



Aeralife Twin Parks



## A new era of care



Home. It's a place of belonging, comfort, safety and familiarity, where physical, spiritual and emotional needs are nurtured, fostering connection with others. Aeralife is all this and more. Our residential aged care homes are vibrant, innovative communities that celebrate every resident's life, offering warm sanctuary and rich experiences.

Aeralife, proudly Australian and independently owned, has over 20 years' experience in providing premium residential aged care. Each of our homes across Victoria and New South Wales are a shining example of our innovative, holistic approach to aged care. Our highly experienced teams possess passion and empathy in equal measure. We empower them to forge deep connections with residents, ensuring a more meaningful approach to caregiving.

Our mission is simple: to enable a safe and nurturing community that delights our diverse residents, families and staff.

Aeralife. A new era of care.

# A place of warm smiles and welcomes

As an Aeralife community, Twin Parks embodies the essence of home. Residents cherish its warm, friendly culture and positive community. It's a place where stories are shared, and friendships are celebrated. A true sense of security and companionship are complemented by the lush, parkland setting. We offer a range of care options to suit individual needs, including long-term care, short-term respite and dementia-friendly care.

We understand that every resident is unique, which is why we take a people-centred approach to care. Every resident receives personalised care and attention, enjoys stimulating activities and wholesome meals tailored to their tastes and cultural preferences.

With a 24/7 registered nurse on staff, we provide round-the-clock support and innovative, specialised care. We prioritise everyone's autonomy by involving people in daily decision-making and maintaining clear communication with families and loved ones.

Our compassionate and highly trained staff work together to create an active and fulfilling lifestyle for our residents, catering to their individual needs as they age. At Twin Parks, we empower residents to make decisions about their healthcare and lifestyle needs. Every resident's quality of life is our top priority.

Twin Parks offers:

- Long-term care
- Short-term respite
- Dementia-friendly care
- Palliative care
- Transitional care
- Person-centred care
- 24/7 registered nurse
- Hospitality services
- Daily wellbeing activities.





## A beautiful way of life

### **Take time out**

Caring for a loved one can be both rewarding and challenging. With our comprehensive care services, you can rest assured that your loved one is always supported, leaving you free to enjoy each other's company. Whether it's a picnic at nearby Edwardes Lake Park, a trip to Northland Shopping Centre or afternoon tea at Tyler's Milk Bar, you can take time to focus on the good things in life, while we take care of the rest.

We believe life should be filled with joy, purpose and connection. At Twin Parks, we enrich our residents' lives, providing them with a true sense of home, with nutritious meals, fun activities and inviting shared spaces where they can thrive.

Crafted by our talented chefs, meals are freshly prepared daily. Our menu follows a four-week cycle, changing with the seasons to ensure variety and freshness. Residents take pleasure in selecting from a daily menu to suit different tastes and dietary preferences.

Our vibrant lifestyle program offers activities to suit diverse interests and abilities. From strength and movement classes to arts and crafts, cultural outings to musical performances, there's always something exciting happening at Twin Parks. We provide gardens and courtyards designed to promote tranquillity and wellbeing.

Shared spaces include:

- Concert/theatre room
- Club room
- Hair and beauty salon
- Alfresco and barbecue area
- Billiards table
- Prayer room
- Library
- Landscaped gardens and courtyards.





Home suite home





Every suite at Twin Parks is designed to give residents a private and inviting space to call their own. Our suites feature all the amenities needed to make life comfortable, while offering safety and security.

We encourage residents to decorate their suites to their own style, so it truly feels like home. While we provide essential furnishings and amenities, residents are welcome to bring in photos, prints, ornaments, cushions or other treasured items to personalise their space.

At Twin Parks, all suites are single rooms with their own bathrooms, ensuring privacy and dignity. With our focus on creating a homelike atmosphere, our suites provide a welcoming retreat where residents can relax and feel at ease.

Suites include:

- Fitted wardrobe
- Bedside table
- Reverse cycle air conditioning
- Nurse call system
- Sitting chair
- Over-bed table
- Lockable valuables drawer.

Residents can choose to access optional in-room, fee-for-service inclusions, such as a phone, high-speed internet and Smart TV. Please refer to our Higher Everyday Living Services brochure for full details about these and other available services.

**Aeralife Twin Parks**

33 – 47 Blake Street,  
Reservoir VIC 3073

**Book a tour or to find out more:**

1300 564 611

[aeralife.com.au](http://aeralife.com.au)