

Facilities and activities

Facilities

- 50 ensuited single rooms with patio.
- Lush tropical gardens with walking paths.
- Large clubhouse with well stocked library.
- Flat surrounds for easy walking.
- Close to shops and beach.
- Heated Pool.

Services

- Carers on duty 24/7 - emergency call system.
- Registered Nurse on site Mon-Fri with on-call after hours support.
- Scheduled visits by Allied Health Professionals including physiotherapy, hearing and podiatry.
- Emergency call system.
- Lifestyle coordinator.
- Nutritious meals prepared on site.
- Laundry and linen provided.
- Television provided.
- Doctor visiting on site.
- Regular volunteers for help or company.
- Visiting home ice-cream van, masseur, hairdresser and podiatrist.
- Church services.

Activities

- Lifestyle calendar brimming with activities.
- Regular bus outings for shopping, events.
- Indoor bowls, snooker, cards.
- Entertainment - music, quizzes, theme days.
- Bingo with Coolum Lionesses.
- Painting with hospital art.
- Hobbies workshop.
- Exercise groups.



Sundale passionately serves the Sunshine Coast and beyond by providing enriching environments and specialised services from people who care.

For more details or any questions you may have.

Contact

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Creating Communities

COOLUM CARE CENTRE



Welcome

Welcome to Coolum Beach Care Centre, a haven for elders to enjoy health and happiness in their precious times. Breathe in the sea air just moments from Coolum's famous beach, by the calm waters of Stumers Creek and part of friendly and welcoming seaside community.

Sundale Coolum offers ageing in place with 50 single ensuited rooms & patios situated around a beautiful garden environment.

Frequently Asked Questions

How much does it cost?

Fees are modest and based on your needs, individual financial situation and entitlements. Our team will be happy to talk through these with you at your convenience.

Can I bring pets?

Of course. Cats or small dogs are welcome, but must be approved by the Site Manager, larger dogs aren't permitted.

What is the food like?

All dietary requirements are catered for and we celebrate variety. Meals are prepared on site and we always strive for nutritious and delicious. 5 meals per day are served.

Do you have ageing in place?

In most cases, yes. As your care needs increase, so will the level of care we provide and we can accommodate most requests for ageing in place. Concerns regarding increased care levels are discussed with the resident and family members.

How do I get out and about?

The bus service from Coolum can take you to Noosa or Maroochydore for dining or shopping. Regular bus outings to Nambour, botanical gardens, shopping and other destinations are decided by residents. Carer escorts are available for appointments.

The airport is only a 10 minute bus ride away, so it's easy for interstate friends to fly in and visit.

Can I have my own telephone?

Yes

About Sundale

Not for profit. All for the community

Sundale is a not for profit organisation and the Sunshine Coast's largest provider of aged care and retirement services. We manage our finances carefully and all surplus is reinvested into better care, better facilities, better lifestyle options and training for our people to better care for our elders. While many private companies care for profit, our profit goes to care.

Sundale was born and nurtured here on the Sunshine Coast. The selfless enthusiasm of the Nambour Apex Club raised the funds to lay the first brick in our first care centre in 1963. For over five decades Sundale has matured to be respected, relied upon and valued by the community - just like the elders we serve.

How to Access Sundale Care Centres

(Government means tested - contributory costs may apply depending on your personal financial circumstance)

1. Go to www.myagedcare.gov.au to seek information on government subsidised services.
2. Call the My Age Care hotline on 1800 200 422 – the contact centre employees will ask you a range of questions to gain an understanding of your care needs.
3. The contact centre may arrange a face-to-face assessment of your needs to be conducted in your own home by a trained assessor.
4. The contact centre or assessor may then refer you for aged care services - you can then state Sundale as your preferred provider.
5. If you need assistance registering with My Aged Care please contact our Concierge team who will be happy assist you in this process - 1800 SUNDALE (1 800 786 3253).