



**ST VINCENT'S  
CARE SERVICES**

A SERVICE OF ST VINCENT'S HEALTH AUSTRALIA

# Villa La Salle

Southport

## Who we are

Villa La Salle is owned and operated by St Vincent's Care Services, the aged care arm of St Vincent's Health Australia (SVHA).

SVHA is the nation's largest not-for-profit Catholic health and aged care provider operating facilities across Queensland, New South Wales and Victoria.

## Our Mission

As a Catholic health and aged care service, our mission is to bring God's love to those in need through the healing ministry of Jesus. We are especially committed to people who are poor or vulnerable.

We draw on the talents of our people and collaborate with others who share our vision and values to continue the pioneering spirit of Mary Aikenhead and the Sisters of Charity.

We are committed to providing compassionate and innovative care, enabling hope for those we serve.



## Overview

Villa La Salle offers residents security and peace of mind in a caring and relaxed environment. Residents enjoy the excellent shared amenities and the right level of care and attention.

Villa La Salle is located in Southport, the central business district of the Gold Coast and has one of the city's largest communities.



## Rooms

The rooms are in good condition and include:

- Vinyl floor covering
- Air conditioning,
- A balcony/patio with garden views and access to a private ensuite.

There are two shared rooms ideally suited for couples. Rooms face either north-east, north-west, south-east or south-west.

## Staffing

Villa La Salle has a team of dedicated and skilled staff. The staff provide the best of nursing and personal care to promote health and wellbeing, prevent illness and disease and to relieve suffering and pain for those who are sick, frail or disabled.

## Shared Facilities

Residents at Villa La Salle have access to a community room, lounge, two dining rooms, sitting room, chapel, large balcony and courtyard. Residents also have access to a pool, gymnasium and hair salon.

## Services

Villa La Salle builds relationships with residents based on mutual respect and trust.

The facility provide services that cater for physical, social, and spiritual needs as well as supporting emotional well-being.

Services include:

- 24 hour nursing and care services
- Emergency call buttons
- Assistance with clinical and personal care needs
- Visiting/resident physiotherapist, podiatrist, dietician, dentist and speech therapist
- Qualified leisure, health and recreation coordinator
- Flexibility to choose your own GP
- On-site laundry
- Hairdresser
- Daily mail delivery
- Newspapers on request
- Pastoral care
- Telephone and internet

## Activities

Villa La Salle offers residents an extensive range of activities including; bingo, exercise classes, sensory garden walks, computer sessions, trivia, sing-a-longs, happy hour, scarf weaving, poetry writing, meditation, pamper sessions and more. Individual therapy is also offered. Regular Mass and other denominational services are celebrated on site.



## Nearby Amenities

Southport is 6 minutes from Surfers Paradise and is bordered by the Nerang River. Southport faces the Broadwater coast, which is used for water activities.

## History

Southport was once the site of timber mills along with a port. By 1901, Southport had become a tourist seaside spot.

## Hospitals

Southport has the Gold Coast University Hospital, Allamanda, Pacific and Pindarra Private Hospitals. The Bundall Medical Centre is 4.6km away and residents can easily access the Scarborough Street Medical Centre (1.7km away) and the Southport Surgery (1.4km away).

## Transport

Bus route 737 goes directly past Villa La Salle. The transit centre is 1.8km away. The Gold Coast Light Rail system which travels a route between the Gold Coast University Hospital, Pacific Fair Shopping Centre and medical centres, is 500m away.

## Shopping

Villa La Salle regularly offers private bus trips to Australia Fair Shopping Centre (1.5km) and Southport Park Shopping Centre (1.8km).

## Recreation and Leisure

700 metres from Villa La Salle is Southport Bowls Club. Southport RSL Club is 1km away. The Club also operates a courtesy bus. A cinema complex is located in the Australia Fair Shopping Centre. The Gold

Coast Arts Centre is located 3.8km away. Broadwater Parklands is a short stroll away and provides pleasant foreshore walking paths. James Overell Park is 300m away. Southport Library is under 1km away. The facility is also close to Gold Coast Aquatic Centre, which is 1.5km away.

Gold Coast City Council runs a number of services and activities for seniors. Labrador Senior Citizens Centre is centrally located in Marine Parade Southport.

## Places of Worship

Villa La Salle celebrates Mass daily. Anglican services are held fortnightly in the onsite chapel. Other nearby places of worship includes the Southport Church of Christ, Hope Christian Church, Southport Catholic Parish, St Peter's Anglican Church, Potters House Christian Centre, Southport Uniting Church and the Salvation Army.

## For more information

For further information or to arrange an appointment, please contact our central admissions office:

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