

SUPPORT AT HOME PROGRAM

Self Managed Membership Services & Pricing



five.good.friends

Welcome, you're among friends

At Five Good Friends, we design our pricing so you can get the most care and support from your funding.

In this brochure you will find an overview of the Support at Home services we offer and weekday rates for **clinical care, independence, everyday living, and care management.**



Talk to us today

The right support starts with the right advice.



1300 787 581



care@fivegoodfriends.com.au

www.fivegoodfriends.com.au



Clinical support

Health-oriented services delivered by qualified professionals to protect or restore your wellbeing and manage clinical risks.



Typical services:

- ♥ Nursing assessments and care
- ♥ Allied health (physiotherapy, occupational therapy, etc)
- ♥ Wound care
- ♥ Continence management
- ♥ Nutrition support
- ♥ Clinical oversight and planning



**Five Good Friends
Registered Nurse**

\$200
per hour



**Telehealth provided by
a Five Good Friends Nurse**

\$160
per hour



**Allied health & other
clinical services**

Quoted individually
to suit your plan

You have access to a curated pool of thousands of vetted, qualified care and health professionals.

Independence

Practical support to help you maintain everyday skills, stay connected, and live as independently as possible.



Typical services:

- ♥ Personal care (dressing, bathing)
- ♥ Medication prompts
- ♥ Social support and community access
- ♥ Therapeutic services
- ♥ Respite and overnight care



Five Good Friends Helper
weekday rate

\$95*
per hour



Transport

Quoted individually
to suit your plan



**Assistive technology
and home modifications**

Quoted individually
to suit your plan

**Rates may vary depending on individual circumstances, weekends and public holidays.*

Everyday living

Services that lighten the load of daily household tasks so your living environment is safe, comfortable, and manageable.



Typical services:

- ♥ Cleaning
- ♥ Laundry
- ♥ Grocery shopping
- ♥ Meal prep
- ♥ Meal delivery
- ♥ Light home maintenance and gardening



Five Good Friends Helper
weekday rate

\$85*
per hour



Home maintenance
and minor repairs

Quoted individually
to suit your plan



Meal delivery

Quoted individually
to suit your plan

**Rates may vary depending on individual circumstances, weekends and public holidays.*

Care management

Ongoing coordination and oversight to ensure your services, support, and care plan evolve with your needs – making the whole process feel effortless for you.



Typical services:

- ♥ Creating and reviewing care plans
- ♥ Ensuring Helpers are verified
- ♥ Ensuring quality and safety of services
- ♥ Helping you understand your budget and options
- ♥ Care monitoring



Care management

\$150
per hour

10% of your budget is set aside for care management.

Your contribution

Contribution amounts are set and assessed by Services Australia, based on your income, assets, and the type of support – Clinical, Independence, or Everyday Living.

You're among friends.

We bring together smart technology, skilled people, and a trusted network of Helpers and partners to make life at home simpler and more fulfilling.

With our support, you can stay independent, connected, and close to the people and places you love.



SUPPORT AT HOME PROGRAM

Full Service Membership Service & Pricing



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Clinical support

Health-oriented services delivered by qualified professionals to protect or restore your wellbeing and manage clinical risks.



Typical services:

- ♥ Nursing assessments and care
- ♥ Allied health (physiotherapy, occupational therapy, etc)
- ♥ Wound care
- ♥ Continenence management
- ♥ Nutrition support
- ♥ Clinical oversight and planning



**Five Good Friends
Registered Nurse**

\$200
per hour



**Telehealth provided by
a Five Good Friends Nurse**

\$160
per hour



**Allied health & other
clinical services**

Quoted individually
to suit your plan

You have access to a curated pool of thousands of vetted, qualified care and health professionals.

Independence

Practical support to help you maintain everyday skills, stay connected, and live as independently as possible.



Typical services:

- ♥ Personal care (dressing, bathing)
- ♥ Medication prompts
- ♥ Social support and community access
- ♥ Therapeutic services
- ♥ Respite and overnight care



Five Good Friends Helper
weekday rate

\$110*
per hour



Transport

Quoted individually
to suit your plan



Assistive technology
and home modifications

Quoted individually
to suit your plan

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Everyday living

Services that lighten the load of daily household tasks so your living environment is safe, comfortable, and manageable.



Typical services:

- ♥ Cleaning
- ♥ Laundry
- ♥ Grocery shopping
- ♥ Meal prep
- ♥ Meal delivery
- ♥ Light home maintenance and gardening



Five Good Friends Helper
weekday rate

\$99*
per hour



Home maintenance
and minor repairs

Quoted individually
to suit your plan



Meal delivery

Quoted individually
to suit your plan

**Rates may vary depending on individual circumstances, weekends and public holidays.*

Care management

Ongoing coordination and oversight to ensure your services, support, and care plan evolve with your needs — making the whole process feel effortless for you.



Typical services:

- ♥ Creating and reviewing care plans
- ♥ Matching and scheduling support
- ♥ Liaising with clinicians
- ♥ Ensuring quality and smooth communication
- ♥ Helping you understand your budget and options
- ♥ Care monitoring



Care management

\$150
per hour

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