





A new era of care



Home. It's a place of belonging, comfort, safety and familiarity, where physical, spiritual and emotional needs are nurtured, fostering connection with others. Aeralife is all this and more. Our residential aged care homes are vibrant, innovative communities that celebrate every resident's life, offering warm sanctuary and rich experiences.

Aeralife, proudly Australian and independently owned, has over 20 years' experience in providing premium residential aged care. Each of our homes across Victoria and New South Wales are a shining example of our innovative, holistic approach to aged care. Our highly experienced teams possess passion and empathy in equal measure. We empower them to forge deep connections with residents, ensuring a more meaningful approach to caregiving.

Our mission is simple: to enable a safe and nurturing community that delights our diverse residents, families and staff.

Aeralife. A new era of care.

A life of joy, purpose and connection

As an Aeralife community, Northcote radiates the cosy warmth of home. We nurture our diverse community: people whose lives are filled with purpose, connection and joy. Set within an intimate, multicultural space, residents enjoy cosy living areas, complemented by enchanting, tranquil outdoor living, perfect for spending time with family and friends. We offer a range of care options to suit individual needs, including long-term care, short-term respite and dementia-friendly care. Loved ones receive gentle care observations through cutting-edge SleepSense technologies.

We understand that every resident is unique, which is why we take a people-centred approach to care. Every resident receives personalised care and attention, enjoys stimulating activities and wholesome meals tailored to their tastes and cultural preferences.

With a 24/7 registered nurse on staff, we provide round-the-clock support and innovative, specialised care. We prioritise everyone's autonomy by involving people in daily decision-making and maintaining clear communication with families and loved ones.

Our compassionate and highly trained staff work together to create an active and fulfilling lifestyle for our residents, catering to their individual needs as they age. At Northcote, we empower residents to make decisions about their healthcare and lifestyle needs. Every resident's quality of life is our top priority.

Northcote offers:

- Long-term care
- Short-term respite
- Dementia-friendly care
- Palliative care
- Person-centred care
- 24/7 registered nurse
- Sleep sense technology
- Hospitality services
- Daily wellbeing activities.





A beautiful way of life

Take time out

Caring for a loved one can be both rewarding and challenging. With our comprehensive care services, you can rest assured that your loved one is always supported, leaving you free to enjoy each other's company. Whether it's a movie at Westgarth Cinema, a shopping trip to Northcote Plaza or afternoon tea at Barry Cafe, you can take time to focus on the good things in life, while we take care of the rest.

At Northcote, we enrich our residents' lives, providing them with a true sense of home, nutritious meals, fun activities and inviting shared spaces where they can thrive.

Meals at Northcote are delicious, with our talented chefs crafting freshly prepared dishes daily. Our menu follows a four-week cycle, changing with the seasons to ensure variety and freshness. The waiter table service gives residents pleasure in selecting from a daily menu to suit different tastes and dietary preferences.

Our vibrant lifestyle program offers activities to suit diverse interests and abilities. From strength and movement classes to arts and crafts, cultural outings to musical performances, there's always something exciting happening at Northcote. The home has unique gardens and courtyards designed to promote tranquillity and wellbeing in each of our residents.

Shared spaces include:

- Self-serve cafe
- Hair and beauty salon
- Private dining room
- Library
- Landscaped gardens with barbecue area.





Home suite home





Every suite at Northcote is designed to give residents a private and inviting space to call their own. Our suites feature all the amenities needed to make life comfortable, while offering safety and security.

We encourage residents to decorate their suites to their own style, so it truly feels like home. While we provide essential furnishings and amenities, residents are welcome to bring in photos, prints, ornaments, cushions or other treasured items to personalise their space.

At Northcote, all suites are single rooms with their own bathrooms, ensuring privacy and dignity. With our focus on creating an atmosphere just like home, our suites provide a welcoming retreat where residents can relax and feel at ease.

Suites include:

- Fitted wardrobe
- Private bathroom
- Bedside table
- Reverse cycle air conditioning
- Hydronic heating
- Nurse call system
- Sitting chair
- Over-bed table
- Lockable valuables drawer.

Residents can choose to access optional in-room, fee-for-service inclusions, such as a phone, high-speed internet and Smart TV. Please refer to our Higher Everyday Living Services brochure for full details about these and other available services.

Aeralife Northcote

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Book a tour or to find out more:

1300 564 611

aeralife.com.au