

Key Feature Statement

Cootamundra Residential Aged Care Facility



Southern Cross Care (NSW & ACT) is a welcoming organization providing services and accommodation within a caring Christian setting. We are committed to an ongoing focus on the quality of life and wellbeing of our residents. We are guided by our vision statement of assisting residents to **'live life to the full'**.



Our Cootamundra Residential Aged Care Facility offers 55 single rooms including 14 dementia specific rooms, all of which have private ensuite bathrooms. All residents have access to 24 hour emergency call systems and staff are on duty at all times to provide care and assistance. The facility is situated in a quiet col de sac with ample parking and offers an enhanced lifestyle for older persons in a relaxed community environment. The single level layout and level surrounds are all wheelchair and walking aid accessible. We strive to maintain a homelike environment and uphold a strong focus on providing quality and meaningful care services by experienced and friendly staff.

Key Feature Statement Accommodation

The Room

All rooms have a private ensuite bathroom and are well maintained with the walls repainted on the entry of a new resident. Room sizes are between 25.9 square meters (exclusive of the ensuite bathroom) and have large robes, ceiling fans, heating and some include patios and kitchenettes. Rooms either have outlooks of the township or look over our internal gardens. The rooms include an electric bed, nurse call systems in the bedroom and bathroom, a smoke alarm, a fire sprinkler, curtains, a wardrobe, a heater and a vanity with built in mirror.

Common Areas

Our facility has an array of different common areas to enrich the daily lives of our residents. These areas provide places of tranquility and relaxation as well as places of stimulation and activity. Our aim is to offer variety to our residents' and harmonious spaces where they are able to relax alone or interact with each other, family members and our carers. Our homelike dementia specific units have been designed to support residents in a safe and secure space that promotes independence and allows opportunities for meaningful activities.

Lounge areas are spacious with plenty of natural light. Carpets and curtains add warmth to the rooms and the furniture is comfortable and classic in design. All the common areas are equipped with both air-conditioning and heating. Activities and recreation areas are furnished to suit the use of the rooms with washable surfaces.

Common Area	Size (m2)	Description
Dining Room x 2	1 x 91 1 x 43.5	<ul style="list-style-type: none"> • Tables of 4 • Great condition • Windows are covered with bright curtains • Furniture encourages social interaction over meals • Spacious • Comfortable chairs • Smaller dining room for residents uncomfortable in a large dining setting
Activities/Lounge/Quiet Room	152	<ul style="list-style-type: none"> • New timber vinyl • New furnishings • Excellent condition • Large windows • Café style artworks on the feature wall • comfortable chairs and tables • Sensory, physical, musical, creative and daily living activities • Single and 2 seat lounges • Large flat screen TV • Quiet area provides calming atmosphere for agitated resident • Landscape scene print • CD Player
Recreation Room	57.5	<ul style="list-style-type: none"> • Piano • Flat screen TV • DVD Player • CD Player • Group exercises • Entertainment • Movies • Well-kept condition • Comfortable lounges • Single chairs • Opens onto a covered verandah
TV Lounge	34	<ul style="list-style-type: none"> • Large windows • Large wall mounted flat screen TV • Comfortable lounges • Doors and windows open onto a courtyard • Cosy atmosphere • Well maintained
Reading Lounge	42.5	<ul style="list-style-type: none"> • Large windows • Extensive range of reading material • Large timber bookshelves • Comfortable lounge chairs • Glass doors open onto the courtyard • Payphone
Activities Room	156	<ul style="list-style-type: none"> • Large windows • Spacious • Large tables • comfortable chairs • Great condition • Craft • Bingo • Hoy • Painting • Happy hour • Volunteers provide hairdressing services • Northwest facing wall comprised mainly of glass for natural light
Coffee Shop	78	<ul style="list-style-type: none"> • Open each Tuesday afternoon • Large windows • Timber tables and chairs • Large buffet hutch • Warm and homelike • Tub chairs with side table • Kitchenette • Microwave • Hot water urn • Great for family and visitors
Outside Courtyards x 2	1 x 480 1 x 144	<ul style="list-style-type: none"> • Meals are served in the area when the weather is suitable • Large covered areas • Excellent condition • Several wooden tables and chairs • lawn and raised garden beds • Water Feature • Meandering paths • Secure Area

Key Feature Statement

Activities and Services

Activities

Weekly Programs

- Walking Group
- Singalongs
- Music Therapy
- Quiz/Trivia Nights
- Movie Days
- Men's Group
- Luncheons
- Individual Programmes
- Happy Hours
- Exercise classes
- Entertainment
- Cultural Activities
- Spiritual Activities
- Concerts
- Card Games
- Bus Excursions
- Bowling (indoor)
- Bingo/Housie

Religious Activities

- Special religious celebrations
- Practitioner home visits
- Access to services off-site
- Weekly On-site service

Services

Onsite Staff

- Facility Manager
- Deputy Manager
- Clinical Staff (Including RNs and ENs)
- Care Staff 24/7
- Leisure and Lifestyle Staff
- Physio Aid
- Catering Staff
- Hotel Services (Including Laundry & Cleaning)
- Maintenance
- Workplace Health and Safety / Quality Officer
- Pastoral Care

Scheduled Visits by Care Professionals

- Speech Pathologist / Therapist
- Podiatrist
- Psychologist
- Physiotherapist
- Palliative Care Team
- Hairdresser/Beauty
- Mobile X-Ray
- Dementia Consultant
- Mental Health Advisor
- Geriatrician
- Audiologist
- Continence Adviser
- Other Allied Health as Required

Location and Transport

- Close to trains (2km)
- Close to cafes and restaurants (1km)
- Close to shopping centre (1km)
- Close to hydrotherapy (1km)

Pricing

Maximum accommodation payment amount:

Lump sum Refundable Accommodation Deposit (RAD) of \$375,000
OR equivalent Daily Accommodation Payment (DAP) of \$58.77

Payment Options:

Residents can choose to pay for their accommodation by a refundable accommodation deposit, a daily payment, or a combination of both.

A Refundable Accommodation Deposit (RAD) is paid as a lump sum amount.

A Daily Accommodation Payment (DAP) accrues daily and is payable fortnightly.

A combination of these can be paid – i.e. part of the maximum RAD can be paid as a lump sum (RAD), and the balance can be paid by an equivalent daily payment (DAP). Residents can select the combination percentages of the RAD and DAP.

An example where a resident can choose the method of payment

The maximum accommodation payment amount for these rooms is \$375,000

The resident may choose to pay 60% of the maximum accommodation payment as a lump sum RAD– i.e. \$225,000 and the balance of the maximum accommodation payment of \$150,000 (\$375,000 minus \$225,000) is \$23.51 per day.

Thus, a combination of \$225,000 RAD and \$23.51 per day DAP is the payment method selected.

A new resident has 28 days to choose the payment method, if no method is chosen the new resident will be charged the DAP.

Contact

For more enquiries please

Call 1800 LIVING (548464)

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