

# Welcome to St Ann's



respect



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142 Davey St, Hobart, TAS 7000  
(03) 6216 2266

Respect St Ann's in Hobart boasts hotel-like facilities with modern construction, stunning gardens and premium furnishings, it's no surprise why many choose to call St Ann's home.

We take pride in providing individual, tailored support to each resident by qualified, experienced staff, available 24 hours, seven days a week.

## Everything you need to feel at home

At St Ann's we understand that each of our residents are unique. Our approach to care provides structure, stability, and attention to detail in meeting each of our residents' needs while also facilitating their independence.

With a robust social calendar curated by our social care team and therapies for all to enjoy, our staff at St Ann's go above and beyond to provide compassionate care and nurture long-lasting rapport with each of the residents in our homes.

### A place to call home

Since its development in the 1830s, St Ann's has undergone a captivating transformation. The modernised, two floor building is home to three wellrun units and holds a capacity of 111 beds.

With a wide variety of rooms to choose from with garden, mountain, or river views, each of our suites comes with a private ensuite for our resident's comfort and privacy. Across the

home, the striking decor, expansive gardens, and specially designed secure dementia unit, which holds 36 beds, are just some of the many benefits of staying at St Ann's.

### Support tailored for you

Our team of expert staff provide top-tier residential aged care specialising in services for those in need of support for declining health and people living with dementia. With personal care assistants to help with everyday living, housekeeping services and our team of registered nurses on-call 24 hours, seven days a week, you can rest assured knowing there is always support when you need it.

### Comprehensive care

All of our residents at St Ann's have access to frequent visits from specialist providers including physiotherapists, podiatrists and optometrists, plus we have a dedicated on-site hairdresser. Our dedicated team of social care coordinators curate entertainment, events, activities, and therapies designed to inspire interest, and participation and promote better health and wellbeing. We offer a range of activities at St Ann's including weekly bingo, indoor bowls, happy hour parties, workshop groups, walking groups, outings to places of interest and much more.

### Healthy and well balanced meals

Our chefs provide delicious and nutritious meals using only the freshest of ingredients, supported by dietitians and prepared daily onsite. Our residents enjoy a wide variety of food with a four-week rotating menu, with daily fare including three main meals and three snacks. We also accommodate all special dietary requirements.

### A sense of community

Guided by our values of respect, care, and integrity our staff are focused on providing a warm and compassionate environment for our residents to enjoy. At St Ann's we see our residents as people, not patients. The relationship between our staff and our residents is important to us, which is why our bonds are strong and trusting. Here, people can feel a sense of belonging and build meaningful friendships.

Residents at St Ann's can enjoy the beautiful views of the gardens or take in the views of the river with a cup of coffee, tea, and good conversation.

### Staying connected

Friends and family can visit St Ann's at any time. However, we understand that it might not always be possible. For added peace of mind, remote video calls are always available so that you can stay connected with family and friends. Our team is skilled to assist with technology to set up a successful video call or assist in facilitating a visit from your loved ones, whenever you like.

## Our history

In the early 1900s, the predominant colonial method of caring for the aged was in large asylums, which resulted in overcrowded and impoverished arrangements for residents. In response to this situation, the first St Ann's doors were opened by Miss A. Barbara Barnett in 1922, one of the first 'rest homes' in Australia.

Miss Barnett had only 10 pounds with which to finance her first rest home at Bellerive, and not enough blankets to go around the first night she opened the door to elderly people. In 1933 she

moved to Melville Street and the name 'St Ann's' was officially used for the first time. St Ann is often linked with aged care – she is the patron saint of grandmothers and grandfathers.

Miss Barnett had cared for her father at St Ann's many years before, but having male residents was the exception rather than the rule, but the time had come for the new facility to include provisions for men. The new Athol Townley wing was opened in 1959.

As the need for a more specialised nursing facility grew, the board purchased an adjacent property and built a 15-bed facility called St Ann's Geriatric Hospital. Once again, a shortfall of funding meant that an appeal was launched, and once again the dream was realised, and another St Ann's facility opened in 1968.

Due to rising costs and high inflation throughout the 1970s, St Ann's faced significant financial pressures due to the rising operating costs. Expansion plans were put on hold until early 1978 and completed in 1979 and the home was now providing space for 126 people.

In the early 1990s, a further major upgrade of the facilities took place, with the Geriatric Hospital being developed to provide full en-suites for each room. The funding for aged care changed in the 1990s, and with St Ann's at full capacity, the search began for a new site. Various options were investigated, but it was decided that Davey St was so central and attractive that it was the only option.

The site was redeveloped between 2001 and 2003, in a masterpiece of project management that allowed all residents to remain on-site during the works. St

Ann's now has 111 private rooms on a level site, with safe, enclosed walkways, a sheltered central garden courtyard and raised garden beds.

## Steps on the path to aged care living

Before becoming a resident at St Ann's, it's important for you and your loved ones to have an open, honest discussion about your needs and budget. For many, moving to residential aged care can be a significant lifestyle change that comes with many questions. Before you begin your journey, there are a couple of steps you can take to assess if this is the right move for you.

### 1. Determine your eligibility

To determine if you're eligible for aged care, you will need to be assessed by the Aged Care Assessment Service (ACAS) through My Aged Care, the Australian Government body responsible for aged care services.

This can be organised through a doctor, social worker, or health professional. For more information on Aged Care Assessments, you can speak with your doctor or a member of our helpful Customer Service team on 1300 144 144.

### 2. Find the right home

Everyone is different and that's why an aged care home that's a perfect fit for one person isn't necessarily the perfect fit for another. Finding the right aged care home is all about personal preferences, specific requirements, and aesthetic taste. That's why at Respect, we create our homes to offer something for everyone and to be as accommodating as possible. You can

book a tour of St Ann's, or any of our Respect aged care homes to allow you to speak with residents and members of staff to provide a well-rounded view of what we offer.

### 3. Understand costs

Your own personal circumstances and financial situation will influence the amount you pay for an aged care facility. The Government determines how much you pay or may be required to contribute.

To better understand the costs associated with residential aged care, we recommend seeking financial advice before applying. The cost of residential aged care consists of care fees and accommodation fees, which are explained below:

- Basic daily fee: This fee covers living costs, such as meals, electricity, and laundry.
- Means-based fee: This fee is calculated by the Department of Human Services based on your income and assets and is a contribution to the cost of your personal and clinical care.
- Accommodation payment: Paid through an upfront amount, daily payment or a combination of both, this cost includes the room that you will occupy.
- Additional service fee: Some services are included in our Additional Services package, which incurs a mandatory additional fee. Additional Services packages are offered in selected Respect Aged Care homes, for a full list of services and their estimated costs, please contact us.



#### 4. Apply to live at St Ann's

After determining your eligibility and understanding fees, all prospective residents need to complete and submit an application. You may fill out an application in person at any of our homes. We recommend that you fill out an application with the assistance of your doctor and/or loved ones.

#### 5. Move in

As soon as we've determined that we can meet your needs and have a suitable vacancy, you will be notified with an offer of residence, along with a move-in date. If there are no current vacancies, we'll let you know when a space becomes available.

You will be provided with a Resident Agreement, which outlines the services, fees, rights, and responsibilities. This legal document will need to be signed and returned before moving in.

### We're here, every step of the way

At Respect, we know that choosing the right aged care home can be a daunting task. We can help with navigating the assessment process and the necessary paperwork to make your transition to residential aged care a breeze.

Contact our Customer Relationship Coordinator – Shirley Baldwin on: 0436 937 690.

### About Respect

**"We believe the elderly are individual people with rich histories and worthwhile lives and age does not diminish their value."**

As a proud not for profit organisation since 1922, Respect Aged Care serves

older residents through our high standard of care and community.

Our focus is on giving back to older adults by fostering communities of belonging. Headquartered on the northwest coast of Tasmania, our philosophy is: **Everyone deserves the right to a life well-lived, with dignity and respect.**

Our organisation is constantly growing, with many homes spanning three states, and thousands of residents and employees. We know what it takes to provide exceptional care to older Australians.

### Our values include:

**Respect** Treat all people with fairness and dignity.

**Integrity** Be open, honest, and trustworthy.

**Care** Look after and protect older people and each other.

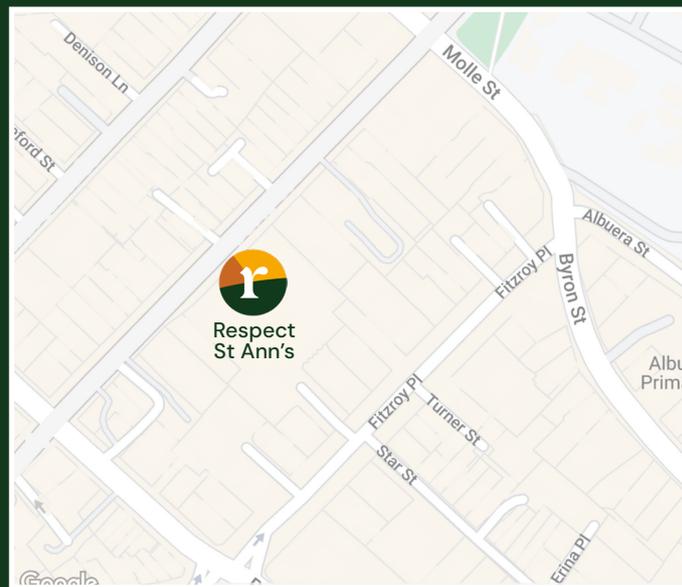
**Innovation** Think differently to solve problems.

**Teamwork** Encourage, cooperate, and build trust.

**Excellence** Drive quality to continuously improve.

**Courage** Do the right thing, even when it's difficult.

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## Opening Hours

Monday – Friday

9 am – 5 pm

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