

# Welcome home

MARSFIELD RESIDENTIAL AGED CARE



A luxury home with all the comforts





We believe that we're responsible for looking after the world we live in and for sharing and sustaining the resources the earth gives us, so that future generations can enjoy the same benefits that we do. Printed on recycled paper.



# A community with a warm heart

If you're looking for a luxury, personalised, aged care home with premium services and a friendly atmosphere, then Marsfield Residential Aged Care is the place for you.

Conveniently located on a quiet residential street next to historic Curzon Hall, you're close to family and friends and the community you know and love.

Our beautifully appointed home is a step above the others. Offering a range of private suites with garden views, together with quality service and the reassurance of round-the-clock care, you'll enjoy hotel-like experience without sacrificing the comforts of home.

Our friendly, professional team go out of their way to create a homely environment where you'll easily make friends and never be bored. With an ever-changing schedule of activities and social events you're able to get involved with activities that suit you.



A curved, illuminated yellow wall in a modern interior setting. The wall is the central focus, glowing with a warm yellow light. Above the wall, a thin strip of recessed lighting is visible. In the background, there are shelves with decorative items, including a vase with flowers and a small plant. The overall atmosphere is warm and contemporary.

## Live life on your terms

We believe that individuality is one of the greatest gifts of being human. You're unique and your life here should be too. Our home is designed to encourage freedom and independence and to provide a warm and welcoming community where you'll be accepted for who you are, surrounded by people who'll take the time to get to know you. Whether it's improving your health, or exploring ways to boost your independence and social connections, we want to discover what's important to you.

Our 'customer at the heart' philosophy means that your happiness and wellbeing are our priority. Our highly trained and experienced care staff, registered nurses and medical specialists provide discreet, respectful service round-the-clock to support your physical, emotional, intellectual, social, and spiritual wellbeing. Your care plan, services and lifestyle activities all revolve around you. Everything we do is tailored to enhance your quality of life and enable you to live life on your terms.





# The easy life

Our contemporary, light-filled, private single suites are elegantly styled to create an environment that delivers maximum comfort, convenience and privacy.

Featuring private ensuite bathrooms and garden views, our suites create a peaceful, private oasis for you to enjoy. Relax in style, enjoy breakfast in bed or keep the curtains closed and sleep in. It's up to you.

Our suites are designed to be inviting, liveable, yet stylish. All that's required is for you to give it your personal touch with photos, mementoes, artwork, or even some of your own furniture. Whatever you need to make it your home.

## Features

- Private single suite
- Private ensuite bathroom
- Air conditioning
- Optional private TV & radio
- Optional Pay TV
- Optional private telephone
- Optional private Internet
- Electric powered bed
- Vanity unit
- Wardrobe
- Secure storage
- Nurse call system



**Private, suite**  
Accessible

# Floor plans



Private, suite  
Typical



# Designed for you

Our home is designed to cater to your every need. Most importantly, it feels like home.

As soon as you walk through the door, you'll feel the sense of a welcoming community as you're greeted by smiling residents and friendly staff. Contemporary finishes, elegant decor and comfortable furniture reflect a relaxed lifestyle, while bright and airy views maintain a connection to the outdoors.

Here you can enjoy the peaceful garden views or simply relax and bask on your patio or balcony.

At Marsfield Residential Aged Care you'll enjoy a life of comfort and convenience that's supplemented with professional services and round-the-clock support from highly trained and experienced care staff, registered nurses and specialists.



## Features

AR Activity room  
BQ Barbeque area  
CF Café  
CH Chapel  
DR Dining room

GA Gardens (secure)  
HB Hair and beauty salon  
LR Lounge rooms  
SR Sun room  
VR Verandahs (secure)

# Nutritious meals



Dining with friends is a highlight of the day for many of our residents, thanks to our in-house catering. Nutritious and delicious seasonal menus are prepared using fresh, local produce offering plenty of choice.

Special dietary requirements are happily catered for. Your visitors are also very welcome to join you for meals for a nominal fee and you can also choose to have your meal in your room if you prefer.



We've all grown accustomed to enjoying a visit to a local café for a slice of cake or a cappuccino. Combining a friendly, relaxed atmosphere with a touch of elegance, our Café is the perfect place to relax and catch up with friends and family.

Come as a group, or pop in on your own to quietly read the paper and enjoy a great cup of coffee.

# Look and feel beautiful



A haircut, a smile and a friendly chat are just the beginning. There's nothing that lifts your spirits quite like getting a makeover and at our hair and beauty salon, looking and feeling beautiful are guaranteed.

Whether you'd like to try out a completely new look or just want a slight touch-up, our hairdresser can work her magic on you.

# A touch of nature



If you want to take in the fresh air you can enjoy our beautifully landscaped and maintained gardens. There's even a walking group you can join in with if you fancy some company. Alternatively, simply relax and bask on a sunny verandah, reading a book or chatting with friends.

Seating areas allow you to enjoy the solitude of a quiet corner of the garden and if you have a green thumb, you may want to partake in some horticultural activities of your own.



# Services at your fingertips

Forget about day-to-day chores like cleaning, laundry or cooking. We'll take care of that. You get to spend your time as you see fit and live life on your terms.

Naturally, our great care and medical services are always close at hand if you need them. Our comprehensive range of services mean you have peace-of-mind knowing that, today and in the future, you'll be taken care of.



## Hotel services

- Catering
- Cleaning
- Dry Cleaning
- Hair & beauty
- Laundry
- Leisure & lifestyle staff
- Newspaper delivery
- Private functions
- Repairs & maintenance



## Care services

- Care staff onsite 24/7
- Physiotherapist
- Podiatrist
- Speech therapist
- Audiologist & hearing aids
- Continence management
- Counselling
- Dementia care
- End of life care
- Lifting of residents
- Occupational therapy
- Optometry
- Palliative care



## Medical services

- Nurses (registered & enrolled)
- Choice of doctor
- Dementia consultant
- Doctor visits
- Geriatrician
- Mental health advisor
- Mobile x-ray
- Pharmacy services
- Psychologist
- Specialist services



## Spiritual services

- Religious practitioner visits
- Weekly on-site religious services
- Access to off-site religious services
- Special religious celebrations
- Spiritual activities

# Activities & occasions

One thing's for sure, you'll never be bored. The social calendar is always full of activities and we love to celebrate. Our popular lifestyle and activities program offers a great mix of regular events, and opportunities to socialise, including shopping trips and bus excursions.

We always make the most of special occasions such as anniversaries, birthdays, cultural occasions and festivals, religious holidays and occasions that are important to you.

Alcohol is provided at Happy Hour, functions, social events, and special dinners and lunches. You're free to purchase and consume alcohol responsibly within the home provided it's medically appropriate.

Private functions can also be held in the shared community spaces and gardens by arrangement.

## Activities & occasions

- Anzac Day celebrations
- Arts & crafts
- Australia Day celebrations
- Bingo
- Birthday celebrations
- Bus excursions
- Card & board games
- Christmas celebrations
- Concerts
- Easter celebrations
- Entertainment
- Exercise classes and programs
- Happy hour
- High teas
- Individual programs
- Memory enhancing activities
- Men's group
- Movie days
- Movie library
- Music therapy
- Outdoor bowling
- Painting
- Pet therapy
- Queen's Birthday celebrations
- Quiz & trivia
- Remembrance Day
- Shopping trips
- Sing-alongs
- Social events
- Theme days
- Walking groups





# Relax & be yourself

Home is a place where you can truly relax and be yourself, knowing that you're safe and sound.

Contact with loved ones is vital for your health and wellbeing and we'd like your family and friends to also feel part of our extended family. There's no need to call ahead if they feel like dropping in. Your visitors will always be warmly welcomed and we can make arrangements for them to stay the night if they need to be close to you.

How you spend your time and what you do are all your choice. You can have your hair done and get a manicure, enjoy a good book and a cuppa, listen to music in one of the lounge rooms or have quiet time in the garden.

We encourage you to continue your social activities, remain part of your community and maintain your friendships and interests. We'll support your involvement in activities such as memberships to clubs, choirs, churches, men's and women's groups, and sporting organisations. We'll also help if you want to try new activities or join social groups within the local community.

# The Southern Cross Care difference

Southern Cross Care is a leading not-for-profit aged care specialist. Our name is known and trusted throughout NSW & the ACT where we've been a part of the community for nearly 50 years.

We offer a full spectrum of integrated services to provide you with options, choice and support for how you choose to live your life, today and tomorrow. Whether it's discovering a retirement community lifestyle, tapping into help at home, improving your health, exploring ways to boost your independence and social connections, or selecting comfortable, supportive care in one of our Residential Aged Care homes, you have peace of mind knowing that whatever your needs may be, you have a relationship with a provider that has it covered.

We believe that individuality is one of the greatest gifts of being human. Our 'customer at the heart' philosophy means that your happiness and wellbeing are our priority. We celebrate and respect diversity and welcome all, regardless of faith, ethnicity, sexual orientation, gender identity and lifestyle choices. We recognise you as a whole person and support your physical, emotional, intellectual, social, and spiritual wellbeing. Everything we do is tailored to enhance your quality of life and enable you to live life on your terms.





## What to do next

Just call us or contact us online. We can talk with you and your family to understand your needs, answer any questions that you might have and take you on a tour of the home you're interested in.

We can also help guide you through the process and paperwork associated with applying for subsidised funding including getting an Aged Care Assessment.

Moving into a Residential Aged Care Home is a big decision and we recommend that you also seek independent financial and legal advice before entering into any agreement.

Call us on **1800 632 314** or contact us online at [scliving.org.au](https://www.scliving.org.au)

# Where you can find us



## Home Care Services

Our Home Care services are available extensively across metropolitan and regional locations in NSW and the ACT.



### Retirement Communities

#### NSW Metropolitan

##### Central Coast

- Bateau Bay
- Caves Beach

##### Illawarra Shoalhaven

- Thirroul

##### Sydney East

- Maroubra
- South Coogee

##### Sydney North

- Manly Vale
- Marsfield
- West Pennant Hills

##### Sydney South

- Caringbah
- Kirrawee
- Marrickville

##### Sydney West

- Merrylands West
- Plumpton

#### ACT

- Braddon
- Campbell
- Garran
- Yarralumla

#### NSW Rural & Regional

##### Northern NSW

- Banora Point
- Tweed Heads South

##### Riverina

- Corowa
- Lavington
- Moama

##### South West Slopes

- Cootamundra
- Harden
- Temora
- Young

##### Western NSW

- Parkes



### Residential Aged Care

#### NSW Metropolitan

##### Central Coast

- Bateau Bay
- Caves Beach
- Swansea

##### Sydney East

- Daceyville
- Maroubra
- South Coogee

##### Sydney North

- Marsfield
- Turramurra
- West Pennant Hills

##### Sydney South

- Sutherland

##### Sydney West

- Greystanes
- Merrylands West
- North Parramatta
- Plumpton

#### ACT

- Campbell
- Garran

#### NSW Rural & Regional

##### Northern NSW

- Banora Point
- Casino
- Grafton
- Tweed Heads South

##### Riverina

- Corowa
- Lavington
- Moama

##### South West Slopes

- Cootamundra
- Deniliquin
- Harden
- Leeton
- Young

##### Southern NSW

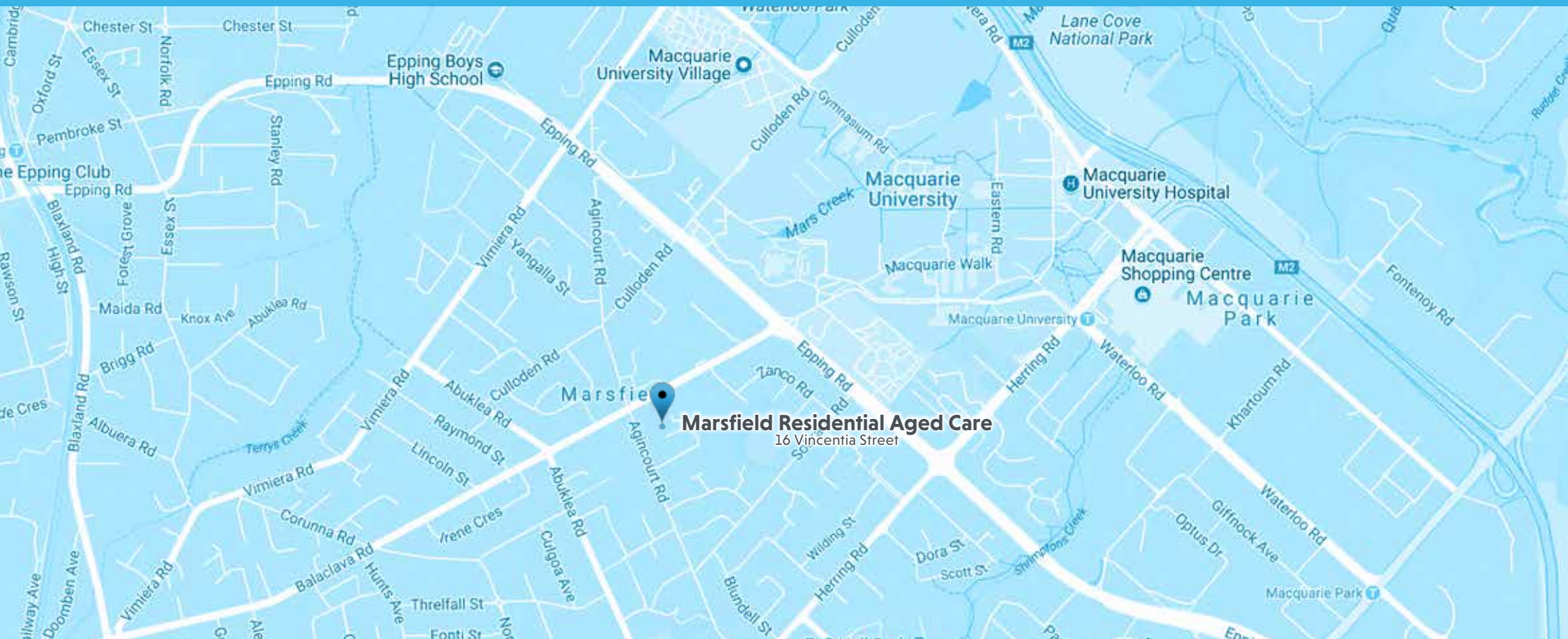
- Bombala
- Goulburn

##### Western NSW

- Parkes

# Contact us

If you'd like more information, help or advice, just get in touch and we'll give you all the information and support you need to make an informed decision that's right for you and your family.



## Marsfield Residential Aged Care

16 Vincentia Street  
Marsfield NSW 2122

Call: **1800 632 314** (free call)

Visit: [scliving.org.au](http://scliving.org.au)

**Bus services:** 300 m

**Trains services:** 2 km

**Nearest shops:** 750 m

**Nearest hospital:** Macquarie University Hospital – 2 km

**Nearest ACAT:** Eastwood – 1800 200 422

