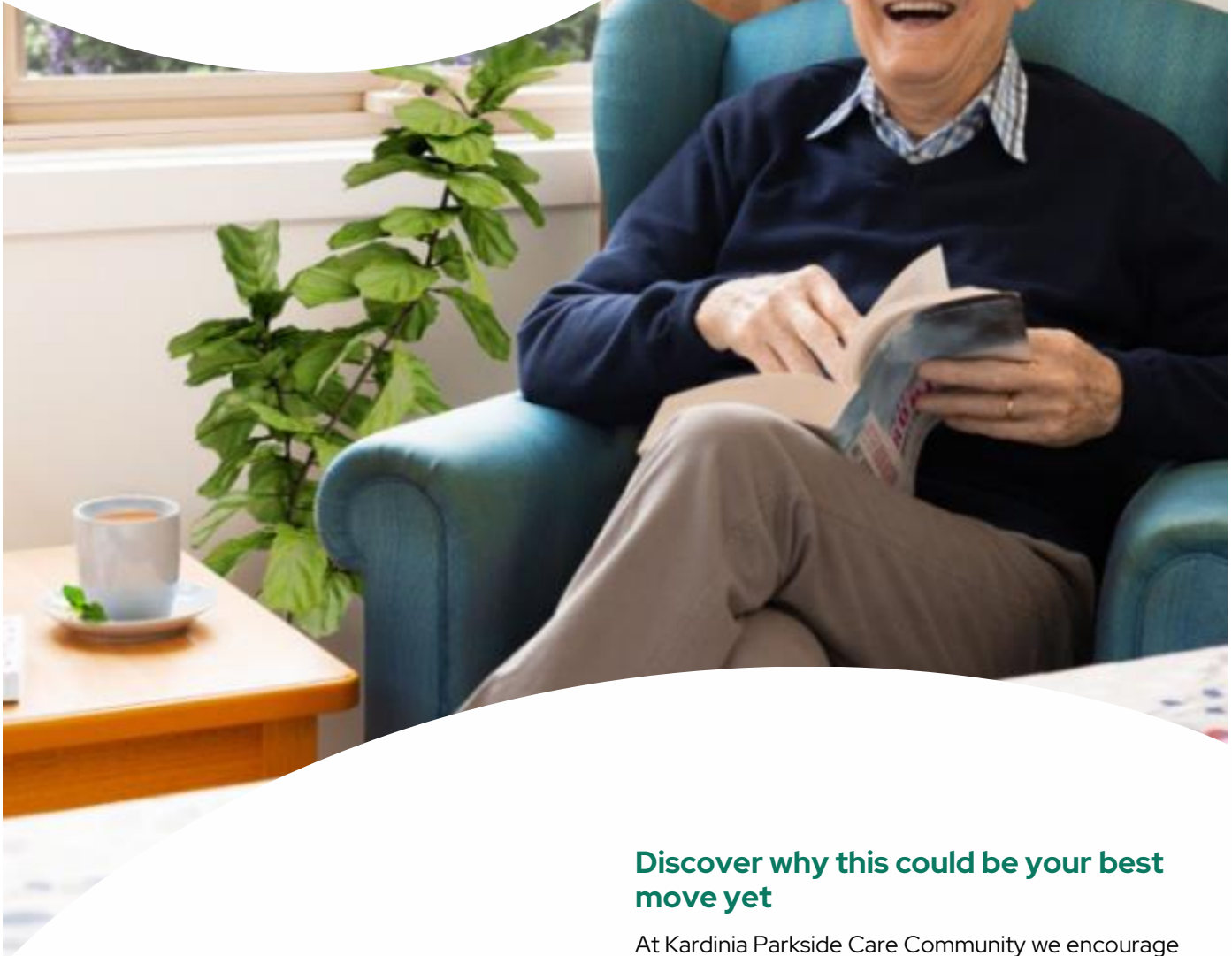




Welcome to **Kardinia Parkside** Care Community



Discover why this could be your best move yet

At Kardinia Parkside Care Community we encourage our residents to live a life of meaning and purpose – that's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

At the heart of Geelong VIC, Kardinia Parkside Care Community is perfectly located a short walk from the iconic Kardinia Park. Residents and their families can enjoy being conveniently close to Geelong's waterfront, local cafés and Westfield Geelong, offering many opportunities to explore the community.

Known for our welcoming, vibrant and inclusive environment, we have a diverse representation of cultural heritage. Residents enjoy our courtyards and gardens which offer peaceful spaces to spend time with family and friends, or have moments of quiet reflection.

Ageing is living

Experience the Opal HealthCare difference at **Kardinia Parkside**



Daily life

Enjoy all kinds of creative pursuits, be it music groups, arts or crafts, and even friendly table games. Our piano is a drawcard for music lovers, enjoying singalongs or simply relaxing and listening to beautiful tunes from across the ages.

Our light filled central courtyard offers a source of pleasure for many, chatting with family and friends.

With us, you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



Health & wellbeing

- Seasonal menus
- Dedicated lifestyle team onsite
- Social activities to encourage friendship and connection
- Music, art, entertainment and events
- Cultural and faith based community support



Home

- Comfortable single rooms with private ensuite
- On-site chef preparing fresh meals each day
- Welcoming communal spaces
- Outdoor courtyard to enjoy nature
- Onsite café
- Beauty salon
- Onsite physio/gym
- Billiard and piano



Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Fresh and nutritious chef prepared meals
- Allied health professionals
- Permanent, respite, dementia and palliative care



Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.

Phone: Michelle Fortanier 0455 742 820

Email: kardiniparkside@opalhealthcare.com.au

Address: 299 Latrobe Terrace, Geelong VIC 3220

Website: opalhealthcare.com.au

Part of the  **Opal HealthCare** family