

WELCOME



THE RESIDENCES

AT CEDARBROOK



Your community

Nestled in the foothills of the Gold Coast Hinterland in sought-after Mudgeeraba, The Residences at Cedarbrook is a new style of aged care on the Gold Coast.

Set on 31-hectares of semi-rural living with expansive views across the adjoining Cedarbrook Farm and its grazing horses and cattle, Cedarbrook is an aged care community unparalleled on the Coast.

The Residences provides a full range of care, including permanent residential care, respite care, memory assisted living and palliative care.

Cedarbrook and the surrounding neighbourhood gives you the opportunity to live a vibrant life. Whether you are interested in keeping active, getting the sand beneath your toes or simply going to see a movie, we can help you achieve your goals.

The security of knowing you belong

The Residences at Cedarbrook is your home. When you join our community, we ensure you retain as much independence as possible. We get to know you, your family, your interests and preferences and tailor your care and activities accordingly.

Your family and friends are always welcome at The Residences and are encouraged to join in any part of your day. Periwinkles café is a great spot to enjoy a drink and snack relaxing together. Sarabah is our function area for your family events, such as birthday parties and other celebrations.



Individual care for individual needs

Our 'living with purpose' care philosophy underpins our approach to residential aged care, with a dedication to delivering the highest quality care. Personalised care plans ensure each individual's care needs and preferences are respected at all times.

In recognition of your varying care requirements, every suite is fitted with state-of-the-art monitoring and call system technologies. Our Blushwood wing provides additional support and security should you be living with a cognitive-impairment.

› **24-hour advanced nurse-call system**

› **Registered nurse on-site 24/7**

› **Personalised care plans**

› **Palliative care** › **Respite care**

› **Visiting GP, physiotherapist, podiatrist and dentist**

Your wellbeing at Cedarbrook

Your comfort and care is our priority at Cedarbrook. You will have access to a range of activities tailored to your interests and plenty of space for reading and quiet reflection. Outdoors there's our beautiful gardens and sweeping views across the farmlands from the balconies, the perfect spot for a catch up. Our Blushwood wing also features a sensory garden, designed to stimulate the senses of those living with dementia.

Good food is essential to good health. Fresh meals are prepared daily by our on-site chef, offering plenty of variety and catering for your dietary needs. Enjoy the social occasion of taking your meals in any of our dining rooms or if you prefer, dine in the comfort of your own suite.





What is Living with Purpose?

'Living with purpose' is Carinity's promise, our care philosophy, and a way to give life more meaning.

We recognise each person is unique. We passionately believe everyone deserves to feel loved and supported, whatever their life's circumstances.

For over 70 years we've been integral to the lives of our residents and their families and what we've discovered is that the difference between really living, and just enduring, lies in the richness and variety of meaningful experiences.

'Living with purpose' is a core expression of Carinity's values and care philosophy. It underpins our approach to residential aged care and is fundamental to the creation of a sense of belonging.

Far from being places where people go to exist, our communities are where people go to live.



Accommodation options

All suites are private with an ensuite, ceiling fan and air-conditioning with temperature control. Our premium suites offer additional luxuries, such as an electric recliner, optional fridge, larger TV, feature lighting, timber paneling, writing desk and premium window and ensuite finishes.

Take some time out with respite care

Carinity Cedarbrook provides a much valued respite service ensuring you are well looked after while your loved ones take a break from their caring role.

Your carers play a very important role in your life and we understand that it can be demanding. We are here to provide you that much needed support. We offer dedicated respite care facilities and ensure every effort is made to meet your everyday routine.

Our location means that you will have easy access to Mudgeeraba and its amenities, plus nearby access to surrounding suburbs including Robina, Broadbeach and Burleigh.

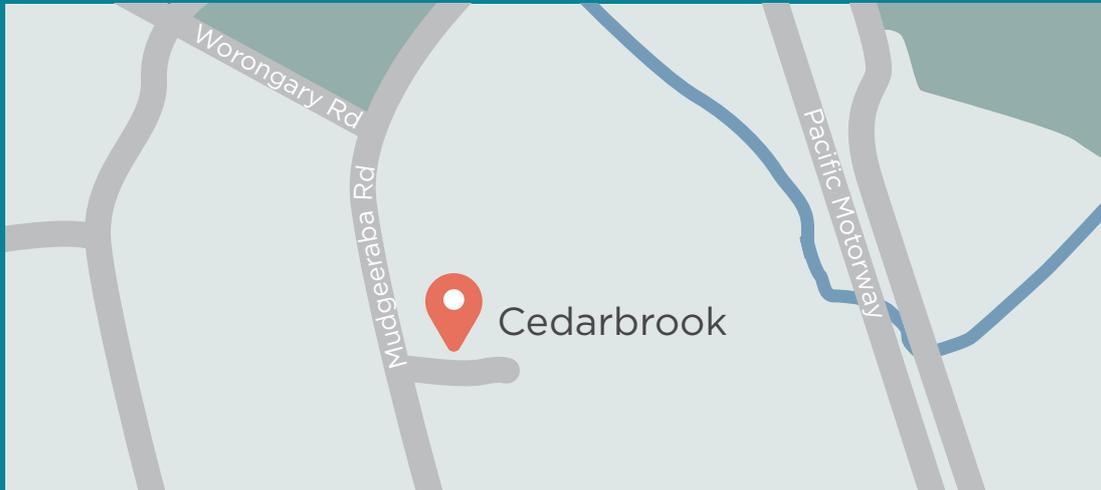
Lifestyle

- › Alfresco dining
- › Balconies
- › Carinity bus
- › Chapel on-site
- › Chaplain
- › Expansive views across Hinterland
- › Function room
- › Landscaped gardens
- › Memory-assisted activities zone
- › Group activities and entertainment
- › Native sensory gardens
- › On-site chef
- › Periwinkles café
- › Pipi's Salon
- › Visiting pets welcome

Discover Carinity Cedarbrook

120 Mudgeeraba Road, Mudgeeraba QLD 4213

 Visit our website for a virtual tour of Cedarbrook



CARINITY AGED CARE COMMUNITY LOCATIONS

Hilltop, **Kelvin Grove** • Wishart Gardens, **Wishart** • Clifford House, **Wooloowin**
Brookfield Green, **Brookfield** • Cedarbrook, **Mudgeeraba** • Colthup Manor, **Ipswich**
Brownesholme, **Highfields** • Karinya Place, **Laidley** • Kepnock Grove, **Bundaberg**
Shalom, **North Rockhampton** • Summit Cottages, **Mount Morgan** • Fairfield Grange, **Townsville**

About Carinity

At Carinity we believe in building communities where you feel at home, a place where you are included, heard and valued. For over 70 years we have been making a real difference in people's lives, from supporting older people in their homes, or within our care communities, to providing vibrant neighbourhoods in our retirement communities.

Most importantly you will have the security of knowing Carinity is one of Queensland's most established not-for-profit organisations, with Christian-based values and a commitment to providing excellence in care and customer service. Our people are passionate about their work and dedicated to every individual.

We're here for you.

Call us today on **1300 109 109**

Visit **cedarbrook.org.au**

