

# Challenge Facility Management Home Care Packages: Your Care, Your Way.

**Empowering independent living in your community.**

At Challenge Facility Management, we believe in supporting you to live life on your terms. Our Home Care Packages offer flexible services delivered right in your home, that best suit your lifestyle and needs.

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## Understanding Your Home Care Package

Your Home Care Package is designed to provide comprehensive support tailored to your unique goals.

### Key Components:

- **Care Management:** Our dedicated team will work with you to plan and coordinate services that align with your personal goals. This includes regular reviews of your care plan and services, along with expert advocacy to ensure your needs are met. The hours per fortnight can be adjusted depending on your package level as your care needs may change overtime.
- **Package Management:** We handle all the administrative details, including budget oversight, financial reporting, preparing clear monthly statements, and lodging claims on your behalf.
- **Flexible Delivery:** Choose to receive services in the comfort of your home. We are committed to your satisfaction, should you choose to end your Home Care Package services with us, Challenge Facility Management do not charge an exit fee.

## Services We Provide

### Personal Care Services

Personal care focuses on assisting with daily living activities that an individual may find challenging due to age, disability, or health conditions. The goal is to maintain personal hygiene, comfort, and independence.

Services covered under personal care include:

- **Bathing and Showering:** Assistance with washing, drying, and ensuring safety in the bathroom. This might include help with shower chairs or adaptive equipment.

- **Dressing and Grooming:** Support with choosing clothes, getting dressed, hair care, shaving, and basic grooming.
- **Toileting and Continence Management:** Assistance with using the toilet, managing continence aids (like disposable pads, commode chairs, bedpans), and maintaining hygiene.
- **Mobility and Transferring:** Help with moving around the home, getting in and out of bed, chairs, or vehicles. This can also include assistance with mobility aids like walkers, wheelchairs, or mechanical lifting devices.
- **Eating and Hydration:** Support with preparing meals, special diets (e.g., for health, cultural, or religious reasons), assistance with eating utensils, and feeding if required.
- **Medication Prompts and Organisation:** While not administering medication (which falls under nursing), personal care workers can remind you to take your medication and help organise it.
- **Skin Integrity Management:** Basic care such as applying creams or emollients as directed, or alerting nursing staff to any skin concerns.

## Nursing Care Services

Nursing care, also known as clinical care, involves services delivered by qualified nurses (Registered Nurses or Enrolled Nurses) to address medical and health-related needs. These services are more specialised and are based on individual needs.

Nursing care services will include:

- **Medication Management and Administration:** Administering medications (including injections), setting up medication charts, reviewing medications for interactions or side effects, and educating clients and carers on proper medication use.
- **Wound Care and Dressing Changes:** Cleaning and dressing wounds, monitoring healing progress, and managing pressure sores. This often involves liaison with a GP.
- **Continence Assessments and Management:** Comprehensive assessments of continence issues, recommending appropriate continence aids, and developing personalised management plans.
- **Chronic Disease Management:** Support for managing long-term health conditions such as diabetes (including insulin administration and blood glucose monitoring), heart disease (e.g., blood pressure monitoring), PEG feeds and respiratory conditions (e.g., oxygen therapy, nebuliser use).
- **Health Assessments and Monitoring:** Regular checks of vital signs (blood pressure, heart rate, temperature), blood sugar levels, monitoring for signs of infection or deterioration, and coordinating referrals to other health professionals if needed.
- **Post-Hospital Clinical Care:** Providing necessary nursing care and support during recovery after a hospital stay which includes e.g. removing sutures/stitches, regular monitoring of a patient as per guidelines in discharge plan to facilitate a smoother transition back home.

- **Palliative and End-of-Life Care:** For individuals in their final stages of life, nursing services can include pain and symptom management, emotional support, and liaison with palliative care specialists.
- **Dementia-Specific Nursing Support:** Specialised clinical interventions and support for individuals living with dementia.
- **Carer and Client Education:** Providing education and training to individuals and their carers on managing health conditions, using equipment, or administering basic care.

It's important to remember that the specific services you receive will be determined by your individual needs, as assessed by an Aged Care Assessment Team (ACAT), and then further tailored with your chosen Home Care Package provider as part of your personalised care plan and budget.

## Your Home Care Package Funding & Contributions

Home Care Package Level	Annual Funding	Fortnightly Funding	Care management fee per fortnight	Package management fee per fortnight	Basic Daily Fee (Per calendar day)
<b>Level 1</b>	\$10,271.00	\$395.03	\$62	\$45	\$11.30
<b>Level 2</b>	\$18,064.00	\$694.76	\$115	\$80	\$12.00
<b>Level 3</b>	\$39,311.00	\$1511.96	\$230	\$172	\$12.30
<b>Level 4</b>	\$59,594.00	\$2,292.07	\$353	\$250	\$12.65

## Our Service Fees

Personal Care Services	Fees per hour
Weekdays 7am to 7pm	\$75.00
Weekday evening 7pm to 11.59pm	\$80.00

Weekday nights 12am to 7am - Active	\$82.00
Weekday night 12am to 7am - Sleepover with 2 hours of wakeup	\$300 flat rate
Saturday	\$105.00
Sunday	\$128.00
Public holiday	\$153.00
Travel	\$1.10 per kilometer
Exit fees	No

<b>Nursing Care Services</b>	<b>Fees Per Hour</b>
Weekday 7am to 7pm	\$122.00
Weekday 7pm to 11.59pm	\$135.00
Weekday Nights 12am to 7am	\$145.00
Saturday	\$150.00
Sunday	\$165.00
Public Holiday	\$185.00
Individual assessment by a Nurse	\$153.00
Travel	\$1.10 per kilometer

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For further information, please contact **Challenge Facility Management Head Office on 1300 44 65 47**. Our full price list is always available online at [www.challengefm.com.au](http://www.challengefm.com.au).

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