

Welcome

Prague House is a specialised aged care facility in Kew that supports people living with a mental health diagnosis or an acquired brain injury. Many of our residents may have a history of homelessness or have been at risk of becoming homeless.

Community of care

If you choose to call Prague House home, we offer a warm, supportive and happy environment, and respect your privacy and dignity in all aspects of your life.

We understand that you may have faced hardships. We are here to help you live the best life you can, with your choices respected to the best extent we can provide.

We want you to feel at ease, doing activities that bring you joy and enable you to socialise with your fellow residents and engage with the local community. There are many parks near Prague House and easy access to local shopping centres.

Rooms

Our uniquely designed building is set across two levels with lift access. There are 45 single rooms and each opens onto a verandah or balcony.

All rooms are appointed with an electric high-low bed, bedside table, wall-mounted TV, comfortable chair and built-in wardrobe. Residents are encouraged to personalise their room with wall furnishings and small items of furniture, so it feels like home.

24/7 in-house care

Prague House is staffed by a dedicated team that provides individualised care. We partner with you to identify your care needs and ensure your needs and wishes are respected.

We provide:

- registered and enrolled nurses and health assistants delivering around-the-clock care
- expert medical and clinical advice for complex care situations
- support to attend specialist clinics, dentistry and preventative health appointments
- advanced outbreak-management procedures and fasttrack testing services.

You will have access to visiting GPs and other medical specialists, allied health professionals such as physiotherapists and podiatrists, and will be supported by the resources of St Vincent's Hospital Melbourne.

Our residents: May

May, 66, is an insulin-dependent diabetic who had been living with family. After having a fall at home and being admitted to hospital, May's family become worried about how to best care for her. May decided that returning to her daughter's home was unsustainable and decided to seek residential care. May was visited in hospital by the Prague House Manager who talked about what it was like to live at Prague House. May's family were supportive of her decision and are now regular visitors to Prague. May enjoys life at Prague House and is supported to live her best life.





On-site features and services

- · All meals, which are prepared on site
- Well-appointed common areas, including lounges and dining rooms
- Landscaped gardens with veggie gardens and a BBQ area
- Lifestyle programming, including regular social events, concerts, activities and outings
- · Access to outdoors via balconies
- Pastoral care and a chapel
- Hairdressing

NDIS

St Vincent's Hospital Melbourne is a registered NDIS service provider that offers residential aged care in shared living arrangements for participants whose care needs can no longer be met at home.

Prague House works in partnership with NDIS participants, including people under 65, and their supporters to reach each individual's goals. This may include support to transition out of residential aged care into accommodation in the wider community.

Our residents: Brent

Brent is 55 and spent several months in hospital after being assaulted in the community. He has a past history of unstable housing and substance misuse and could not return to his previous accommodation.

Brent came to Prague House with a view to being supported by his NDIS team to find alternate accommodation that is more age appropriate. After two years at Prague House, Brent moved on to his new accommodation in Dandenong. His time at Prague House meant that he was as well as he could be to take on this new challenge.

What next?

We understand moving into aged care is a big step and we are here to make this journey as easy as possible for you and your support network. We look forward to assisting you with a smooth and positive transition to life at Prague House.

Prague House is an Australian Government-funded aged care service.

People under the age of 65 seeking accommodation at Prague House should contact My Aged Care on 1800 200 422 to explore their options and eligibility.

About St Vincent's Hospital Melbourne's Aged Care Facilities

Prague House is part of St Vincent's Hospita Melbourne's Residential Services - a leading and trusted provider of aged care.

Pastoral care

Pastoral care is an important part of our holistic approach to care, with our pastoral care team providing spiritual and emotional support and a sensitive and caring presence at all times.

While it is our Catholic heritage that drives this commitment, we welcome and support all heliefs, religious traditions and cultures.





Prague House

253 Cotham Road, Kew, VIC 3101 \mid Office hours: 9.30am to 3.30pm, Monday to Friday Contact our Business Manager on **0408 826 124** for more information or to arrange a tour.

Email: SVHMResidentialcare@svha.org.au