

# BROOKFIELD GREEN MONTHLY RESIDENTS ACTIVITIES CALENDAR

## LIFESTYLE PROGRAM



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		<p><b>1</b></p> <p>9:00 Physio Balance Group 10:30 Garden Club (Level 1 Eliza Garden) 1:30 Bingo with Sharon in Kittybrook</p>	<p><b>2</b></p> <p>9:15 Bus Trip - Bookings Essential Prior to the day with Activity Staff. 1:30 Singalong with Sharon (Level 1)</p>	<p><b>3</b></p> <p><b>Hairdresser today</b> 10:45 Prayer and Praise on Ground Level 1:45 Gardening and Walks</p>	<p><b>4</b></p> <p>A selection of Movies, CD's, Games and Reading Matter Available on Request</p>	<p><b>5</b></p> <p>9:00 Chapel Relay on Channel 101 Brookfield TV</p>
<p><b>6</b></p> <p>9:00 Physio Walking 9:15 Church Service 10:30 Saxophone Melodies (Level 3) 1:30 Chats and Menu Choices</p>	<p><b>7</b></p> <p>9:00 Physio Chair Exercises 10:30 Concert - Annette (Level 2) 1:30 Bingo with Janice (Level 3)</p>	<p><b>8</b></p> <p>9:00 Physio Balance Group 10:30 Ladies Morning Tea 1:30 Movie Afternoon</p>	<p><b>9</b></p> <p>9:15 Bus Trip - Bookings Essential Prior to the day with Activity Staff. 1:30 Singalong with Sharon (Level 1)</p>	<p><b>10</b></p> <p><b>Hairdresser today</b> 10:00 Coffee Club (Ground Level) 1:30 Choir Practice on Ground Level</p>	<p><b>11</b></p> <p>TV QUIZ SHOWS, Board Games, Puzzles, DVD Movies, Cards Games are available on Tables for your enjoyment</p>	<p><b>12</b></p> <p>9:00 Chapel Relay on Channel 101 Brookfield TV</p>
<p><b>13</b></p> <p>9:00 Physio Walking 9:15 Church Service 10:30 Saxophone Melodies (Level 3) 1:30 Chats and Menu Choices</p>	<p><b>14</b></p> <p>9:00 Physio Chair Exercises 10:30 Concert - Stephen Hyndman 1:30 Bingo with Janice (Level 3)</p>	<p><b>15</b></p> <p>9:00 Physio Balance Group 10:00 Valentines Morning Tea 1:30 Bingo with Sharon in Kittybrook</p>	<p><b>16</b></p> <p>9:15 Bus Trip - Bookings Essential Prior to the day 12:00 Themed Lunch (British) 1:30 Singalong with Sharon (Level 1)</p>	<p><b>17</b></p> <p><b>Hairdresser today</b> 9:30 Roaming Recorder Duet with Francesca and Janice 1.45 Gardening and Walks</p>	<p><b>18</b></p> <p>TV QUIZ SHOWS, Board Games, Puzzles, DVD Movies, Cards Games are available on Tables for your enjoyment</p>	<p><b>19</b></p> <p>9:00 Chapel Relay on Channel 101 Brookfield TV</p>
<p><b>20</b></p> <p>9:00 Physio Walking 9:15 Church Service 10:30 Saxophone Melodies (Level 3) 1:30 Chats and Menu Choices</p>	<p><b>21</b></p> <p>9:00 Physio Chair Exercises 10:30 Concert - Sam the Piano Man 1:30 Bingo with Janice (Level 3)</p>	<p><b>22</b></p> <p>9:00 Physio Balance Group 10:30 Glamour Morning with Sharon 1:30 Bingo with Sharon in Kittybrook</p>	<p><b>23</b></p> <p>9:15 Bus Trip - Bookings Essential Prior to the day with Activity Staff. 1:30 Singalong with Sharon (Level 1)</p>	<p><b>24</b></p> <p><b>Hairdresser today</b> 10:00 Coffee Club and Birthday Party for all February Birthdays 1:30 Choir Practice on Ground Level</p>	<p><b>25</b></p> <p>TV QUIZ SHOWS, Board Games, Puzzles, DVD Movies, Cards Games are available on Tables for your enjoyment</p>	<p><b>26</b></p> <p>9:00 Chapel Relay on Channel 101 Brookfield TV</p>
<p><b>27</b></p> <p>9:00 Physio Walking 9:15 Church Service 10:30 Saxophone Melodies (Level 3) 1:30 Chats and Menu Choices</p>	<p><b>28</b></p> <p>9:00 Physio Chair Exercises 10:30 Concert - John Cornelius (Level 2) 1:30 Bingo with Janice (Level 3)</p>					