



IRT Berala on the Park Aged Care Centre

Everything you need to know about our community

13-19 St Johns Avenue, Auburn NSW 2144

IRT Berala on the Park

IRT Berala on the Park Aged Care Centre has been designed to make residents as comfortable and welcome as possible. With 109 private and shared care suites, this spacious community is perfect for those looking for contemporary living.

Located in a residential area of the City of Auburn, IRT Berala on the Park is perfect for those who enjoy the conveniences of the city, but not the hustle and bustle. This conveniently located care centre is just a short walk away from a number

of amenities, parklands and transport options giving you access to the extensive shopping and recreational facilities of the surrounding suburbs.

There's always something interesting going on for you to do at our community. Join in with a range of activities to suit your needs and interests or if you'd prefer some privacy, our outdoor areas are also available.



Top left - Treat yourself and get your hair done at our on-site hair salon.

Top right - Enjoy a delicious meal in our communal dining room.

Bottom - Relax under the shade or soak up the sun in our outdoor area.

IRT Berala on the Park Aged Care Centre

Professional aged care with a personal touch

Our aged care centre offers professional personalised care in comfortable surroundings. Choose from a range of ensuite rooms or receive specialised dementia and palliative care in a secure environment. Our experienced staff and Registered Nurses are on hand 24/7 ensuring you're comfortable and well cared for.





**Professional
Personalised Care**



**Modern Comfortable
Living**



**Nutritious Meals
and Refreshments**



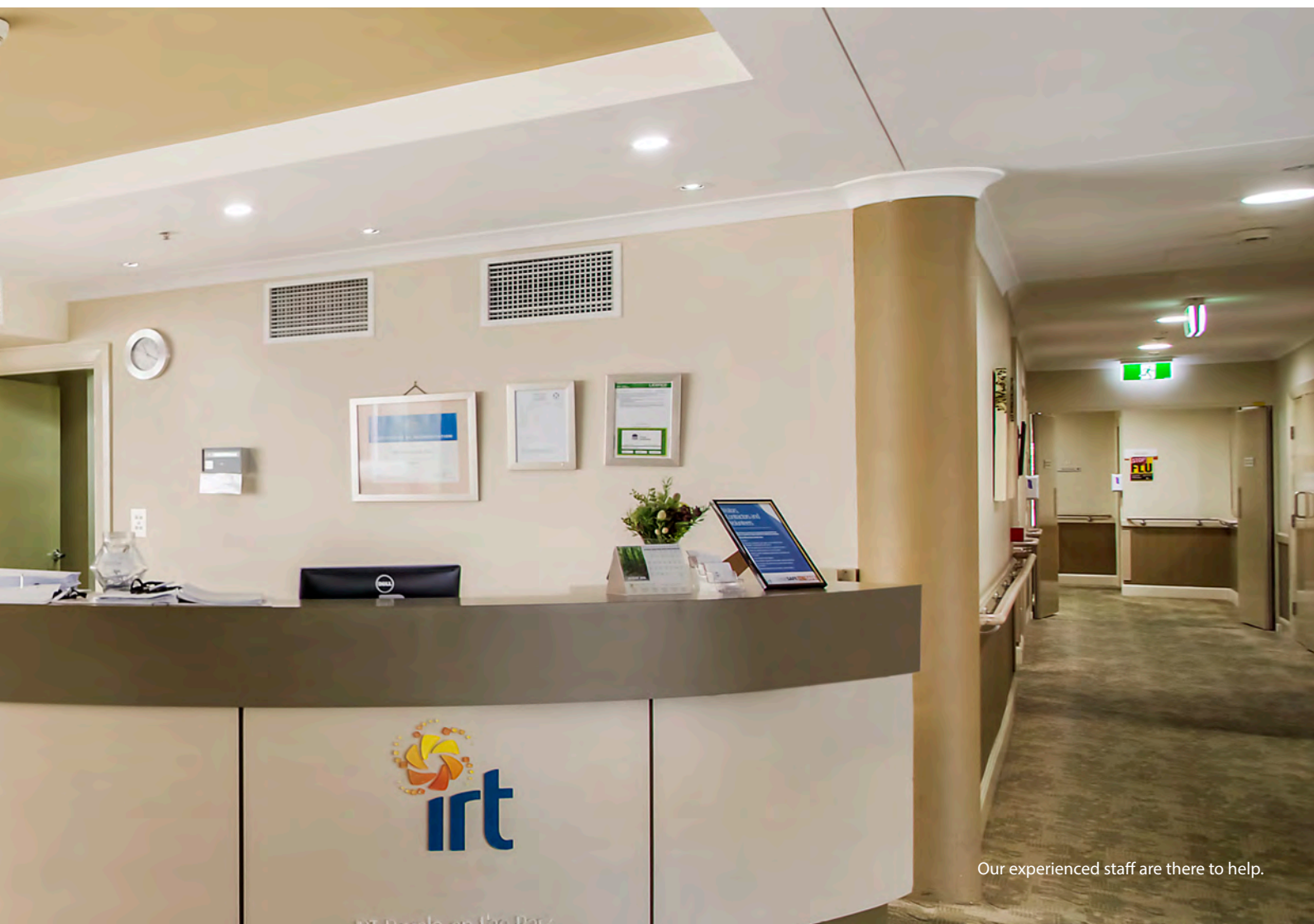
**Engaging Lifestyle in a
real Community**



**Connect with Family
and Friends**



**Aged Care Centres
that Give Back**



Our experienced staff are there to help.

Activities

Get to know your neighbours and discover new pastimes with your choice of community activities, entertainment and wellbeing programs. Go on outings in the community bus or invite your family and friends to join us for special events in the community centre. Feel included and connected at IRT Berala on the Park.

Food and Beverages

Enjoy seasonally based meals and refreshments in your care suite or community dining room. Our catering team are experts in tasty, nutritious catering for aged care residents. Be delighted by the dining experience at IRT Berala on the Park.

Journey of Care

IRT applies an innovative approach to residential aged care. Our Journey of Care is a new model of care that personalises the care experience for every resident. We recognise that every care journey is unique and honour the individual diversity of each resident. Our specialised model of care ensures residents age in the right place with the right care needs within our aged care centres.

The IRT Journey of Care incorporates two key elements, neighbourhoods and specialist programs.

Neighbourhoods cater for residents with similar care needs, allowing for staff specialisation, and tailored design of the physical environment and

equipment. They allow families to see their loved one ageing in the right place with the right care needs.

Our specialist programs support resident wellbeing at each stage of their care journey. By working in partnership with leading Australian researchers and health experts, we enrich residents' quality of life, when they need it most.

The Namaste Program is a specialty program offered at selected IRT care centres, including IRT Berala on the Park. It is a unique sensory-based care experience where residents are cared for by trained staff in a purpose-designed room using therapeutic touch, aromatherapy, music and sensory experiences.

Specialised Dementia Care

We provide personalised dementia care with compassion. Our secure care environments and programs are co-designed with Dementia Training Australia and focus on resident wellbeing, community connections and research-based design.

The secure dementia care environments at IRT Berala on the Park enhance resident wellbeing by reducing unhelpful stimuli, increasing helpful stimuli and making it easier for staff to ensure resident safety.

Palliative Care

IRT Berala on the Park provides personalised palliative care with compassion, comfort

and connection when it's needed most. Our specialised palliative care program is founded on extensive experience in end of life care, taking care of your loved one's physical needs and supporting their emotional wellbeing as they face a life limiting illness.

Specially trained staff provide clinical care and

support family and friends who are invited to participate and spend quality time with their loved one. When a resident passes away, we offer a range of signature services to honour their memory, such as a guard of honour, memorial items and meaningful room signage.

Aged Care Centre Features



Community Bus



Communal Dining



Visitor Parking



Hairdresser

On-site Services



Palliative Care



Dementia Care



24/7 Registered Nurse



Namaste Program



Allied Health Professionals



Music Therapy

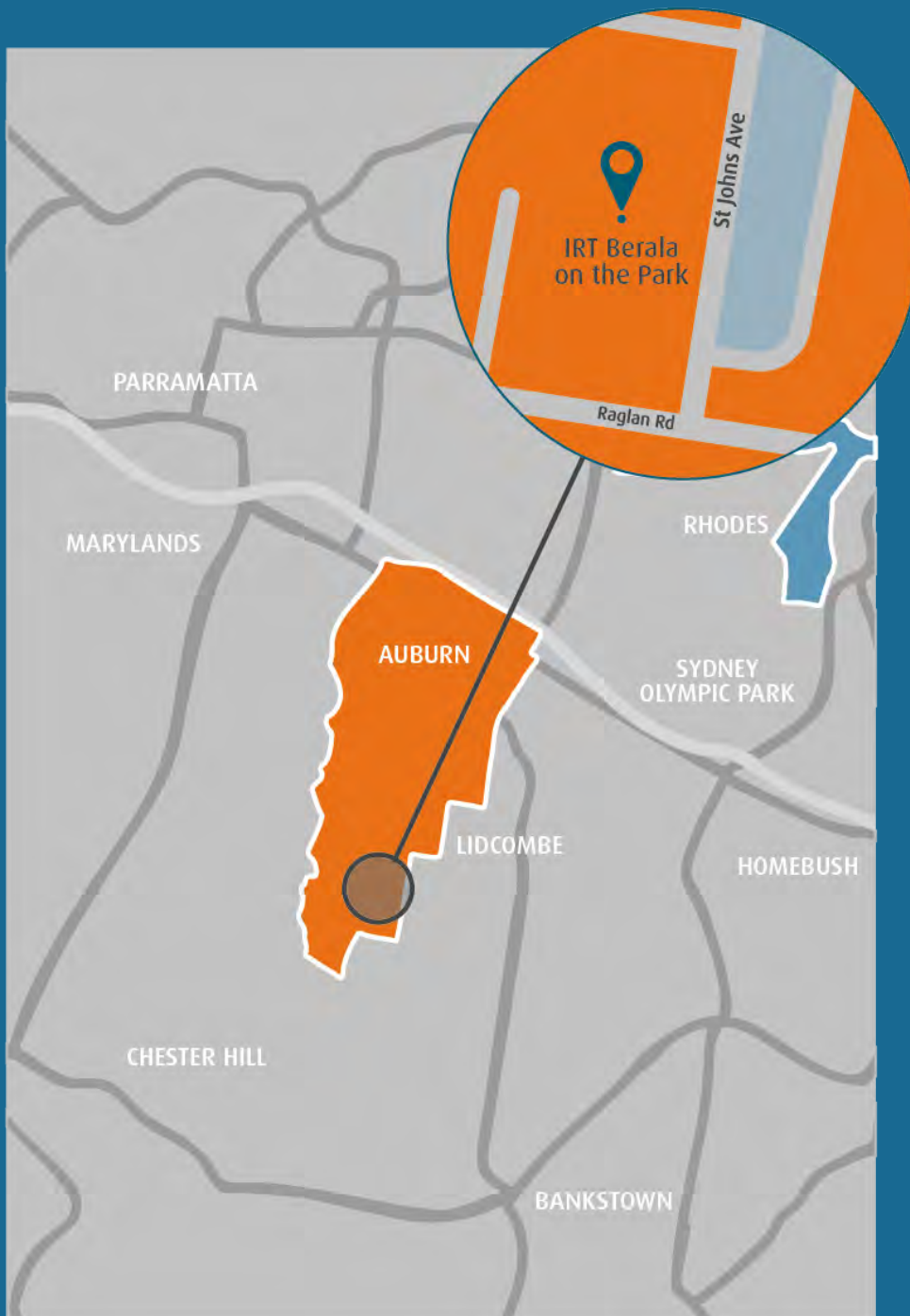




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For more information call **134 478**
or email **customerservice@irt.org.au**
irt.org.au/beralaonthepark



We'd love to show you around our community.

Visit irt.org.au/beralaonthepark and book a tour with our friendly team.