



# BRACKEN HOUSE

UPA Bracken House a spacious aged care facility situated in an ideal location, close to the main shopping area of Dubbo. The facility overlooks the plains near the Macquarie River.

The facility has recently been renovated offering beautifully styled, single rooms with private ensuite, built-in wardrobe and lockable set of drawers.

There are daily activities, entertainment and outings on offer. A stroll through the grounds of Bracken House is nothing sort of delightful.



**PHONE**

02 5852 4700



**MAIL**

info@dubbo.upa.org.au



**REGIONAL OFFICE**

315 Macquarie St Dubbo NSW 2830





## FACILITIES

Located at 315 Macquarie Street, Dubbo, Bracken House is a 74-bed residential aged care facility including 20 beds in a fully secured dementia specific care unit.

Single Room with Ensuite  
Spacious Lounge Room and Activity Room  
Chef-prepared Meals | Cafe Corner  
Onsite Chapel and Reflection Room  
Outdoor BBQ Area | Hair Salon  
Library and Newspaper Room  
Courtyard and Landscaped Gardens  
In-room Telephone and Internet Services



## CARE SERVICES

UPA Bracken House has a special place in the heart of many people looking for respite and permanent residency. Across Western Region of NSW and through a wide range of programs, the facility is staffed with professional caring individuals who aims to provide comfortable home like environment.

24/7 Registered Nurses and Care Staff  
Leisure and Lifestyle Staff | Catering Staff  
Hotel Services inc Laundry and Cleaning  
WHS and Quality Coordinator

Scheduled Visits by Care Professionals  
Speech Pathologist | Podiatrist  
Physiotherapist | Palliative Care Team  
Hairdresser | Dementia Consultant  
Audiologist | Continence Adviser



## ACTIVITIES

At Bracken House, activities are very important. The activities program is designed to meet the needs of each resident. Previous hobbies and routines are continued so that residents have better psychological outcomes and well being during their stay in the facility.

Bus Outings | Knitting | Cooking  
Happy Hour | Arts and Craft | Zumba | Taichi  
Live Entertainment | Bingo | Pastoral Care  
Church Services | Physio Exercises  
Cultural Presentation | Indoor Bowl  
Indoor Cricket | Individual Programs  
Special Religious Celebrations