



Support at Home price guide.

Home Care

Valid from November 2025



Introducing

Support at Home

New program, same care. We've got you!

Thank you for choosing RSL LifeCare to provide your Home Care services.

It's our pleasure to provide you all of the services you need and deserve. Support at Home gives you more flexible funding, greater transparency on your services and importantly, ensures you will continue to receive the right support at home. The cost of each service includes everything needed to deliver it—like staff time, travel, administration, and supervision.

Your Support at Home services categories

Clinical Supports

 Nursing  Allied health  Nutrition

Independence

 Transport  Personal care  Respite
 Social support  Therapeutic services  Independence supports

Everyday Living

 Domestic  Home repairs  Meals

Plus additional short-term care options

Restorative Care


Up to 12 weeks allied health support

Assistive Technology & Home Modifications

 Walking supports  Toileting support  Bathing devices
 Grab rails  Handrails  Ramps & lifts

End-of-life Care


Support to stay at home, in comfort

New program, same care. We've got you.

We are proud to continue providing care for you, so you can live at home confidently and comfortably. With RSL LifeCare, you're in safe hands.

- ✦ Same expert, quality care team who are there for you, when you need us.
- ✦ Dedicated Care Coordinator who will come and meet with you to discuss your needs.
- ✦ Call our friendly support team on 1300 853 146 for any questions you may have.

Pricing Guide

Clinical Supports

Allied health and other therapeutic services	Monday to Friday 6am - 6pm (Hourly rate)
Aboriginal and Torres Strait Islander health practitioner	\$238
Aboriginal and Torres Strait Islander health worker	\$228
Allied health therapy assistant	\$210
Counsellor or psychotherapist	\$282
Dietitian or nutritionist	\$280
Exercise physiologist	\$239
Music therapist	\$255
Occupational therapist	\$255
Physiotherapist	\$255
Podiatrist	\$239
Psychologist	\$326
Social worker	\$262
Speech pathologist	\$273
Allied Health Groups Classes	\$25
Care management	
Home support care management	\$165
Home support restorative care management	\$220

Clinical Supports are fully funded by the Government. All clients: 0%

RSL LifeCare fee schedule ex GST. Rates included in Pricing Guide are applicable for services delivered by RSL LifeCare Limited employees.

Pricing Guide

Clinical Supports

Nursing care	Monday to Friday			
	6am - 6pm (30min rate)	6am - 6pm (hourly rate)	6pm - 6am (30min rate)	6pm - 6am (hourly rate)
Enrolled nurse	\$114	\$209	\$122	\$224
Nursing assistant	\$108	\$199	\$116	\$212
Registered nurse	\$120	\$220	\$130	\$236

Nursing care	Saturday		Sunday		Public Holidays	
	30min rate	hourly rate	30min rate	hourly rate	30min rate	hourly rate
Enrolled nurse	\$143	\$257	\$157	\$281	\$172	\$306
Nursing assistant	\$134	\$242	\$146	\$264	\$160	\$286
Registered nurse	\$153	\$274	\$168	\$301	\$185	\$329

Clinical Supports are fully funded by the Government. All clients: 0%

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Pricing Guide

Everyday Living

Domestic assistance	Monday to Friday			
	6am - 6pm (30min rate)	6am - 6pm (hourly rate)	6pm - 6am (30min rate)	6pm - 6am (hourly rate)
General house cleaning	\$77	\$134	\$83	\$143
Laundry services	\$77	\$134	\$83	\$143
Shopping assistance	\$77	\$134	\$83	\$143
Meals				
Meal preparation	\$77	\$134	\$83	\$143

Domestic assistance	Saturday		Sunday		Public Holidays	
	30min rate	hourly rate	30min rate	hourly rate	30min rate	hourly rate
General house cleaning	\$96	\$164	\$105	\$176	\$116	\$193
Laundry services	\$96	\$164	\$105	\$176	\$116	\$193
Shopping assistance	\$96	\$164	\$105	\$176	\$116	\$193
Meals						
Meal preparation	\$96	\$164	\$105	\$176	\$116	\$193

Home maintenance and repairs	Monday to Friday 6am - 6pm (Hourly rate)
Assistance with home maintenance and repairs	\$139
Gardening	\$130
Meals	
Meal delivery	\$54

Your contribution will depend on your personal circumstance.
 Full Pensioner: 17.5%
 Part Pensioner: 17.5%-80%
 Self-funded retiree: 80%
 Means-tested for all other clients

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Pricing Guide

Independence

Personal care	Monday to Friday			
	6am - 6pm (30min rate)	6am - 6pm (hourly rate)	6pm - 6am (30min rate)	6pm - 6am (hourly rate)
Assistance with self-care and activities of daily living	\$77	\$134	\$83	\$143
Assistance with the self-administration of medication	\$77	\$134	\$83	\$143
Continence management (non-clinical)	\$77	\$134	\$83	\$143
Respite				
Respite care	\$77	\$134	\$83	\$143
Social support and community engagement				
Accompanied activities	\$77	\$134	\$83	\$143
Assistance to maintain personal affairs	\$77	\$134	\$83	\$143
Cultural support	\$77	\$134	\$83	\$143
Digital education and support	\$77	\$134	\$83	\$143
Expenses to maintain personal affairs	\$77	\$134	\$83	\$143
Group social support	\$8	\$16	\$8	\$16
Individual social support	\$77	\$134	\$83	\$143
Transport				
Direct transport (driver and car provided)	\$77	\$134	\$83	\$143

Your contribution will depend on your personal circumstance.
 Full Pensioner: 5% Part Pensioner: 5%-50% Self-funded retiree: 50%
 Means-tested for all other clients

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Pricing Guide

Independence

Personal care	Saturday		Sunday		Public Holidays	
	30min rate	hourly rate	30min rate	hourly rate	30min rate	hourly rate
Assistance with self-care and activities of daily living	\$96	\$164	\$105	\$176	\$116	\$193
Assistance with the self-administration of medication	\$96	\$164	\$105	\$176	\$116	\$193
Continence management (non-clinical)	\$96	\$164	\$105	\$176	\$116	\$193
Respite						
Respite care	\$96	\$164	\$105	\$176	\$116	\$193
Social support and community engagement						
Accompanied activities	\$96	\$164	\$105	\$176	\$116	\$193
Assistance to maintain personal affairs	\$96	\$164	\$105	\$176	\$116	\$193
Cultural support	\$96	\$164	\$105	\$176	\$116	\$193
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Individual social support	\$96	\$164	\$105	\$176	\$116	\$193
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Direct transport (driver and car provided)	\$96	\$164	\$105	\$176	\$116	\$193

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Pricing Guide

Independence

Therapeutic services for independent living	Monday to Friday 6am - 6pm (Hourly rate)
Acupuncturist	\$243
Art therapist	\$255
Chiropractor	\$246
Diversional therapist	\$230
Osteopath	\$230
Remedial masseuse	\$225

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 Means-tested for all other clients

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Home Care | Retirement Living | Residential Care | Veteran Services

We're here to help.

Call **1300 232 564**
or visit rsllifecare.org.au