



## Support at Home Rates Card - Just Better Care Canberra & South Coast

Address: PO Box 964 Gungahlin ACT 2912  
 Phone: 02 6280 4070  
 Email: canberra@justbettercare.com  
 www.justbettercare.com

**Effective Date: 1st November 2025**

Pricing for common services delivered by Just Better Care staff					
	Weekday	Weeknight	Saturday	Sunday	Public Holidays
<b>Independence</b>					
Assistance with activities of daily living	\$120.00	\$138.50	\$166.00	\$205.00	\$243.00
Assistance with self-administration of medication	\$120.00	\$138.50	\$166.00	\$205.00	\$243.00
Personal Care	\$120.00	\$138.50	\$166.00	\$205.00	\$243.00
Continence management (non-clinical)	\$120.00	\$138.50	\$166.00	\$205.00	\$243.00
Social Support - no travel	\$120.00	\$138.50	\$166.00	\$205.00	\$243.00
Social Support - up to and including 10kms	\$132.50	\$151.00	\$178.50	\$217.50	\$255.50
Social Support - up to and including 25kms	\$151.25	\$169.75	\$197.25	\$236.25	\$274.25
Social Support - up to and including 50kms	\$182.50	\$201.00	\$228.50	\$267.50	\$305.50
Respite Care - Community Based	\$120.00	\$138.50	\$166.00	\$205.00	\$243.00
Respite Care - Centre Based	\$60.00	\$69.25	\$83.00	\$102.50	\$121.50
<b>Everyday living</b>					
General House Cleaning	\$120.00	\$138.50	\$166.00	\$205.00	\$243.00
Laundry Services	\$120.00	\$138.50	\$166.00	\$205.00	\$243.00
Shopping assistance - up to and including 10kms	\$132.50	\$151.00	\$178.50	\$217.50	\$255.50
Shopping assistance - up to and including 25kms	\$151.25	\$169.75	\$197.25	\$236.25	\$274.25
Shopping assistance - up to and including 50kms	\$182.50	\$201.00	\$228.50	\$267.50	\$305.50
Sleepover - per hour from 10pm to 6am	N/A	\$42.95	\$49.65	\$53.15	\$65.60
Meal preparation	\$120.00	\$138.50	\$166.00	\$205.00	\$243.00
<b>Clinical</b>					
Registered Nurse	\$154.50	\$182.00	\$207.50	\$233.00	\$308.00
Enrolled Nurse	\$129.50	\$142.00	\$167.00	\$225.00	\$271.00

Pricing for common services delivered by associated provider			
<b>Everyday living</b>			
Transport - up to and including 15kms (per trip)	\$69.00	Meal delivery (per meal)	\$23.00
Transport - up to and including 25kms (per trip)	\$92.00	Gardening (per hour)	\$143.75
Transport - up to and including 50kms (per trip)	\$138.00	Home maintenance and repairs (per hour)	\$143.75
<b>Allied Health - per hour</b>			
Acupuncturist	\$172.50	Osteopath	\$287.50
Allied health therapy assistant	\$132.25	Physiotherapist	\$253.00
Chiropractor	\$172.50	Podiatrist	\$172.50
Dietitian or nutritionist	\$224.25	Psychologist	\$360.00
Exercise physiologist	\$235.75	Remedial masseuse	\$235.75
Occupational therapist	\$235.75	Speech pathologist	\$224.25

At Just Better Care, each person is treated as an individual, that's why we offer a tailored service to suit your needs.  
 Please contact us for further details.

***Cancellations with less than 24 hours notice will be charged at full service rate***