



# Welcome to **Paynesville Gardens** Care Community



## **Discover why this could be your best move yet**

At Paynesville Gardens Care Community we encourage our residents to live a life of meaning and purpose – that’s why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Our home is located in the beautiful Gippsland Lakes region surrounded by waterways and parklands, with all the amenities of a regional town just minutes away. Nestled among sprawling landscaped gardens and courtyards, we offer expert care and warm, country-style hospitality. Our home has well-appointed indoor and outdoor living spaces, with an indoor hydrotherapy pool, bar and hair dressing salon, supporting a lively and meaningful lifestyle. Our memory care neighbourhood provides a safe and inclusive environment for residents who are living with dementia

Ageing is living

# Experience the Opal HealthCare difference at Paynesville Gardens



## Daily life

Our home is a music lover's delight, with residents either playing instruments or enjoying listening to tunes new and old. Our pool table is the scene of friendly competition particularly among our men's group, and our gardens are a haven for residents who enjoy putting their green thumbs to work. We encourage residents to pursue their interests be it painting or art therapy, or enjoying Virtual or Augmented Reality experiences that support cognition and reminiscence.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way



## Health & wellbeing

- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Opal bus for community outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Hydrotherapy pool



## Home

- Modern rooms feature single bed, bedside table, armchair, robe, flat screen TV and soft furnishings
- 3 different room types, single with private ensuite or companion share, up to 26m<sup>2</sup>
- Well appointed lounge and dining areas
- Landscaped gardens and courtyard area
- Hair salon
- Welcoming communal areas



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Fresh and nutritious chef prepared meals
- Primary and allied health
- Sensory gardens and memory supports
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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