



# Welcome to **Wallahah Point** Care Community



## **Discover why this could be your best move yet**

At Wallarah Point Care Community we encourage our residents to live a life of meaning and purpose – that's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Located on NSW's Central Coast with stunning views over Tuggerah and Budgewoi lakes and nearby beaches, our home is a warm and inclusive community where everyone is welcome and connection is at the heart of our care. Residents and their families can enjoy being close to the water, local Toukley shops and the Westfield Shopping Centre at Tuggerah. Our home features beautifully appointed living spaces, with single and companion rooms, all with ensuite bathroom. Our expansive outdoor areas with alfresco dining areas and water views, provide peaceful spaces to enjoy time with family and friends.

Ageing is living

# Experience the Opal HealthCare difference at Wallarah Point



## Daily life

We're a creative community with artists and craft enthusiasts who enjoy our knitting, wood working and painting groups, and our resident florists love creating beautiful arrangements in our dedicated flower room. For those who are music-lovers, we encourage music and song around our grand piano and our foodies love taking part in our Chef masterclasses. We always look after one another with warmth and a friendly smile.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Fresh and nutritious chef prepared meals
- Seasonal menus
- Regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Active community engagement



## Home

- Modern rooms with single beds, bedside table, armchair, built-in robe, flat screen TV, soft furnishings
- 4 room types, all single with ensuite, up to 22.5m<sup>2</sup>
- Companion suites available up to 40.5m<sup>2</sup>
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyards
- Café onsite open to the community
- Hair salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Phone:** 02 4397 6100

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**Our purpose is to bring joy to those we care for.**

Part of the  **HealthCare** family