



# Welcome to **Carseldine Greens** Care Community



## **Discover why this could be your best move yet**

At Carseldine Greens Care Community we encourage our residents to live a life of meaning and purpose – that’s why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Just 30 minutes north of Brisbane CBD with easy access to the Gateway Motorway, our home enjoys a leafy aspect in a quiet neighbourhood.

Landscaped courtyards form the heart of each wing of our building and our shaded alfresco BBQ and dining area offer ample spaces to spend time with family and friends, or enjoy peaceful moments of reflection. Our café is popular with residents and families alike as is a social hub in our home. In 2021 our in-home wellness centre will open, offering personalised rehabilitation and restorative care programs.

# Experience the Opal HealthCare difference at Carseldine Greens



## Daily life

Our raised garden beds are popular with residents who enjoy cultivating colourful flowers, and those who like to spend time outdoors admiring our many different varieties of plants. We are a warm and inclusive community and there's always time for some friendly competition on our bocce lawn, while our creative residents participate in arts, craft or music.

With us, you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Dedicated Opal bus for community outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- On-site wellness centre coming in 2021 offering individual reablement programs run by qualified physiotherapists



## Home

- Modern rooms feature single bed, bedside table, armchair, robe, flat screen TV and soft furnishings
- All rooms are single with ensuite, up to 18m<sup>2</sup>
- Well appointed lounge and dining areas
- Landscaped tropical gardens and courtyard area
- Alfresco BBQ and dining area
- Onsite cafe
- Hair Salon



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  HealthCare family