

## *Cowra Community Care Services*

*CDC (Consumer Directed Care)*

*&*

*Private Service*

CDC'S are a coordinated plan of care to assist a person to maintain independence in their own homes that is aimed to meet the needs of the client.

CDC'S offer a range of services including:

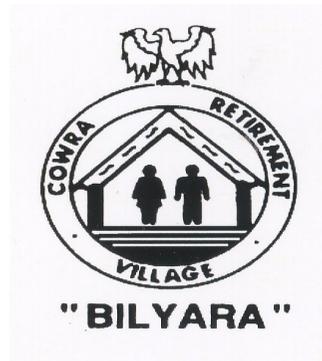
- \* Assistance with showering-bathing and personal care
- \* Domestic assistance
- \* Shopping
- \* Meal preparation
- \* Transport to appointments
- \* Medication assistance—monitoring
- \* Social Support
- \* Home Modifications
- \* Podiatry and much more



For more information contact Jolanda

Phone: (02) 6341 1666

Email: [homecare@bilyara.org.au](mailto:homecare@bilyara.org.au)



**COWRA RETIREMENT VILLAGE LTD**

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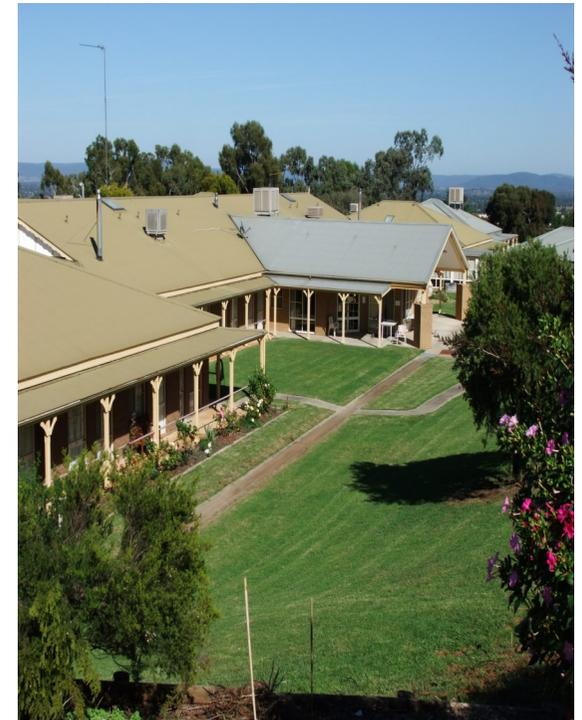
**Care Manager Nicole Lawrence**

**[caremanager@bilyara.org.au](mailto:caremanager@bilyara.org.au)**

## **COWRA RETIREMENT VILLAGE LTD**

*Bilyara Hostel*

*Residential Aged Care , Respite  
And  
Cowra Community Care Services*



**Phone (02) 6341 666**

# Residential and Respite Care

“Bilyara” was opened in March, 1988.

There are sixty eight bed/sitting rooms, three lounge rooms, kitchen, dining room, laundry, chapel, library, hairdressing salon, massage room and a training/clinic room.

The building has two courtyards, with many of the bed/sitting rooms opening onto them, giving a very pleasing aspect. The front verandah has magnificent views of the lovely Lachlan Valley.

**Respite Care**— Two rooms at Bilyara Hostel have been set aside for Respite Care. People from the community can stay with us for up to nine weeks in any one year, and then return to their families or homes.

**Personal Care**— We have trained Personal Care staff who assist residents with showering, dressing, medication etc. if this is needed.

All Bilyara Hostel units are single rooms to ensure your privacy, they consist of:

- \* Separate ensuite with shower, toilet and wash basin
- \* Built-in wardrobes
- \* A refrigerator
- \* A bed and bedside cupboard
- \* TV aerial is also provided.

We encourage residents to furnish the room with their personal items and according to their own taste.

The hostel provides a clean change of linen each week, blankets and pillows for each room. Some residents prefer to bring their own “doonas”, bedspreads, pillows etc., and this is perfectly acceptable.

Cowra Retirement Village, is a totally integrated complex consisting of four campuses on the same block accommodating:

25 self-care units at Kalyan Court,

16 self-care units at Bellevue Lodge,

9 self-care units at Kiah Place.

68 hostel units in Bilyara Hostel

And 14 Bed Dementia Wing.



*Kaylan Court*

*Kiah Place*



*Bellevue Lodge*

