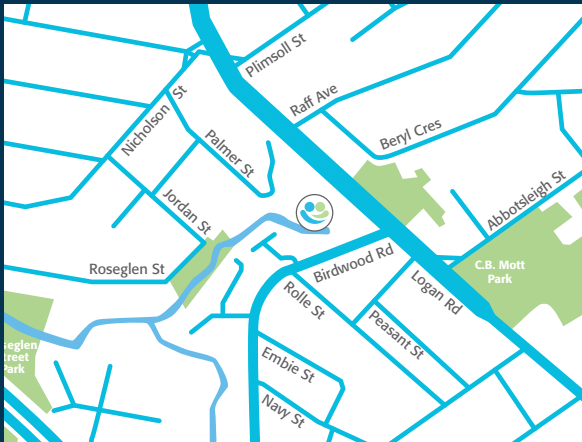


regis.com.au | 1300 998 100

Regis Holland Park



Personalised
and respectful
care that
embraces the
experience
of ageing



Regis Holland Park

21 Birdwood Road,
Holland Park West QLD 4121



Welcome to Regis Holland Park

At Regis Holland Park, we understand the importance of community.

At the core of Regis Holland Park is our homely feel. Many of our rooms have well-kept gardens and private balconies. Our communal areas and lounges are spaces for our residents to enjoy each other's company, as well as where they can welcome family and friends.

Quality aged care at the heart of our local community

The care we provide is centred around you. Our teams take the time to understand the little things that make you smile and focus on your individual needs and preferences.

At Regis Holland Park, our community offers a comfortable and safe environment where genuine connections are made and you're respected and valued.

Mealtimes are an important part of your day – that's why we have qualified chefs, cooks and catering teams who cook on-site to deliver quality meals.

To find out more about our community in Holland Park, call us on 1300 998 100 or visit [regis.com.au](https://www.regis.com.au)



Regis Holland Park at a glance

Care services

- » Permanent care
- » Support for those living with Dementia
- » Palliative care

Onsite

- » Activity room
- » Hair salon
- » Library

- » There are family gathering spaces for gatherings such as BBQs or special celebrations

Health services

- » Choice of doctor
- » Dietitian
- » Diversional therapy
- » Fitness and wellness
- » Physiotherapy
- » Podiatry
- » Speech therapy

Lifestyle program

- » Arts and crafts
- » Bingo
- » Exercise group
- » Happy hours
- » Music therapy
- » Regular community outings
- » Visiting entertainers

Catering

- » In-house catering
- » Specialist dietary needs

Housekeeping

- » In-house laundry, cleaning and maintenance

Transport and parking

- » Walking distance to public transport
- » On-site parking

Visiting hours

- » 24 hours, 7 days per week

Contact details

- » 21 Birdwood Road, Holland Park West QLD 4121
- » 1300 998 100
- » [regis.com.au](https://www.regis.com.au)