



# Welcome to **Treeby Parklands** Care Community



## **Discover why this could be your best move yet**

At Treeby Parklands Care Community we encourage our residents to live a life of meaning and purpose – that's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Located opposite Calleya Park in Treeby, our home has been designed to foster a sense of community with our spacious living areas and landscaped tranquil gardens, ideal for catching up with family and friends. Residents can choose to stay active at our onsite wellness centre, where a team of physiotherapists, exercise physiologists and occupational therapists support residents to achieve improved mobility, independence or overall wellbeing.

Our pet-friendly 'Paws Café' serves barista style coffee and delicious meals and snacks, and is a popular destination for our home and community.

Ageing is living

# Experience the Opal HealthCare difference at Calamvale Parklands



## Daily life

Our residents can choose to join in the many activities in our home including; our walking group, knitting club, gardening, music, or taking on a project in our popular Men's Shed. We're well connected with our local community and our retirement village neighbours join us regularly for a BBQ or morning tea. Located across from a popular local dog park, we have pets visiting our home on a daily basis, before or after a run in the park or after enjoying a special treat from our café!

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home



## Health & wellbeing

- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Dedicated Opal bus for community outings
- Pet visits and aviary
- Onsite wellness centre for personalized rehabilitation and restorative care.



## Home

- Modern rooms feature king single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- 4 room types, singles with ensuites, up to 23m<sup>2</sup>
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Café onsite
- Hair salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  Opal HealthCare family