

# Welcome to



**Avondale  
Heights**  
Care Community

## Discover why this could be your best move yet

At Avondale Heights Care Community, we encourage our residents to live with meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support, and live your best life in our care.

Nestled in peaceful Avondale Heights, our Care Community offers a warm and welcoming environment that feels like home.

Stepping into our Care Community, you're greeted by our spacious main lounge which serves as both a social hub and a sanctuary for residents and their families. Featuring a piano and a cosy fireplace, our lounge opens to a colourful courtyard where we have barbeques in the warmer months.

Relax in our well-appointed sitting room, enjoy a good book, or engage in a friendly card game with fellow residents. At Avondale Heights Care Community, every detail has been carefully considered to ensure a comfortable and connected lifestyle for our residents.

Our caring and capable team are always on hand. We support you to develop connections and friendships with others who share similar interests, and friends and family are always welcome.

Avondale Heights Care Community is an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.

**Our purpose is to *bring joy to those we care for.***

Part of the  **Opal HealthCare** family

# Experience the Opal HealthCare difference at Avondale Heights



## Your home

- Modern single bedrooms with private ensuite bathroom
- Well-appointed lounge, dining and activity areas
- Hair and beauty salon
- Coffee Club
- Piano
- Library
- Private dining room
- Landscaped courtyards with outdoor seating
- WiFi
- Foxtel in communal areas
- In-house laundry service
- Parking for visitors



## Life with us

- Seasonal menus
- Dedicated wellbeing team onsite
- Social activities that encourage friendship and connection
- Music, art, entertainment and events
- Cultural and faith-based community supports
- Resident committees to nurture agency in daily life
- Bus outings
- Pet friendly



## Your care

- Registered nurses onsite 24/7
- Permanent, respite, dementia and palliative care
- Experienced leadership and team
- Memory care neighbourhood
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy



## What's nearby

- Albion Railway Station
- Avondale Heights Library and Learning Centre
- Burley Griffin Neighbourhood Centre
- JH Allan Reserve
- Keilor East RSL
- Milleara Shopping Centre
- Sunshine Hospital



## Get in touch

We'd love to support you in making the right decision for you and your loved one.

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This is Wurundjeri Country



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**Ageing is living**

