

Welcome to St Catherine's Aged Care Services

St Catherine's is an aged care home where the board, management, staff and volunteers are committed to the provision of excellence in care and services, with the highest regard for the worth and dignity of our residents.

As an incorporated Work of The Daughters of Charity we are proud to continue this work of humble service which is founded on the Vincentian spirit and Catholic social teaching.

Who We Are

The Company of the Daughters of Charity is an international community founded in Paris in 1633 by St. Vincent de Paul and St. Louise de Marillac. Daughters of Charity are called to serve God in the person of those who are poor and marginalised, with a spirit of humility, simplicity and charity. We are motivated by the love of Christ, strengthened by deep prayer, and supported by a life lived in common.

The first Daughters of Charity took care of the sick in their homes. Later they cared for the sick in hospitals, educated young girls in schools and cared for foundlings. They took care of galley slaves, wounded soldiers, the elderly and the insane, the marginalised. Anyone in need was the object of their care.

The Company quickly became international and is now spread throughout the whole world and tries to respond with creativity and courage to the appeals of the Church and the poor. It was on 3rd November 1926 that the first four Daughters of Charity sighted Australia, landing in Perth. They finally arrived in Sydney on November 18th.

The works of the Daughters of Charity reflect the rich traditions and values of Catholic Social teaching – promotion of the dignity of each person and the value of human life; a valuing of the common good over personal gain, solidarity with, and preference for the poor, and responsible stewardship.

"In loyal collaboration, the Sisters work jointly with others in a spirit of sharing, living the values the Company professes. Co-operation with private or public agencies enables them to offer better service and more extensive Gospel witness." (Constitutions of Daughters of Charity; C. 24 Statute 9).



St. Catherine Laboure, Daughter of Charity.

About St Catherine's Aged Care

St. Catherine's opened at Marsfield in March 1957, and was Incorporated on 22nd May 1998. It takes its name from St. Catherine Laboure who became a Daughter of Charity in Paris in 1830. For over forty years she spent her every effort in caring for the aged and infirm.

St. Catherine's continues the healing ministry of Christ by providing total care through respect and commitment to each resident and their families. This is reflected in the motto of the Service: "The Charity of Christ urges us."

Mission & Vision

Our Mission is to reveal the compassionate face of Jesus Christ through the loving and committed care of residents, families and staff.

The core values which drive our Mission are:

Respect – a high regard for the worth and dignity of each person

Quality service – responding to the needs of residents and others in a caring and professional manner.

Excellence – developing and maintaining continuous improvement.

Simplicity – honesty, integrity, transparency and clarity of focus.

Advocacy and justice – lobbying and supporting the cause of those most disadvantaged in our society.

Creativity – creative and innovative service delivery.

Pastoral Care Services

Our Pastoral Care Team is available to provide spiritual care for all residents, regardless of their Faith tradition, be it Catholic or any other denomination. We are also available to provide support for families and carers when needed. Pastoral Care focuses on the human journey.

As a Catholic facility, our role is to focus on Christian values with a deep commitment to care of the whole person. In fulfilment of the Mission and Values of St. Catherine's we participate in the healing ministry of Jesus each day.

As did the Good Samaritan of the Gospel, we aim to respond to residents and families with empathy and compassion. We strive to support all in our care, mindful of the dignity of each and every person. As Pastoral Carers we are available to share in the joys and sorrows of those who wish to share with us. We work inclusively, regardless of religious affiliation or not.

We work closely with clergy from all denominations. Through respectful listening, we honor the stories and life experiences of those who share with us.

The role of Pastoral Care is to promote life in all its fullness, providing spiritual care inspired by, and underpinned by Catholic Tradition. It is an important part of the life of a Catholic facility.

Nursing Care Services

Nursing

Our nurses are the driving force behind the provision of the highest standard of clinical care. Senior nurses mentor and coach new graduates in best practice clinical care for the aged. Our nurse's focus is on clinical care as well as the emotional and psychosocial wellbeing of our aged people. This holistic approach is an example of the commitment we have to care for the whole person.

Care Services

St Catherine's believes that relationships are the key to providing individual care and services, our care is provided with the recipient as the decision maker. Our carer's have a commitment to the individual person and their needs.

Food Services

St Catherine's Aged Care Services has a food service team led by a Chef to provide freshly cooked meals daily from a menu developed in consultation with our dietician. We provide table or room service on request and are accredited by the NSW Food authority with an A rating.

Allied Health

St Catherine's Aged Care Services provide access to professionals from a number of allied health providers. These include:

- Podiatry
- Speech Pathology
- Dietician
- Dentists
- Psycho-geriatrician
- Dementia Specialist Nurses
- Acute Care Nurses
- Palliative Care Team
- Optometry
- Physiotherapy
- Pain Clinics

Leisure & Lifestyle

"Our history and memory is what makes us who we are."

At St Catherine's we respect each person for their individuality and assist our elders to continue to live their lives through story-telling, memory boards, activities and social engagement. St Catherine's has a tailored leisure and lifestyle program that includes professionally designed programs for our residents

requiring dementia care as well as individual programs to meet the needs of all our residents. Our activities and lifestyle programs include bus and shopping trips to local venues and destinations of interest. We have two comfortable buses that are available to transport our residents wherever they need to go. Our commitment is to ensure our residents continue to be socially connected.

Volunteers

Our volunteers are people that know how to connect with our residents and give their time to enrich the lives of the elderly. The diversity of our volunteers is what sets them apart from others when they involve themselves in a wide range of programs and activities.

Our Facilities

St Catherine's Aged Care Services provide accommodation in a comfortable and spacious environment. The rooms are surrounded by beautiful gardens and the living spaces are tastefully furnished. Care is provided at all levels and respite accommodation is available. St Catherine's provides specialised dementia care, palliative care and care for the frail aged.

Our dementia care unit is staffed by hand-picked and trained nurses and is uniquely specialised to provide a relationship approach to care.

Our palliative care team is led by Toni Powell our Care Manager and a team of trained nurses.

The home like environment is perfectly suited to our frail aged residents and a culture of warmth and welcoming attitudes among the staff provide these residents with a safe and comfortable environment.

Fire Safety

St Catherine's Aged Care Services are fully compliant with all fire safety regulations and in collaboration with our fire safety contractor complete an annual fire safety statement to demonstrate our compliance. The following notice has been posted at the home as part of mandatory requirements for all aged care homes to give notice of their current fire safety systems.

NOTICE

THIS FACILITY DOES NOT HAVE A FIRE SPRINKLER SYSTEM INSTALLED IN ACCORDANCE WITH THE ENVIRONMENTAL PLANNING & ASSESSMENT REGULATION 2000. THIS REGULATION REQUIRES A FIRE SPRINKLER SYSTEM TO BE INSTALLED IN THIS FACILITY BY 1 MARCH 2016.

Admissions

Looking for the right place can be a challenge. Let our Resident Liaison help and guide you to find the best fit. We provide a personalised service with guided tours and scheduled meetings to help you make the right choice. We have a Care Manager to provide information about the clinical care we provide.