

Our Residents

Most of our residents have histories of experiencing homelessness, disadvantage and marginalisation due to mental health issues and substance abuse. Many have a range of complex needs, resulting from negative life experiences including the effects of poverty, exposure to trauma and social isolation. These complexities require a different approach to other aged care services.

Many Sacred Heart Community residents experience premature ageing due to a lifetime of persistent disadvantage. Our residents are, on average, younger than most people who require residential aged care services.

Sacred Heart Community is both Aged Care and NDIS accredited.

NORM & GRAHAM, THE 'DYNAMIC-DUO'

Known as 'the dynamic duo', Norm & Graham's friendship grew here at Community when they were both admitted on the same day over 10 years ago.

"Graham sadly passed away in August 2024. As an advocate for Sacred Heart Mission's model of care and fellow residents, he will be sorely missed and remembered as a generous spirit in our Community."



Sacred Heart Mission is a Victorian not-for-profit organisation established in 1982 by the local parish to serve people in the community most in need.

Then, now and into the future – we commit to serving people experiencing homelessness, deep disadvantage and social exclusion.

Our wide-ranging services include housing support, health and wellbeing, residential aged care, women's services, and social and economic inclusion programs.

We work in deep collaboration with service participants and communities. Founded on the principles of Catholic Social Teaching and guided by lived experience voice, we deliver trauma-informed, evidence-based services that prioritise a relationship-based approach of trust and respect.



LOUISE TEMMINGHOFF
Manager at Sacred Heart Community



Sacred Heart Mission respectfully acknowledges the cultural heritage and enduring strength of the Traditional Custodians of the lands and waterways where we work, the people of the Boonwurrung and the Woiwurrung.



Sacred Heart Mission believes that the diversity of abilities, genders, sexualities, relationship identities, bodies and cultures in our community enriches us all and should be celebrated.



RESIDENTIAL CARE

OUR APPROACH

'My Community, My Way'

'My Community, My Way' encompasses every aspect of what we do for our residents at Sacred Heart Community and includes every staff member and volunteer.

Our Model addresses the whole person; their physical, medical, emotional, psychological, social and spiritual needs. We tailor all that we do to ensure residents are fully supported and can live to their full potential. We honour the dignity, experience and self-worth of each person in our care.

Reasons to choose Sacred Heart Community



Welcoming community

Striving for an inclusive and fair society where everyone can live a fulfilling life.



Experienced and caring staff

Qualified and trained staff work to the high standards for every resident.



Safe and secure environment

Enjoy peace of mind with coded building entry and security systems.



Clinical support 24/7

Registered nurses onsite 24 hours a day and an Emotional Support Therapist on staff.



Trauma informed care

Every interaction across all our services supports a person's recovery from trauma.



"I love staying here. I feel secure. I'm not worrying. I feel like it's home. The staff here genuinely care. They are very gentle and kind and love their work. I could go and talk to them anytime."

GEOFFREY, COMMUNITY RESIDENT

SACRED HEART COMMUNITY 101 Grey Street St Kilda

Community features

- Single rooms with private en-suite bathrooms
- Resident-led focus groups, committee, involvement and advocates
- Inclusive, connected and supportive environment
- Daily laundering and cleaning service
- Dynamic lifestyle program & activities
- Spiritual care and wellbeing
- Close to public transport, St Kilda's iconic Acland & Fitzroy Streets

Sacred Heart Community provides 24-hour aged care, clinical support and palliative care services for people living with a disability, mental health issues, significant drug and alcohol use.



Become a Resident

A referral is NOT required.

To be eligible to become a resident you must have:

- An assessment undertaken by an Aged Care Assessment Service (ACAS), and
- A Centrelink asset assessment.
- You can also apply through the My Aged Care website. (www.myagedcare.gov.au)



BOOK A TOUR OR APPLY DIRECTLY

Call 0484 066 835 or email Denise Harrington,
Admissions Coordinator
dharrington@sacredheartmission.org