



Note: This calendar is a sample only. Activities will vary from site to site. Activities may be impacted and change based on other circumstances eg. COVID-19

Monday 2 March	Tuesday 3 March	Wednesday 4 March	Thursday 5 March	Friday 6 March	Saturday 7 March	Sunday 8 March
9:00 am Morning garden walks and room visits	9:00 am	9:00 am				
9:30 am Morning Mass Bingo	9:30 am Morning Mass Memory games	9:30 am Morning Mass Group music listening	9:30 am Morning Mass Bingo	9:30 am Morning Mass	9:30 am Bus trip	9:00 am
10:30 am Walking group Choir practice	10:30 am Gentle exercises Pet Therapy	10:30 am Carpet bowls Virtual concert	10:30 am Adult colouring in Morning hymns	10:00 am Residents meeting Chair bowling	10:30 am Bingo	10:30 am Gentle exercises
12:45 pm Cooking: Design your own pizza	1:30 pm Football tipping Bingo	1:00 pm Word games Balloon Tennis	12:45 pm BBQ lunch Pastoral care visits	10:30 am Knitting and craft Virtual concert	12:45 pm Afternoon concert and performance	1:30 pm Reminiscing time
2:30 pm Afternoon movies Classic songs sing along	3:15 pm Armchair travel to Europe	1:30 pm Pamper care with tea tasting Bible study	2:30 pm Chair soccer Arts and craft	1:30 pm Celebrating resident's birthday	12:30 pm Cats and dogs visit (pet therapy)	1:00 pm Music therapy
3:30 pm Social and emotional individual support visits Meditation in chapel	4:00 pm Social and emotional individual support visits Meditation in chapel	3:30 pm Social and emotional individual support visits Meditation in chapel	4:00 pm Social and emotional individual support visits Meditation in chapel	3:30 pm Social and emotional individual support visits Meditation in chapel	4:30 pm	4:00 pm