



*St Bede's Home*

SOUTH HURSTVILLE  
RESIDENTIAL AGED CARE



# *Welcome to St Bede's Home, South Hurstville*

St Bede's Home is located in Hurstville in Sydney's South. The Home offers comfortable accommodation in a welcoming atmosphere, and is located close to shops and public transport.

St Bede's has a great sense of community. The Home offers sunny bedrooms and light-filled lounge areas perfect for relaxing and enjoying time with visitors.

Our dedicated staff will get to know you, what's important to you and what makes you smile. Working together with you, our team will develop a tailored care plan focused on enriching your health, wellbeing and day-to-day living.

# Lifestyle

## HOMESTYLE LIFESTYLE AND ACCOMMODATION

St Bede's provides comfort and security, with private bedrooms, all with ensuites.

## FEATURES AND AMENITIES

- Air conditioning
- Telephone connection and Wi-Fi
- Activities and games rooms
- Dining and family rooms
- TV room with large screen TV
- Hairdressing salon
- Garden and courtyard

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“ At St Bede's, I can continue to pursue the interests and activities that make me happy and busy. I love living here.

FRAN, 79

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## EVENTS AND ACTIVITIES

At St Bede's, there is a broad range of events, activities and interests to participate in and enjoy.

These include:

- Arts and crafts
- Exercise classes
- Social activities, outings and bus trips
- Personalised lifestyle activities



## FOOD PHILOSOPHY

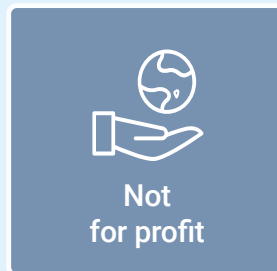
Our homestyle dining experience offers delicious and nutritionally balanced meals prepared by our chef on site, using fresh seasonal produce. Our changing menus reflect the preferences and tastes of the residents living in the Home.



# About Catholic Healthcare

Catholic Healthcare has been providing quality aged care for more than 27 years. We strive to enhance the lives of our residents, guided by our values of Compassion, Excellence, Honesty, Hospitality and Respect.

As a trusted not-for-profit provider, we offer services to nurture the body, mind and spirit. Our proceeds are reinvested into improving quality and access to care for senior Australians.



## Our approach to care

Our approach to care is focused on enriching the lives of our residents, placing you at the centre of everything we do. Our professional and caring staff take the time to really get to know you, from the meals you like (and dislike) to your interests and what's important to you. We do our best every day to bring you the comforts of home and the connections of genuine community.

Our approach to care helps to build a warm and welcoming environment where residents feel comfortable to have their say. Your *Care Plan* is created in partnership with you and guides us in understanding how you would like to live each day to enhance your independence, health, wellbeing and quality of life.



**Contact us:**

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