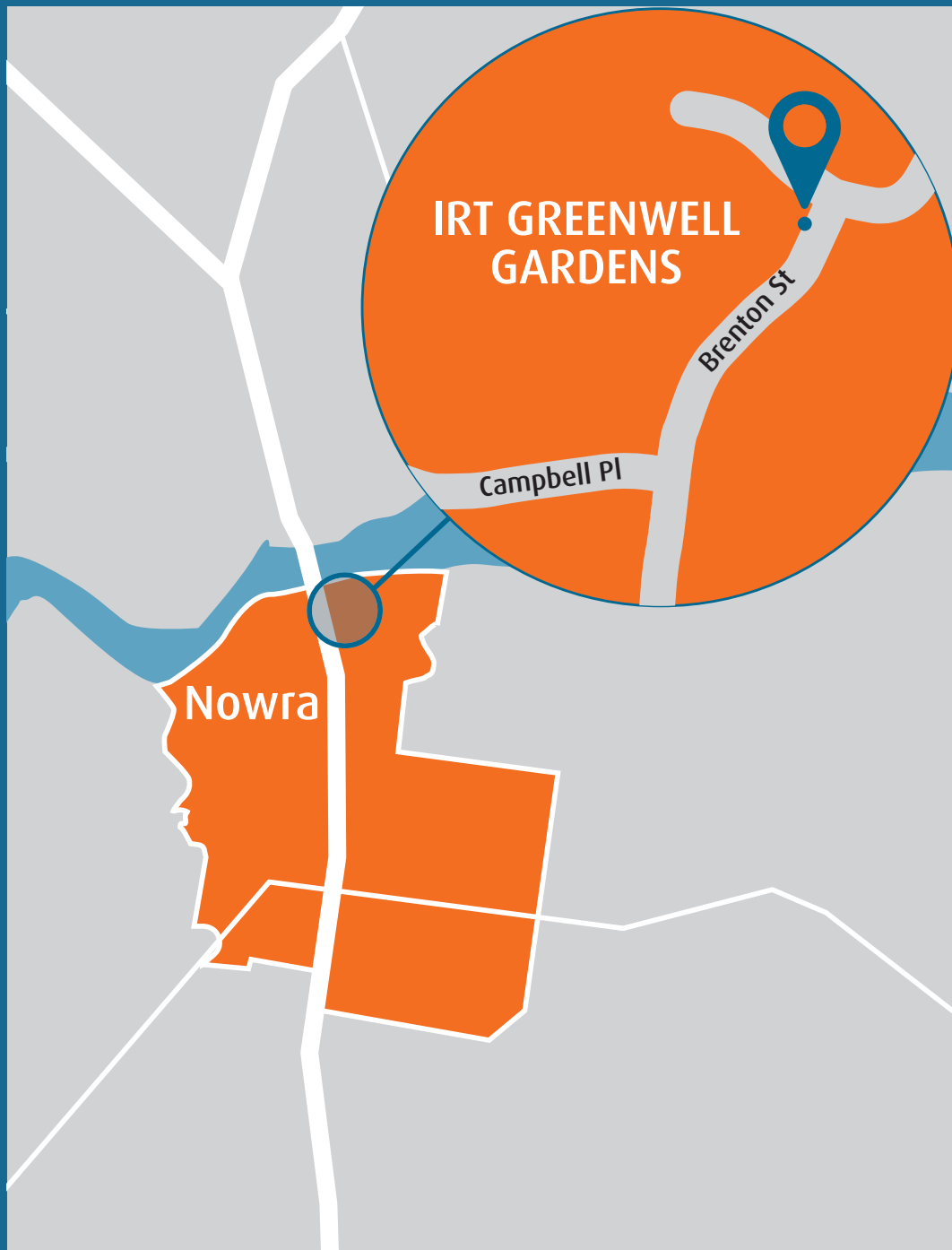


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For more information call **134 478**
or email customerservice@irt.org.au

irt.org.au/greenwellgardens-acc



We'd love to show you around our community.

Visit irt.org.au/greenwellgardens-acc and book a tour with our friendly team.