

# PRICE LIST

Effective 1 November 2025



## SUPPORT AT HOME

### CARE MANAGEMENT

Our Care Management services provide personalised support to help clients navigate their care with confidence. This includes coordinating services, monitoring progress, and adjusting supports as needs change. Our Care team works closely with clients, families, and providers to ensure care aligns with individual goals and preferences. Charges are based on actual hours spent, including both direct care and indirect activities such as phone calls, coordination, documentation, and other related tasks. This includes restorative care management.

Care Management Service	Hourly Rate Minimum duration 15 mins
Care Partner / Allied Health Assistant	\$140.00
Nursing	\$160.00
Allied Health Professional	\$184.00

### EVERYDAY LIVING

Our Everyday Living Services are designed to support clients with routine household tasks that contribute to a safe, comfortable, and well-maintained living environment. These services promote independence and wellbeing by assisting with activities such as cleaning, laundry, meal preparation, gardening, and home maintenance. They also include practical supports like accompanied or unaccompanied shopping, helping clients stay connected to their community and maintain daily routines with dignity and ease.

Service	Half Hourly Rate	Hourly Rate
Shopping Assistance	\$85.00	\$119.00
General House Cleaning		\$119.00
Garden Maintenance		\$110.00
Home Maintenance		\$135.00
Laundry Services		\$119.00
Meal Preparation	\$85.00	\$119.00

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### CLINICAL CARE

Our Clinical Care services help clients maintain or regain physical and cognitive function through safe, evidence-based support. Delivered or supervised by qualified health professionals, these services include nursing, allied health, and wellness programs tailored to individual needs. The focus is on improving health outcomes and supporting recovery in a home or community setting.

#### ALLIED HEALTH

Service	Hourly Rate		
	Clinic Consult	Home Consult	Telehealth Consult
Allied Health Assistant	\$100.00	\$160.00	\$100.00
Allied Health Professional Small Group Session*	\$84.00		
Dementia Support	\$100.00	\$160.00	\$100.00
Dietetics	\$184.00	\$230.00	\$184.00
Exercise Physiology	\$184.00	\$230.00	\$184.00
Music Therapy	\$184.00	\$230.00	\$184.00
Music Therapy Group	\$184.00		
Occupational Therapy	\$184.00	\$230.00	\$184.00
Personal Training	\$100.00	\$160.00	
Physiotherapy	\$184.00	\$230.00	\$184.00
Podiatry	\$184.00	\$230.00	\$184.00
Social Work	\$184.00	\$230.00	\$184.00
Speech Pathology	\$184.00	\$230.00	\$184.00

To join an Allied Health Exercise Group, you will need to complete an initial in-clinic consultation with an Allied Health Professional

#### WELLNESS / EXERCISE GROUPS

Service	Hourly Rate
Strength for Life Group+	\$20.00
Village Fitness (only available to ECH residents)	\$14.00
Wellness Group (including PHY & Speech/Talkback)	\$20.00

+ Strength for Life (SFL) is a COTA based progressive training program which requires an assessment prior to joining.

#### NURSING

Service	Half Hourly Rate	Hourly Rate
Enrolled Nurse Ongoing Consult	\$120.00	\$180.00
Nursing Screening Assessment		\$190.00
Nursing Telehealth Consult		\$160.00
Registered Nurse Ongoing Consult	\$125.00	\$190.00

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### INDEPENDENCE

Our Independence services focus on enhancing a client's ability to stay socially connected, engaged, and active in their community. These services support emotional wellbeing and reduce isolation by enabling participation in social groups, day programs, and community activities. They may also include transport to appointments or events, as well as therapeutic supports like remedial massage to promote comfort and mobility. Together, these services help clients maintain a sense of autonomy, purpose, and connection in their daily lives.

#### HOME SERVICES

Service	Half Hourly Rate	Hourly Rate
Accompanied Activities	\$85.00	\$119.00
Assistance with Self-care and Activities	\$85.00	\$119.00
Continence management (non-clinical)	\$85.00	\$119.00
Medical Administration Assistance	\$85.00	\$119.00
Respite at Home	\$85.00	\$119.00
Social Support Individual	\$85.00	\$119.00
Transport Individual Client	\$95.00	\$140.00

#### MASSAGE

Service	Hourly Rate
Remedial Massage – Clinic Consult (min 30 mins)	\$135.00
Remedial Massage – Home Consult (min 1 hr)	\$190.00

#### SOCIAL CONNECTIONS

Service	Hourly Rate	Minimum Duration
Bus Trip	\$28.00	Based on Bus trip
Garden Therapy at Home	\$230.00	1 hr
Get Connected Premium	\$80.00	Based on event
Get Connected Social Group	\$35.00	Based on group
Living Well Home Consult	\$160.00	1 hr

#### DAY PROGRAMS

Services	Rate	Minimum duration
Community & Centre-Based Respite	\$41.00 / hr	6 hrs
Social Support Group	\$41.00 / hr	6 hrs
Bus Transport	\$20.00 each way	

## SPECIFIC PRICING INFORMATION

#### CANCELLATION POLICY

ECH maintains a bookings and cancellations policy. Bookings are essential for all services, including individual appointments, exercise classes, group programs, and events.

To avoid incurring charges, cancellations must be made at least 48 hours in advance of the scheduled service. If notice is not provided within this timeframe, the full-service fee may apply. Exceptions are made for

unplanned hospitalisations, medical emergencies, or family emergencies.

#### SELF-MANAGEMENT

If you are a self-managed participant and wish to choose your own Third-Party Provider to provide services, a 10% administration fee will apply on top of that Third Party Provider's prices.