

# Support at Home Price List

1 November 2025

integratedliving gives you the flexibility to choose the services best suited for your current needs in your own home.

## What Support at Home funding options are available?

- Support at Home (Level 1-8)
- Assistive Technology and Home Modifications (AT-HM)
- Restorative care pathway

Services are categorised under Clinical, Independence, and Everyday Living. There are different contributions for each service category depending on your funding level and personal circumstances.



Clinical	Independence	Everyday living
Nursing Care	Personal Care	Domestic Assistance
Allied Health and Therapeutic Services	Social Support and Community Engagement	Home Maintenance and Repairs
Nutrition	Therapeutic Services for Independent Living	Meals
Care Management	Respite	
Restorative Care Management	Transport	
	Assistive Technology and Home Modifications	

# Support at Home Price List

1 November 2025

## SUPPORT AT HOME CONTRIBUTIONS

### Support at Home co-contribution rates effective from 1 November 2025:

For those approved for a Home Care Package after 12 September 2024 the co-contribution rates below apply.

	Clinical	Independence	Everyday Living
Full pensioner	0%	5%	17.5%
Part pensioner	0%	Part pensioners and CSHC holders will pay between 5%-50% based on an assessment of their income and assets.	Part pensioners and CSHC holders will pay between 17.5%-80% based on an assessment of their income and assets.
Self-funded retiree (holding or eligible for a Commonwealth Seniors Health Card – CSHC)	0%	For part pensioners this will be based on their Age Pension means assessment. CSHC holders will undergo a separate assessment for Support at Home.	For part pensioners this will be based on their Age Pension means assessment. CSHC holders will undergo a separate assessment for Support at Home.
Self-funded retiree (not eligible for a Commonwealth Seniors Health Card)	0%	50%	80%

For those approved for or receiving a Home Care Package on or before 12 September 2024 (Grandfathered clients) the co-contribution rates below apply.

	Clinical	Independence	Everyday Living
Full pensioner	0%	0%	0%
Part pensioner and self-funded retiree Commonwealth Seniors Health Card (CSHC) holder	0%	Part pensioners and CSHC holders will pay between 5%-25% based on an assessment of their income and assets.	Part pensioners and CSHC holders will pay between 5%-25% based on an assessment of their income and assets.
Self-funded retiree non-CSHC holder or means not disclosed	0%	25%	25%

\*Note:

1. Care management will have a clinical supports contribution rate of 0%.

# Support at Home Price List

1 November 2025



2. Contributions for AT-HM items will be treated as equivalent to the independence category. AT-HM prescription and wrap around services (where required) will have a clinical supports contribution rate of 0%.

3. Grandfathered clients who paid an income-tested care fee (ITCF) will continue to contribute through a co-contribution under the no worse off principle, which will be the same or less than what they paid previously.

## SERVICES SUMMARY

The services listed below can be tailored to your needs as they change over time.

CLINICAL	
<b>Nursing</b>	<p>Our nursing service assists with managing the effects of chronic illness and general health and wellbeing challenges. We work closely with you, your carer, family, GP and health professionals to ensure your health needs are met.</p> <p>Our virtual care telehealth monitoring service provides easy access to healthcare support from the comfort of your home. Devices need to be purchased privately.</p>
<b>Wellness for Independence® programs</b>	<p>Wellness for Independence® programs (Cardiac, Diabetes, Falls Prevention, Low Vision, Memory, Mind and Body, Nutritional, Pain Management, Palliative Approach and Respiratory Wellness) feature a mixture of group and individual sessions delivered by experienced nurses.</p> <p>Programs consist of weekly group classes, individual reviews with a nurse, allied health guest presenters, and program materials.</p> <p>Wellness for Independence® programs can be facilitated by an Enrolled Nurse (EN) or Registered Nurse (RN), either virtually or in-person. Costs may vary slightly depending on how the program is delivered (in-person or online) and whether RN or EN delivers the session.</p>
<b>Allied health and Therapeutic Services</b>	<p>Our allied health professionals can support you to stay healthy, improve your balance and manage chronic health conditions. Our allied health services include podiatry, psychology, dietetics, social work, exercise physiology, occupational therapy and physiotherapy.</p>
<b>Wellness Centre, Stretch and Flow and Movement Classes</b>	<p>Guided by our exercise physiologists, these services focus on building strength, mobility, fitness and overall health and wellbeing. Programs can be customised to suit all fitness levels. Attend one of our Wellness Centre group sessions or join a Movement Class from the comfort of home. Stretch and Flow classes are low-impact and available both in-centre and online.</p>
<b>Nutrition</b>	<p>Prescribed supplementary oral dietary products and aids required for conditions related to functional decline or impairment.</p>

# Support at Home Price List

1 November 2025



<b>Care management</b>	A dedicated care manager will partner with you to develop a personalised care plan that meets your needs and helps you maintain your independence and wellbeing. Your care manager will work with you on an ongoing basis to ensure that your services continue to meet your needs and expectations and help you access additional funding and supports if needed.
<b>Restorative care management</b>	Restorative care management includes goal planning, service planning and management, monitoring, review and evaluation, support and education.
<b>INDEPENDENCE</b>	
<b>Personal Care</b>	Everyday tasks such as showering, grooming, toileting, dressing, and taking medication can be easier with the right support. We're here to help you feel confident and stay independent.
<b>Social support and community engagement</b>	Helping you stay socially connected through our Activity Centres, with fun and engaging activities or support workers can visit you and spend time doing activities you enjoy as part of our Social Support service.  The Digital Education program (Digital Dialogue) has a structured digital learning plan and ongoing one-on-one coaching to help you grow in confidence and become comfortable using technology to support your wellbeing. The program consists of a 14-week online program, weekly group sessions, social classes and coaching calls. BYO iPad or tablet device.
<b>Therapeutic services for independent living</b>	These are a range of health interventions to improve functional skills, health, and overall wellbeing. Services include acupuncture, chiropractic, diversional therapy, remedial massage, art therapy, osteopathy.
<b>Respite</b>	We know that caring for someone can be both rewarding and challenging. Our respite services are designed to give you the opportunity to take a break and focus on your own wellbeing, while we provide quality care and support for your loved one.
<b>Transport</b>	Need help getting around? This service is perfect if you are experiencing limited mobility, having difficulties accessing public transport, or do not have your own transportation. Our team members can organise transport for you to medical appointments, shopping, social events and community activities.
<b>Assistive technology and home modifications</b>	As we get older, our needs change, sometimes we need to modify parts of our home to make it safer and support our independence. Home modifications can include ramps, grab rails, kitchen modifications, and we also offer assistive technology to help you stay safe at home. The Government has provided a list of equipment that can be purchased as part of your package, and we can assist in purchasing this on your behalf.

# Support at Home Price List

1 November 2025



## EVERYDAY LIVING

<b>Domestic assistance</b>	Domestic assistance helps you keep your home clean, tidy and safe. Services include light cleaning, dishwashing, clothes washing and drying, ironing, changing bed linen and shopping.
<b>Home maintenance and repairs</b>	Support to keep the inside and outside of your home well-maintained. Our service can assist by maintaining your home and garden needs, including mowing the lawn to changing a light bulb, tap washers, installing batteries in smoke alarms, window cleaning and minor repairs.
<b>Meals</b>	We offer a wide range of tasty, value for money and healthy meals delivered straight to your door, catered to dietary requirements. If you would prefer to have home-cooked meals, we can help with preparing meals, taking you shopping, and assisting with recipe ideas.

# Support at Home Price List

1 November 2025



## PRICING FOR SERVICES

CLINICAL					
	STANDARD (6AM-8PM)	NON- STANDARD (8PM-6AM)	SATURDAY	SUNDAY	PUBLIC HOLIDAYS
NURSING CARE					
Registered nurse (in-person or virtual care telehealth)	\$220.50/hr	\$244.25/hr	\$271.00/hr	\$308.00/hr	\$361.25/hr
Enrolled nurse (in-person or virtual care telehealth)	\$198.50/hr	\$218.50/hr	\$241.00/hr	\$272.00/hr	\$316.75/hr
Wellness for Independence® programs	<p><b>Virtual program delivery:</b></p> <ul style="list-style-type: none"><li>• Nursing virtual Registered Nurse (group rate) - \$33.25/hr</li><li>• Nursing virtual Enrolled Nurse (group rate) - \$29.75/hr</li></ul> <p><b>In-person program delivery:</b></p> <ul style="list-style-type: none"><li>• Nursing Registered Nurse (group rate) - \$36.75/hr</li><li>• Nursing Enrolled Nurse (group rate) - \$33.00/hr</li></ul> <p>Assessments are carried out by our Nurses, and the hourly rates will apply.</p>				

# Support at Home Price List

1 November 2025

	STANDARD (6AM-8PM)	NON- STANDARD (8PM-6AM)	SATURDAY	SUNDAY	PUBLIC HOLIDAYS					
<b>ALLIED HEALTH AND THERAPEUTIC SERVICES</b>										
<b>Dietetics</b>	\$280.50/hr	N/A	N/A	N/A	N/A					
<b>Exercise physiology</b>	\$268.50/hr	N/A	N/A	N/A	N/A					
<b>Occupational therapy</b>	\$268.50/hr	N/A	N/A	N/A	N/A					
<b>Physiotherapy</b>	\$268.50/hr	N/A	N/A	N/A	N/A					
<b>Podiatry</b>	\$256.25/hr	N/A	N/A	N/A	N/A					
<b>Psychology</b>	\$288.00/hr	N/A	N/A	N/A	N/A					
<b>Social work</b>	\$268.50/hr	N/A	N/A	N/A	N/A					
<b>Wellness Centres (Group)</b>	\$31.00/hr	N/A	N/A	N/A	N/A					
<b>NUTRITION</b>										
<b>Nutrition</b>	Cost dependent on prescribed supplement									
<b>CARE MANAGEMENT</b>										
<b>Care management: \$148.50/hr</b>										
<b>RESTORATIVE CARE MANAGEMENT</b>										
<b>Restorative care management: \$170.00/hr</b>										

# Support at Home Price List

1 November 2025



## INDEPENDENCE

STANDARD RATES FOR SERVICES	STANDARD (6AM-8PM)	NON-STANDARD (8PM-6AM)	SATURDAY	SUNDAY	PUBLIC HOLIDAYS
-----------------------------	--------------------	------------------------	----------	--------	-----------------

## PERSONAL CARE

Personal care	\$139.00/hr	\$155.50/hr	\$174.00/hr	\$200.00/hr	\$237.00/hr
Medication assist	\$139.00/hr	\$155.50/hr	\$174.00/hr	\$200.00/hr	\$237.00/hr
	STANDARD (6AM-8PM)	NON-STANDARD (8PM-6AM)	SATURDAY	SUNDAY	PUBLIC HOLIDAYS

## SOCIAL SUPPORT AND COMMUNITY ENGAGEMENT

Social Support Accompanied (0-6km)	\$139.00/hr	\$155.50/hr	\$174.00/hr	\$200.00/hr	\$237.00/hr
Social Support Accompanied (7-20km) *	\$155.00/hr	\$171.50/hr	\$190.00/hr	\$216.00/hr	\$253.00/hr
*Above 20km price will vary.					
Activity Centre	• \$40.00/hr (Mon-Fri only)				
Digital Education	• \$139.00/hour (Individual)				
	• \$31.00/hour (Group)				

# Support at Home Price List

1 November 2025

	STANDARD (6AM-8PM)	NON- STANDARD (8PM-6AM)	SATURDAY	SUNDAY	PUBLIC HOLIDAYS
<b>THERAPEUTIC SERVICES FOR INDEPENDENT LIVING</b>					
<b>Osteopath</b>	\$280.50/hr	N/A	N/A	N/A	N/A
<b>Acupuncturist</b>	\$280.50/hr	N/A	N/A	N/A	N/A
<b>Chiropractor</b>	\$280.50/hr	N/A	N/A	N/A	N/A
<b>Remedial massage</b>	\$221.00/hr	N/A	N/A	N/A	N/A
<b>RESPITE</b>					
<b>Respite care</b>	\$139.00/hr	\$155.50/hr	\$174.00/hr	\$200.00/hr	\$237.00/hr
<b>TRANSPORT</b>					
<b>Transport</b>	See transport costs below				
	<b>Km – one way</b>	<b>Minutes</b>	<b>Mon-Fri</b>	<b>Saturday</b>	<b>Sunday</b>
	0-5km		0	0	0
	6-20km	15	\$43.25	\$80.00	\$90.00
	21-30km	30	\$91.50	\$112.00	\$125.00
	31-40km	45	\$134.75	\$165.50	\$185.00
	41-50km	60	\$178.00	\$219.00	\$245.00
	51-60km	75	\$221.25	\$272.50	\$305.00
	61-70km	90	\$264.50	\$326.00	\$365.00
	71-80km	105	\$307.75	\$379.50	\$425.00
	81-90km	120	\$351.00	\$433.00	\$485.00
<b>ASSISTIVE TECHNOLOGY AND HOME MODIFICATIONS</b>					
<b>Assistive technology</b>	Cost dependent on assistive technology selected or prescribed from the Government list for AT-HM. Coordination costs in delivering home modifications will be 10% of the quoted costs or up to \$500 (whichever is lower).				
<b>Home modifications</b>	Cost varies dependent on the prescribed home modification/s. Coordination costs associated with delivering home modifications will be 15% of the quoted costs or up to \$1,500 (whichever is lower).				

# Support at Home Price List

1 November 2025



## EVERYDAY LIVING

	STANDARD (6AM-8PM)	NON-STANDARD (8PM-6AM)	SATURDAY	SUNDAY	PUBLIC HOLIDAYS
--	-----------------------	---------------------------	----------	--------	-----------------

## DOMESTIC ASSISTANCE

Domestic assistance (cleaning, laundry)	\$133.00/hr	\$149.50/hr	\$168.00/hr	\$194.00/hr	\$231.00/hr
Shopping assistance	\$155.00/hr	\$171.50/hr	\$190.00/hr	\$216.00/hr	\$253.00/hr

## HOME MAINTENANCE AND REPAIRS

Home maintenance and repairs	\$139.00/hr	\$157.50/hr	\$178.50/hr	\$207.50/hr	\$249.50/hr
------------------------------	-------------	-------------	-------------	-------------	-------------

## MEALS

Meal delivery	Meal delivery costs are based on the supplier's rates and your selections.				
Meal preparation	\$133.00/hr	\$149.50/hr	\$168.00/hr	\$194.00/hr	\$231.00/hr

# Support at Home Price List

1 November 2025



## SHORT SERVICES (45, 30, 15 MINUTES)

INDEPENDENCE					
	STANDARD (6AM-8PM)	NON-STANDARD (8PM-6AM)	SATURDAY	SUNDAY	PUBLIC HOLIDAYS
PERSONAL CARE					
Personal care	\$118.25/45min \$90.25/30min	\$132.25/45min \$101.00/30min	\$148.00/45min \$113.25/30min	\$170.00/45min \$130.00/30min	\$201.50/45min \$154.00/30min
RESPITE					
Respite care	\$118.25/45min \$90.25/30min	\$132.25/45min \$101.00/30min	\$148.00/45min \$113.25/30min	\$170.00/45min \$130.00/30min	\$201.50/45min \$154.00/30min
CLINICAL					
	STANDARD (6AM-8PM)	NON-STANDARD (8PM-6AM)	SATURDAY	SUNDAY	PUBLIC HOLIDAYS
NURSING CARE					
Administer Medication <i>(Registered Nurse)</i>	\$187.50/45min \$143.25/30min \$77.25/15min	\$207.50/45min \$158.75/30min \$85.50/15min	\$230.25/45min \$176.00/30min \$94.75/15min	\$261.75/45min \$200.25/30min \$107.75/15min	\$307.25/45min \$235.00/30min \$126.50/15min
Administer Medication <i>(Enrolled Nurse)</i>	\$168.75/45min \$129.00/30min \$69.50/15min	\$185.75/45min \$142.00/30min \$76.50/15min	\$204.75/45min \$156.50/30min \$84.25/15min	\$231.25/45min \$176.75/30min \$95.25/15min	\$269.25/45min \$206.00/30min \$111.00/15min

# Support at Home Price List

1 November 2025



## EVERYDAY LIVING

	STANDARD (6AM-8PM)	NON-STANDARD (8PM-6AM)	SATURDAY	SUNDAY	PUBLIC HOLIDAYS
--	-----------------------	---------------------------	----------	--------	--------------------

## DOMESTIC ASSISTANCE

<b>Domestic assistance (cleaning, laundry)</b>	\$113.00/45min \$86.50/30min	\$127.00/45min \$97.25/30min	\$142.75/45min \$109.25/30min	\$164.75/45min \$126.00/30min	\$196.50/45min \$150.25/30min
<b>Shopping assistance</b>	\$131.75/45min \$100.75/30min	\$145.75/45min \$111.50/30min	\$161.50/45min \$123.50/30min	\$183.50/45min \$140.25/30min	\$215.00/45min \$164.50/30min

## HOME MAINTENANCE AND REPAIRS

<b>Home maintenance and repairs</b>	\$118.25/45min \$90.25/30min	\$134.00/45min \$102.50/30min	\$151.75/45min \$116.00/30min	\$176.50/45min \$135.00/30min	\$212.00/45min \$162.25/30min
-------------------------------------	---------------------------------	----------------------------------	----------------------------------	----------------------------------	----------------------------------