THOMPSON
HEALTH CARE

Tarragal House

107 Karalta Road, Erina

Imagine Your Life...

Situated on the beautiful Central Coast of New South Wales, Tarragal House offers high level care with 24-hour supportive Registered Nurse care in luxury surrounds.

Thompson Health Care ensures that living here means exciting new opportunities for your next stage of life – luxury rooms with flat screen televisions and large windows for natural light. The home features beautiful courtyard gardens with English, French and tropical garden themes that provide the perfect place to relax. Interior designed living areas feature unique local artworks by Megan Barrass and other artists.

Join new friends for a cappuccino in the on-site coffee shop, have afternoon tea in a sun-drenched courtyard or read a book in the living room. You might want to join the craft group or do some gardening. Join in the weekly live entertainment or one of the many bus outings.

Professional Staff

We take pride in our well-educated staff – not just their formal qualifications, but what they learn every day when they come to work. Thompson Health Care is dedicated in our duty to continuously educate our staff so our residents and their families can feel secure in the knowledge they are receiving the best care. Staff are chosen not just for their experience, but also for their commitment and passion in aged care.

Tarragal House is an elegant, modern home in a superb setting, offering residents the quality they expect.

Tarragal House

Care

We offer 24-hour Registered Nurse care. Your own doctor is welcome to continue care or we are happy to find a suitable medical practitioner for you if needed. Tarragal House has 102 beds with light-filled luxury rooms with reverse cycle air conditioning and flat screen televisions.

Lifestyle

With an on-site coffee shop and a variety of recreational and social activities you'll never want for company. You might even find a new hobby or maybe join the book club or enjoy a high tea. There is weekly live entertainment and many bus outings to places such as the Hunter Valley Gardens, spectacular local beaches or a cruise on lovely Brisbane Waters.

Relax

Unwind with dedicated hair and beauty salon, personalized physiotherapy management, complementary individualised aromatherapy program, reflexology and massage services.

Dining

As well as the coffee shop, our in-house chef offers a daily menu of home cooked meals served in one of our dining rooms. Of course you may chose to dine in your own room if you prefer. Relax over a glass of wine and enjoy seasonal favourites including fresh salads, hearty soups, barbecues and braises.

Family

At Tarragal House we care about your family too. We host regular events and special function days to allow residents to invite family and friends to socialise. Just like home, on special occasions you may choose to invite a family member or friend to join you for a meal, or you might book our party room to hold a family morning or afternoon tea.

"Our goal is to make our homes reminiscent of our residents' own homes with luxury finishes. Our residents deserve a home in which they are proud to live."

Doug Thompson, Proprietor

"My family believes our residents deserve nothing less than excellence."

Doug Thompson, Proprietor

Family Care

With ten nursing homes in New South Wales stretching from Bowral in the southern Highlands to Kempsey on the mid-north coast, Thompson Health Care is a family owned and operated company with over 40 years' experience.

The Thompson family believes each of our residents is entitled to the highest standards of professional care, a comfortable and secure environment, privacy, dignity and participation in personal care decisions. Our commitment to Continuous Quality Improvement is second to none.

Doug Thompson has managed the group for nearly 40 years, and his three daughters have all elected to continue the tradition of care, each contributing their individual professional skills.

Thompson Health Care Homes

1. Abbey House

300 Range Road
Mittagong NSW 2575
Ph: 4871 1085 Fax: 4872 4093
theabbey@thc.net.au

2. Avalon House

14-16 John Street
Avalon NSW 2107
Ph: 9973 0900 Fax: 9973 0950
avalonhouse@thc.net.au

3. Bowral House

87-89 Kangaloon Road
Bowral NSW 2576
Ph: 4862 8900 Fax: 4862 8950
bowralhouse@thc.net.au

4. Macleay Valley House

80-114 Macleay Street
Frederickton 2440
Ph: 6561 0900 Fax: 6561 0950
macleayvh@thc.net.au

5. Milford House

2-4 Milford Street
Randwick NSW 2031
Ph: 9398 3659 Fax: 9398 2568
milford@thc.net.au

6. Mona Vale House

33 Bassett Street
Mona Vale NSW 2103
Ph: 9910 7900 Fax: 9910 7950
monavale@thc.net.au

7. Seabeach Gardens

26 Darley Street
Mona Vale NSW 2103
Ph: 9997 6383 Fax: 9997 8598
seabeach@thc.net.au

8. Tarragal House

107 Karalta Road
Erina NSW 2250
Ph: 4365 5066 Fax: 4365 5085
tarragal@thc.net.au

9. Terrey Hills Nursing Home

42 Booralie Road
Terrey Hills NSW 2084
Ph: 9450 1719 Fax: 9450 1227
thnh@thc.net.au

10. Turramurra House

34 Curagul Road
Turramurra NSW 2074
Ph: 9144 2444 Fax: 9983 0937
turramurra@thc.net.au

Contact

Imagine your life at Tarragal House today

Call for an appointment to visit:
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