

Our prices

These are the prices we charged people for Support at Home services in July and August 2026. We publish them every two months so you can see what we charge before you agree to anything.

PROVIDER Local Guardians Pty Ltd	PROVIDER ID 5125	PERIOD COVERED 1 July to 31 August 2026	NEXT UPDATE By 30 October 2026
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How we set our price

1. You choose the worker or business that delivers your service. We pay them their rate.
2. We add 10 per cent to that rate. That covers arranging the service, checking the worker's insurance and clearances, paying the invoice and keeping your records straight.
3. The total is the one price you pay. There are no separate booking fees, exit fees or administration fees on top.

Because you choose the worker, the price follows their rate. That is why we show a range as well as the most common price. Care management is funded separately by the government and is not charged on top of your service prices.

The 12 service types

Support at Home groups every service into 12 types. We publish a price for each service we delivered, under the type it belongs to.

1	Allied health and therapy	11 services priced
2	Care management	1 service priced
3	Domestic assistance	3 services priced
4	Home maintenance and repairs	2 services priced
5	Home or community general respite	2 services priced
6	Meals	2 services priced
7	Nursing care	3 services priced
8	Personal care	3 services priced
9	Restorative care management	Not delivered this period
10	Social support and community engagement	6 services priced
11	Therapeutic service for independent living	4 services priced
12	Transport	1 service priced

SERVICE TYPE 1 OF 12

Allied health and therapy

SERVICE	MOST COMMON PRICE	MOST CHARGES FALL BETWEEN
Allied health assistance	\$126.50 per hour	\$126.00 to \$165.00
Podiatry Prices for this service vary widely. The range is the better guide.	\$214.50 per hour	\$104.00 to \$198.00
Social work Only a small number of these services were delivered in this period.	\$132.00 per hour	\$132.00 to \$132.00
Speech pathology	\$95.45 per hour	\$95.00 to \$130.00
Diet or nutrition Prices for this service vary widely. The range is the better guide.	\$196.90 per hour	\$45.00 to \$196.00

SERVICE	MOST COMMON PRICE	MOST CHARGES FALL BETWEEN
Physiotherapy	\$207.00 per hour	\$132.00 to \$207.00
Psychology	\$278.30 per hour	\$278.00 to \$286.00
Only a small number of these services were delivered in this period.		
Exercise physiology	\$174.30 per hour	\$63.00 to \$175.00
Occupational therapy	\$220.00 per hour	\$195.00 to \$242.00
Counselling or psychotherapy	\$132.00 per hour	\$74.00 to \$113.00
Only a small number of these services were delivered in this period.		
Nutrition supports	\$49.50 per hour	\$23.00 to \$117.00

SERVICE TYPE 2 OF 12

Care management

SERVICE	MOST COMMON PRICE	MOST CHARGES FALL BETWEEN
Home support care management	\$154.00 per hour	\$138.00 to \$154.00

SERVICE TYPE 3 OF 12

Domestic assistance

SERVICE	MOST COMMON PRICE	MOST CHARGES FALL BETWEEN
General house cleaning	\$66.00 per hour	\$65.00 to \$83.00
Laundry services	\$71.50 per hour	\$55.00 to \$77.00
Shopping assistance	\$66.00 per hour	\$65.00 to \$94.00

Home maintenance and repairs

SERVICE	MOST COMMON PRICE	MOST CHARGES FALL BETWEEN
Gardening	\$66.00 per hour	\$66.00 to \$110.00
Assistance with home maintenance and repairs	\$92.40 per hour	\$68.00 to \$97.00

Home or community general respite

SERVICE	MOST COMMON PRICE	MOST CHARGES FALL BETWEEN
Flexible respite	\$110.00 per hour	\$79.00 to \$187.00
Community and centre based respite	\$71.50 per hour	\$71.00 to \$408.00

Meals

SERVICE	MOST COMMON PRICE	MOST CHARGES FALL BETWEEN
Meal delivery Covers both meals supplied and help preparing meals. Ask us for a quote.	\$75.45 per delivery	Varies
Meal preparation	\$55.00 per hour	\$55.00 to \$83.00

Nursing care

SERVICE	MOST COMMON PRICE	MOST CHARGES FALL BETWEEN
Registered nurse clinical care	\$181.50 per hour	\$110.00 to \$184.00
Enrolled nurse clinical care	\$127.00 per hour	\$127.00 to \$130.00
Nursing assistant clinical care	\$186.10 per hour	\$186.00 to \$187.00

Personal care

SERVICE	MOST COMMON PRICE	MOST CHARGES FALL BETWEEN
Assistance with self-care and activities of daily living	\$71.50 per hour	\$66.00 to \$93.00
Assistance with the self-administration of medication	\$81.90 per hour	\$80.00 to \$101.00
Continence management (non-clinical) Charged per item, not per hour. Ask us for a quote.	\$1.10 per hour	Varies

Restorative care management

We did not deliver this service in July or August 2026, so there is no price to publish. Contact us if you need it.

Social support and community engagement

SERVICE	MOST COMMON PRICE	MOST CHARGES FALL BETWEEN
Group social support	\$44.00 per hour	\$44.00 to \$80.00
Individual social support	\$71.25 per hour	\$70.00 to \$96.00
Accompanied activities	\$66.00 per hour	\$66.00 to \$86.00
Cultural support	\$67.25 per hour	\$67.00 to \$68.00
Digital education and support	\$61.60 per hour	\$61.00 to \$73.00
Assistance to maintain personal affairs	\$80.95 per hour	\$71.00 to \$81.00

Therapeutic service for independent living

SERVICE	MOST COMMON PRICE	MOST CHARGES FALL BETWEEN
Acupuncture	\$88.00 per hour	\$88.00 to \$138.00
Chiropractics	\$72.40 per hour	\$72.00 to \$107.00
Remedial massage	\$165.00 per hour	\$129.00 to \$165.00
Osteopathy	\$112.20 per hour	\$112.00 to \$127.00

Transport

SERVICE	MOST COMMON PRICE	MOST CHARGES FALL BETWEEN
Direct transport Charged per kilometre travelled. Some trips are charged as a flat fare.	\$1.10 per kilometre	\$1.00 to \$72.00

How to read this page

Most common price is the price we charged most often during standard business hours over the two months. This is the figure the Aged Care Rules 2025 require us to publish, under section 166-1005.

Most charges fall between shows the middle half of what people actually paid. Half of all charges sat inside that range, a quarter sat below it and a quarter above.

Prices include GST where GST applies. Work outside standard business hours, on weekends and on public holidays is charged at the worker's own higher rate plus our 10 per cent, so it is not included in the figures above.

These are prices, not quotes. Before you agree to a service we will tell you the exact price for your worker in writing, and it will be in your service agreement.

The current version of this price list is always at localguardians.com/support-at-home-pricing/

Published 17 September 2026. Covers 1 July to 31 August 2026.