



THOMPSON
HEALTH CARE

AVALON HOUSE





In 2014 Douglas Thompson AM had the great honour of being awarded a Member of the Order of Australia for significant service to aged care. He received this from Professor The Honourable Dame Marie Bashir AD, CVO, then Governor of New South Wales.





Live where ocean meets bush...

Avalon House sits in the beautiful bushland and lush wetlands of Careel Bay, near the bohemian village of Avalon, just minutes from both the ocean and the tranquillity of Pittwater.

Thompson Health Care ensures living here means exciting new opportunities for your next stage of life. Avalon House is a modern home featuring luxury ensuite rooms with flat screen televisions and Foxtel, large windows for natural light, gardens and leafy outlooks. Spacious living areas and sun-filled balconies are all part of this home on Sydney's Northern Beaches. Distinguished interior designed spaces feature unique local artworks by Megan Barrass.

“I love my home here at Avalon House. The staff and other residents are just like family and I look forward to seeing them every day.”

Avalon House resident

Join new friends for a cappuccino in the coffee shop, have afternoon tea on the covered terrace while watching native birds frolicking in mangroves. You might want to play bowls, take part in regular bus outings or the weekly live entertainment, or enjoy a hobby group.





“Aged care also includes supporting the families of our residents, which my staff and I find very rewarding.”

Sandy Matthews
Director of Nursing, Avalon House





FAMILY

With ten nursing homes in New South Wales stretching from Bowral in the Southern Highlands to Kempsey on the mid-north coast, Thompson Health Care is a family owned and operated company with over four decades of experience.

The Thompson family believes each of our residents is entitled to the highest standards of professional care, a comfortable and secure environment, privacy, dignity and participation in personal care decisions.

Our commitment to continuous quality improvement is second to none, and we offer attention to detail like no other. The lifestyle programs in our homes provide residents with opportunity to engage in social and recreational activities and experiences.

Douglas Thompson AM has owned and operated the group for over 45 years, and his three daughters have all elected to continue the tradition of care, each contributing their individual professional skills.

OUR PROFESSIONAL STAFF

We take pride in our well-educated staff – not just their formal qualifications, but what they learn every day when they come to work. Thompson Health Care is dedicated in our duty to continuously educate our staff so our residents and their families can feel secure in the knowledge they are receiving the best care. Staff are chosen not just for their experience, but for their commitment and passion in aged care.

“My family believes our residents deserve nothing less than excellence.”

Douglas Thompson AM, Proprietor, Thompson Health Care



CARE

We offer 24-hour Registered Nurse care. Avalon House features private luxury ensuite rooms with reverse cycle air conditioning and flat screen televisions. General Practitioner services are available or your own doctor may visit at any time.

LIFESTYLE

With an onsite café and a variety of recreation activities you'll never want for company. You might even find a new hobby or maybe join a men's group or have a ladies' lunch with a glass of champagne. There are card groups, bowling competitions as well as book club and beautiful walks around the neighbouring wetlands. There is weekly live entertainment and many bus outings. Residents also have the luxury of an in-house cinema.

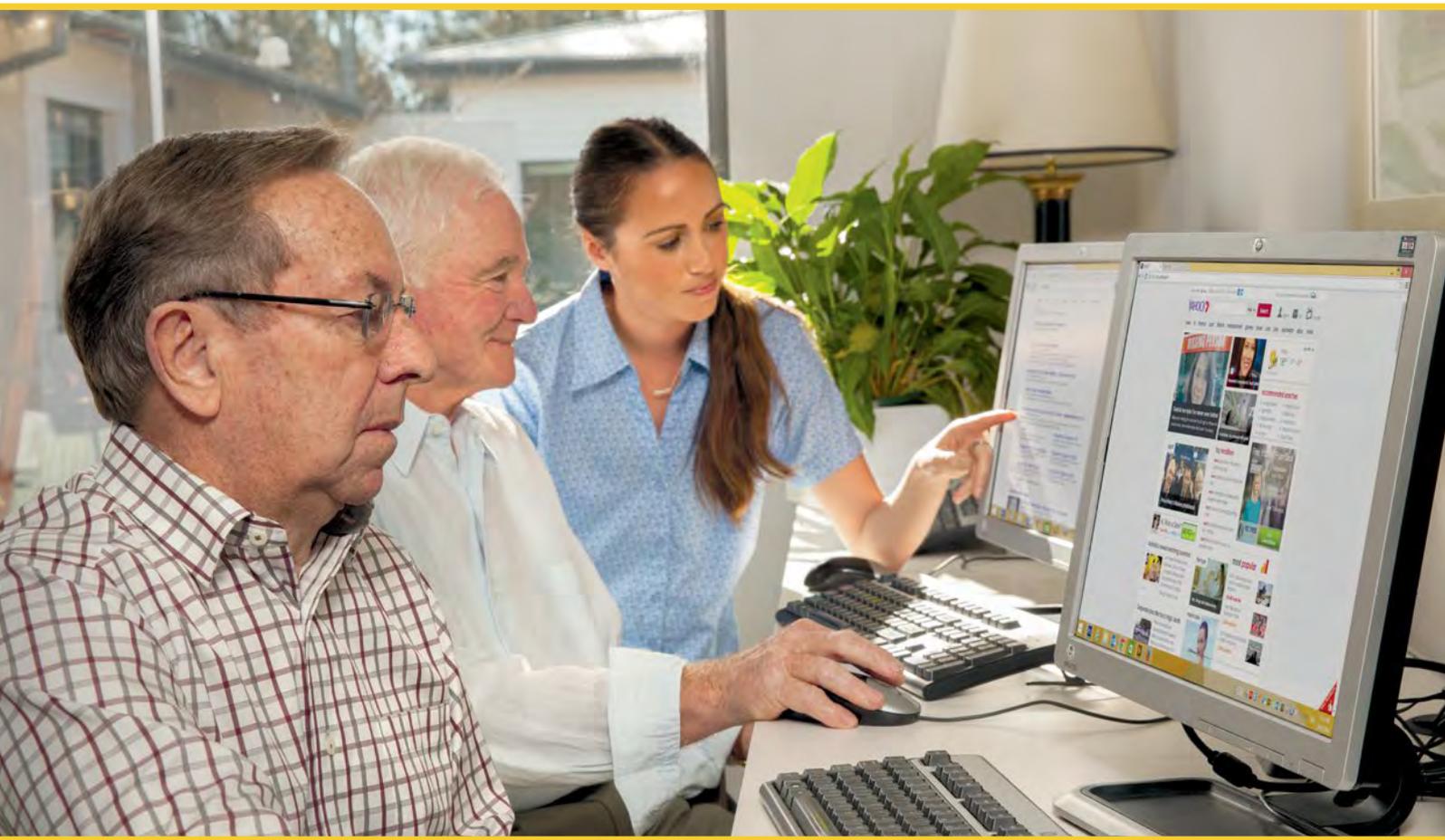
DEMENTIA

The dementia unit also features luxury ensuite rooms. The unit includes a specialised dementia dining room, enclosed and secure garden and outdoor area, and nightly massage therapy.

“The tranquillity of Avalon House and the wonderful staff make it a special place for residents to live and enjoy life.”

Douglas Thompson AM, Proprietor





RELAX

Unwind with dedicated hair and beauty salon, personalised physiotherapy management, complementary individualised aromatherapy program, reflexology and massage services.

DINING

Relax with a glass of wine or coffee on the terrace while Avalon House's on-site chef prepares a seasonal menu each day offering comforting favourites and using fresh and local produce.

YOUR FAMILY

At Avalon House we care about your family too. We host regular events and special functions which allow residents to invite family and friends to socialise. Just like home, you can choose to entertain family and friends in our private dining room, or maybe have a friend for a quiet afternoon tea in your room.



Macleay Valley House ●

MID NORTH COAST

CENTRAL COAST

NORTHERN BEACHES

● Tarragal House
● **Avalon House**
● Terrey Hills Nursing Home
● Mona Vale House
● Wahroonga Nursing Home (coming in 2016)
● Seabeach Gardens
● Turramurra House

SYDNEY

● Boronia House, St Mary's (coming in 2016)
● Milford House

SOUTHERN HIGHLANDS

● Abbey House
● Bowral House

Thompson Health Care Homes

ABBAY HOUSE

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BOWRAL HOUSE

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MACLEAY VALLEY HOUSE

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MILFORD HOUSE

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MONA VALE HOUSE

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SEABEACH GARDENS

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TARRAGAL HOUSE

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TERREY HILLS NURSING HOME

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TURRAMURRA HOUSE

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Indulge in your next stage of life...

CALL FOR AN APPOINTMENT
TO VISIT AVALON HOUSE
SANDY MATTHEWS
DIRECTOR OF NURSING

AVALON HOUSE

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