



# Welcome to **Auburn Glen** Care Community



## **Discover why this could be your best move yet**

At Auburn Glen Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Located around the corner from Auburn Park and five minutes from the local shopping centre, we offer a loving environment where people from all walks of life are warmly welcomed. The cultural diversity of our residents and team provides a point of connection that makes our Care Community special, and our companion model of care fosters a sense of family and belonging among residents. Our team members speak numerous different languages which helps residents from culturally and linguistically diverse backgrounds to feel at home and participate in things that they enjoy.

Ageing is living

# Experience the Opal HealthCare difference at Auburn Glen



## Daily life

Our raised garden beds are popular with residents who enjoy cultivating colourful flowers, and those who like to spend time outdoors admiring the different varieties of plants. Others prefer to play cards, and we have an active card group who meet daily for some friendly competition. Sharing their cultural heritage through the food is important to our residents, and our weekly menus are chosen together by our residents and chef.

With us, you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Auburn Glen life – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Music, art and pet therapy
- Cultural and faith-based community supports
- Dedicated Opal bus for community outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends



## Home

- Traditional style rooms feature single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- 2 room types, single or companion, up to 23m<sup>2</sup>
- Well-appointed lounge and dining areas
- Courtyard gardens



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Fresh and nutritious chef prepared meals
- Primary and allied health
- Memory care neighbourhood
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  HealthCare family