



Joseph Banks Aged Care Facility

Meal Policy

Policy Statement

All Hospitality services are provided in a way that enhances residents' quality of life and staff's working environment.

The catering service at Joseph Banks Aged Care operates in accordance with Foodsafe principles and the Food Safe Program forms part of our policies and procedures

Procedures

Catering service procedure manuals and Foodsafe manuals are located in the kitchen.

A four week rotating menu is developed by catering staff in consultation with the residents. Residents are offered a summer menu and a winter menu to reflect seasonal preferences. Menus are to include cultural preferences of residents as appropriate.

On admission, the resident's food preferences are recorded on the Residents Dietary Data form and forwarded to the kitchen.

Residents are asked to comment on the menu and to provide feedback on the quality and choices of the meals offered. Resident's preferences are accommodated where possible.

Special requirements regarding eating utensils, food consistency or special diets are to be noted on the whiteboard in the kitchen and provided to residents as recommended or requested.

Residents are offered a choice of seating arrangements where possible so that they are in company they enjoy at meal times. If a resident indicates a desire to change seating arrangements the staff will assist them to do so.

Residents are encouraged to eat in the dining room though their choice to eat in their own rooms when unwell is respected.

Staff are available at meal times to assist residents who require assistance.

Meals are to be served at appropriate times and residents' individual preferences are respected.

In addition, residents are welcome to help themselves to cold water, tea and coffee located in living areas throughout the facility.

Foodsafe

All catering staff are trained in Foodsafe principles and catering staff are required to attend Foodsafe training.



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Additional Information

Generally, meals are provided at the following times:

- Breakfast 7:30am and 8:00am
- Lunch 12:00 noon and 12:30pm
- Dinner 5:00pm and 5:30pm

Residents may also help themselves to water, tea and coffee which are provided in living rooms located throughout the facility. Morning tea, afternoon tea and supper are provided to residents in the living areas or in their rooms if they prefer or are unwell.