Peninsula Grange

MORNINGTON

Australian
Unity

Welcome to
Peninsula Grange

Peninsula Grange Aged Care in Mornington, on Victoria's Mornington Peninsula, offers a comfortable lifestyle at your choice of pace. With a commitment to professional care and respect for your personal needs and preferences, Peninsula Grange offers sophisticated accommodation and a homely atmosphere.

You can have the peace of mind of knowing that Peninsula Grange is fully accredited under the *Aged Care Act 1997* (Cth) and adheres to the requirements set by the Australian Commonwealth Government.

Make yourself at home

Your wellbeing, individuality and sense of belonging are important to us. We understand there may be a period of adjustment as you make the transition to your new home and we are well-equipped to ensure this is managed with your feelings, and those of your loved ones, in mind.

We nurture an atmosphere of being among friends, of respect and being there whenever you need us. Our staff and management team will become a reliable, reassuring part of your life, helping to maximise your independence wherever possible. We aim to ensure that you feel valued, listened to and cared for with dignity. It is all part of what we at Australian Unity call 'Better Together'. Our Better Together® philosophy guides the way we provide support and services to you.

CONNECT	RESPECT	MAKE IT POSSIBLE
We engage with you to help you connect with others in the community.	We support your preferences and choices as an expression of your individuality.	Whatever your request, we will do everything in our power to make it happen.

Your own tailored and individual space

We understand the importance of your privacy, individuality and independence. Each of our private rooms has been purpose-built to enhance mobility, accommodate your changing needs and nurture your privacy and independence.

Your room is your own haven in which to relax, read, spend time with visitors or catch up on your favourite television shows. We encourage you to personalise your room by bringing along treasured items such as photos, artwork and mementos from your favourite holidays or special occasions.

At Peninsula Grange, your loved ones and friends are also welcome to stay with you in your room if ever you wish for them to be close by.

Your private room includes:

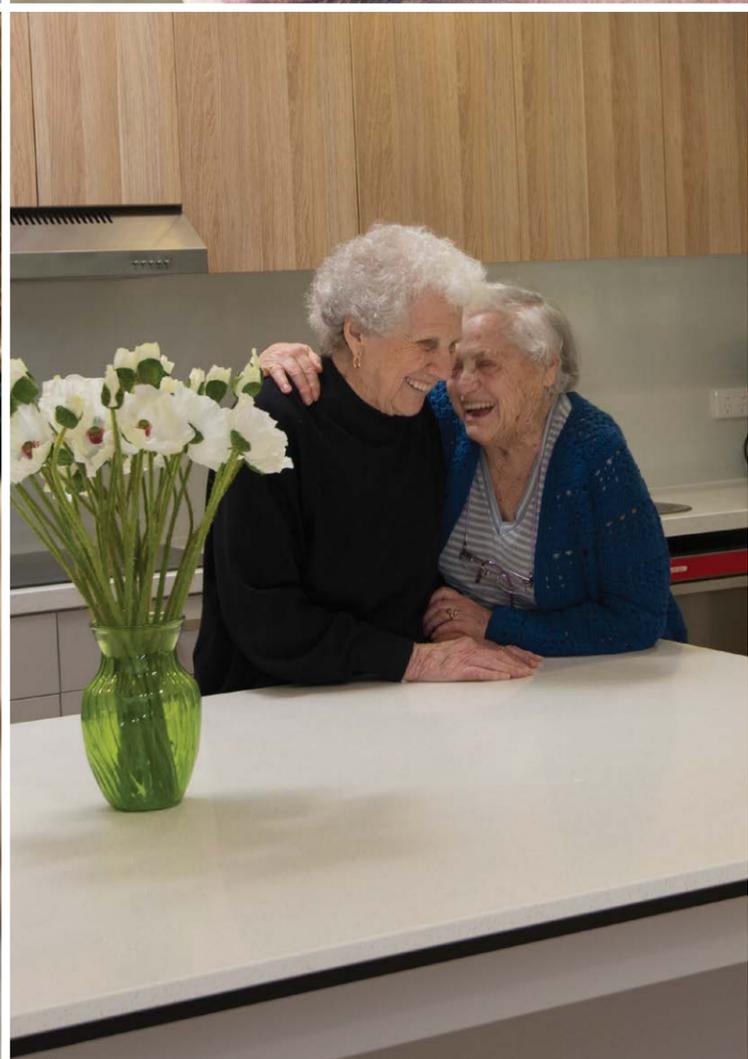|			
Built-in wardrobe	Built-in desk	Display shelving	Ensuite
Foxtel capabilities	Heating and cooling	Lifting rail	Newspaper on request
Personal safe	Sensor lighting	Skype/internet access	Smart TV
Storage	Telephone	Therapeutic bed	Wheelchair access

Activities and facilities to suit your individuality

From the moment you arrive at Peninsula Grange, you will notice the bright open spaces and the quality, style and innovation of design. Key safety features such as security doors, handrails and comfortable seating blend seamlessly with the beautifully designed surroundings.

Our professional staff will help you navigate and organise everyday necessities and activities, giving you more time to enjoy doing the things you choose. It is important you do not miss out on the things you are used to doing, so if you want to do something like go and see a play, or go away for a weekend with loved ones, Australian Unity can support you to do this.

Available for you at Peninsula Grange:

Barbecue area	Beauty salon	Care Companions	Craft activities
Memory support	Exercise areas	Flexible visiting hours	Fresh meals
Hairdressing salon	Library	Leisure programs	Music activities
Open plan kitchens	Personalised wellbeing programs	Pharmacy services	Piano
Social outings	Special event functions	Visiting health practitioners	24-hour care

It's your place, at your pace

We know how important privacy is, as well as the need to socialise and have an enjoyable time with friends and loved ones. You have the best of both worlds here, as you can enjoy the privacy of your room and when you feel like it, step outside your door to join in a meal, discussion or activity.

We are keen to understand and respect your wishes, so if you feel like cooking your favourite meal, setting up a card-playing group, or establishing sewing club, just mention it. Outdoor barbecue and exercise spaces are beautifully landscaped and there is a playground for visiting grandchildren and little ones to enjoy.

When it is your birthday or you have a special occasion like an anniversary coming up, we will talk with you about how you would like to celebrate. Underpinning everything we do at Peninsula Grange is a sense of belonging and support tailored for you. If you do not wish to participate in a particular activity or hobby, we understand and respect this. It is all about choice, flexibility and individuality.

A location you can enjoy

Peninsula Grange is located in Mornington, approximately one hour's drive from Melbourne's central business district. This vibrant, bustling seaside town has many attractions, including a range of retail outlets, the sparkling waters of Port Phillip Bay and the picturesque seashore.

The Mornington Peninsula offers many opportunities, from outings to other coastal locations like Sorrento and Portsea, to sightseeing historic buildings and visiting a wonderful array of famous wineries and restaurants.

Friendly and professionally-trained staff

Australian Unity chooses all staff at Peninsula Grange carefully, focusing on empathetic, highly-skilled and trained professionals to provide an excellent level of personal care. All of our staff members are thoroughly police checked, reference checked and experienced in aged care and health care, many with specialist experience in dementia and palliative care.

When you arrive at Peninsula Grange, you will receive tailor-made care and attention. We take the time to understand your food preferences, sleeping habits, physical abilities, emotional needs, hobbies and interests, making it easier to help you feel comfortable and at home. Respectful interactions, dignified care and thoughtful attention to detail are our promise to you.

About Australian Unity

Australian Unity is one of Australia's oldest companies, with origins dating back more than 175 years. We were in Australia before the gold rushes, before Ned Kelly was born and before there was a telegraph or railway between Melbourne and Sydney.

Over the years we have grown in many ways, but we have always promoted the wellbeing of everyday Australians. For instance, back in the 1890s one of our founding organisations campaigned for Australia to become a Federation. Australia's first two prime ministers, Sir Edmund Barton and Alfred Deakin, were both members of our society. So was the first Australian-born Governor General in 1930, Sir Isaac Isaacs.

Today, Australian Unity actively identifies and helps solve a diverse range of health, financial and lifestyle needs of our members, customers and the broader community so that they can thrive.

As a mutual company, Australian Unity is owned by its members rather than shareholders. This means that we do not pay any of our profits to shareholders, but rather reinvest them back into further services to directly support our members and customers.

Peninsula Grange Aged Care

**Please phone us to
arrange a personal tour.**

**1300 160 170
australianunity.com.au/aged-care**

2 Booker Avenue
Mornington VIC 3931

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About the illustrations

The custom illustrations for Peninsula Grange were inspired
by the selection of striking native plants often found by Port
Phillip Bay, including bottlebrush, grevilleas and banksia seed
pods. The illustrator, Shelby Koelewyn, drew the flora from
real life at Peninsula Grange.