



Support at Home Price List



As of 12th February 2026

Support at Home

Price list



Clinical Supports	Mon–Fri (7AM–6PM)	Mon–Fri (6PM–7AM)	Saturday	Sunday	Public Holiday
Registered Nurse Clinical Care Per Hour	\$163	\$187	\$245	\$285	\$408
Enrolled Nurse Clinical Care Per Hour	\$141	\$162	\$212	\$247	\$353
Care Management	Mon–Fri (7AM–6PM)	Mon–Fri (6PM–7AM)	Saturday	Sunday	Public Holiday
Support at Home Care Partner Per Hour	\$129	\$148	\$194	\$226	\$323
Restorative Care Management Per Hour	\$163	\$187	\$245	\$285	\$408

Service definitions

Registered Nurse (RN)

Provides professional clinical care, including health assessments, wound care, medication management, chronic disease support, and overall monitoring of health needs

Enrolled Nurse (EN)

Provides practical nursing care at home such as medication support, wound care, monitoring health changes, and assisting with daily clinical needs. Works under the supervision of a Registered Nurse

Support at Home Care Partner

A Care Partner works with participants and their nominated supporters to plan, coordinate, and oversee their care services

Restorative Care Management

Focuses on ability, not disability — helping participants do as much as they can, for as long as they can

Support at Home Price list



Personal Care Assistance	Mon-Fri (7AM-6PM)	Mon-Fri (6PM-7AM)	Saturday	Sunday	Public Holiday
Personal Care Per Hour	\$115	\$132	\$173	\$201	\$288
Domestic Assistance Per Hour	\$115	\$132	\$173	\$201	\$288
Home Maintenance	Mon-Fri (7AM-6PM)	Mon-Fri (6PM-7AM)	Saturday	Sunday	Public Holiday
Garden & Maintenance Per Hour	\$123	\$141	\$185	\$215	\$308

Service definitions

Personal Care Assistance

Support Workers provide non-clinical support to help with everyday self-care activities

This may include:

- Assistance with bathing, dressing, grooming, and mobility
- Support with the self-administration of medication
- Help with continence management and personal hygiene
- Encouragement and assistance with daily routines to maintain dignity and independence

Domestic Assistance

Domestic Assistants provides non-clinical support with household tasks, helping people maintain a safe and comfortable home

This may include:

- General house cleaning (vacuuming, dusting, kitchen and bathroom cleaning)
- Laundry services, including washing, drying, and ironing
- Shopping assistance, such as help with grocery shopping or running errands

Home Maintenance

Home Maintenance services provide practical support to keep your home safe and comfortable

This may include:

- Home maintenance and repairs (minor household fixes)
- Coverage of expenses for approved home maintenance and repairs
- Gardening services, such as lawn mowing, pruning, and general yard care

Support at Home

Price list



Social Support	Mon-Fri (7AM-6PM)	Mon-Fri (6PM-7AM)	Saturday	Sunday	Public Holiday
Individual Social Support *during outings Per Hour	\$115	\$132	\$173	\$201	\$288
Community engagement group Social support Per Hour	\$99	N/A	N/A	N/A	N/A
Therapeutic massage service #at Social Club	Wednesday (9AM-4PM) 60 min				
Remedial massage Per Hour	\$153	#30 minute massages are available by request			

Service definitions

Social Support

Individual social support: One-on-one, tailored, often at home or during outings

Community engagement / group social support: With others, usually in a group program or community setting

Wednesday Social Club at RGK

Every Wednesday, we host our Home Care Social Club at RGK, 3 Mary Street, Hindmarsh

The program includes:

- A nutritious lunch
- Bingo and group activities
- Plenty of fun, friendship, and social connection

As part of our Social Support program, lunch and bingo are included

Remedial massage is also available at RGK on the same day (fees listed above)

*Bookings are essential call 8341 0401

Support at Home

Price list



Therapeutic Services	Mon–Fri (7AM–6PM)	Mon–Fri (6PM–7AM)	Saturday	Sunday	Public Holiday
Acupuncture Per Hour	\$316	N/A	N/A	N/A	N/A
Chiropractor Per Hour	\$316	N/A	N/A	N/A	N/A
Art Therapy Per Hour	\$196	N/A	N/A	N/A	N/A
Remedial Massage *at home Per Hour	\$193	N/A	N/A	N/A	N/A

Service definitions

Acupuncture

A therapy using fine needles to stimulate points on the body, helping with pain relief, relaxation, and overall wellbeing

Chiropractic Care

Focuses on the spine, joints, and muscles to improve movement, reduce pain, and support better physical function

Remedial Massage

A therapeutic massage designed to relieve muscle tension, improve circulation, and help recovery from injury or strain

Art Therapy

A creative therapy that uses art-making to support emotional expression, relaxation, and mental wellbeing

Support at Home

Price list



Allied Health*	Mon-Fri (7AM-6PM)	Mon-Fri (6PM-7AM)	Saturday	Sunday	Public Holiday
Allied Health Assistance Per Hour	\$115	N/A	N/A	N/A	N/A
Allied Health Assessment with Associate Provider Per Hour	\$350	N/A	N/A	N/A	N/A
Podiatry Per Hour	\$266	N/A	N/A	N/A	N/A
Speech Pathology Per Hour	\$391	N/A	N/A	N/A	N/A
Diet or Nutrition Per Hour	\$271	N/A	N/A	N/A	N/A
Physiotherapy Per Hour	\$286	N/A	N/A	N/A	N/A
Occupational Therapy Per Hour	\$200	N/A	N/A	N/A	N/A
Exercise Physiology Per Hour	\$339	N/A	N/A	N/A	N/A
Counselling or Psychotherapy Per Hour	\$403	N/A	N/A	N/A	N/A

*See over page for **Service Definitions**

Support at Home



Service Definitions

ALLIED HEALTH

Allied Health Assessment with Associate Provider – A professional assessment by an allied health specialist to identify care needs and treatment plans

Allied Health Assistance – Support from an allied health assistant to help carry out exercises, therapy plans, or daily activities under professional guidance

Podiatry – Foot care, including nail care, treatment of foot problems, and advice for healthy mobility

Speech Pathology – Support for communication or swallowing difficulties

Diet & Nutrition – Advice on healthy eating and tailored meal plans to support wellbeing

Physiotherapy – Exercises and treatments to improve strength, mobility, and pain management

Exercise Physiology – Prescribed exercise programs to improve fitness, manage chronic conditions, and support recovery

Occupational Therapy – Support to maintain independence with everyday activities and home safety

Counselling / Psychotherapy – Emotional and mental health support through guided conversation and therapy

Support at Home

Price list



Transport	Mon-Fri (7AM-6PM)	Mon-Fri (6PM-7AM)	Saturday	Sunday	Public Holiday
Accompanied Activity	\$115	\$132	\$173	\$201	\$288
Direct Transport 0-10km	\$135	\$152	\$193	\$221	\$308
Direct Transport 11-30 km	\$155	\$172	\$213	\$241	\$328
Direct Transport 31-60km	\$185	\$202	\$243	\$271	\$358
Meal Delivery	Mon-Fri (7AM-6PM)	Mon-Fri (6PM-7AM)	Saturday	Sunday	Public Holiday
Meal Delivery Choose your own food provider from our recommended list (for details ask your Care Partner)	from \$17.50				

Service Definitions

Direct transport:

- Support Worker collects the participant and drops them off at the destination only
- Support Worker DOES NOT stay with the participant once the client is at the destination
- Service does not include any additional charges (such as mileage)
- Charge is per one-way trip

Accompanied activity:

This applies to services where:

- The Support Worker transports the participant and stays with the participant for the full service for example:
 - Accompanied shopping
 - Individual social support
 - Accompanied activities

Indirect Transport:

- No Support Worker
- Participant is travelling on their own with a Taxi or ride share service (e.g. Uber)
- The cost will be deducted from the participants budget

Support at Home

Price list



Respite	Mon-Fri (7AM-6PM)	Mon-Fri (6PM-7AM)	Saturday	Sunday	Public Holiday
Center or Community Based Respite	\$900	N/A	N/A	N/A	N/A
Centre or Community based Respite 2 hour	\$210	\$242	\$315	\$368	\$525
Centre or community based Respite 4 Hour	\$392	\$451	\$588	\$686	\$980
Centre or Community based Respite 8 Hour	\$704	\$810	\$1056	\$1232	\$1760

Service Definitions

Centre-Based Respite

Structured respite provided at a Community setting

- Center based respite Includes activities, social interaction and meals
- Gives the participant opportunities to connect with others in a group environment
- Provides carers with a longer break, often for half or full days

Community - Based Respite

- Respite in your home/Community Setting

Support at Home Cancellation Policy



Pennwood Aged Care Services

Support at Home Services

We value your time and the time of our staff.

To ensure fairness and service continuity, the following cancellation policy applies to all Support at Home services:

Personal Support, Domestic Assistance & Home Maintenance Services including:

Personal care, cleaning, home and garden maintenance, nursing, in-home respite, and 1:1 social support

Notice period: 24 hours

A cancellation fee equal to the full cost of the scheduled service will apply if:

- The service is cancelled with less than 24 hours' notice; or
- The participant is not at home at the scheduled time.

If a participant declines a suitable alternative worker and cancels with less than 24 hours' notice, the full service fee will still apply

Allied Health Services

Applies to 1:1 Allied Health services (both clinic and in-home)

Notice period: 24 hours

A cancellation fee equal to the full cost of the scheduled service will apply if:

- The service is cancelled with less than 24 hours' notice; or
- The participant is not at home at the scheduled time.

Note: Unless stated otherwise, all prices are for one hour of service.

