



TERREY HILLS NURSING HOME





Suzanne Hobart,
Director of Nursing

IMAGINE YOUR LIFE...

Nestled in bushland the newly renovated Terrey Hills Nursing Home specialises in high-level care with 24-hour supportive Registered Nurse care in luxury surrounds.

Thompson Health Care ensures that living here means exciting new opportunities for your next stage of life – luxury ensuite rooms with flat screen televisions and large bay windows for natural light, beautiful gardens, a chapel space and a cinema are all part of this new home. Living areas feature unique local artworks by Megan Barrass and interior designed spaces.

Join new friends for a cappuccino in the coffee shop, have afternoon tea in the sun-drenched courtyard or read a magazine in front of the tropical fish tank. You might want to join the book club or do some gardening. Join in the weekly live entertainment or one of the many bus outings.

PROFESSIONAL STAFF

We take pride in our well-educated staff – not just their formal qualifications, but what they learn every day when they come to work. Thompson Health Care is dedicated in our duty to continuously educate our staff so our residents and their families can feel secure in the knowledge they are receiving the best care. Staff are chosen not just for their experience, but for their commitment and passion in aged care.





Set in a superb
bushland
property,
Terrey Hills
Nursing Home
provides private
accommodation
for residents
seeking comfort,
assistance and
independence.

TERREY HILLS NURSING HOME

Care

We offer 24-hour Registered Nurse Care. Terrey Hills Nursing Home has 94 luxury ensuite rooms including 8 double rooms, with reverse cycle air conditioning and flat screen televisions. General Practitioner services are available or your own doctor may visit at any time.

Dementia

Our 16-room secure dementia unit also features luxury ensuite rooms. The unit includes a specialised dementia dining room, enclosed and secure garden and outdoor area, and nightly massage therapy.

Lifestyle

With an onsite café and a variety of social clubs you'll never want for company. You might even find a new hobby or maybe join the men's group or have a ladies' lunch with a glass of champagne. There is weekly live entertainment and many bus outings to places such as Ku-ring-gai Chase, Bobbin Head, Cottage Point or the City. Residents also have the luxury of an in-house cinema space.

Relax

Unwind with dedicated hair and beauty salon, personalised physiotherapy management, complementary individualised aromatherapy program, reflexology and massage services.

Dining

As well as the Café, our in-house chef offers a nightly dinner menu in the four dining rooms. Relax over a glass of wine and enjoy seasonal favorites such as roast lemon chicken, daily fresh fish or braised lamb shanks. Terrey Hills Nursing Home takes pride in providing all certified free-range meats from a reputable local supplier.

Family

At Terrey Hills Nursing Home we care about your family too. We host regular events and special functions days to allow residents to invite family and friends to socialise. Just like home, you can choose to entertain family and friends in our private dining room.



“Our goal is to make our homes reminiscent of our residents’ own homes with luxury finishes. Our residents deserve a home in which they are proud to live.”

Doug Thompson, Proprietor





FAMILY CARE

Thompson Health Care is a family owned and operated company with over 40 years' experience. Our eleven homes, all located in New South Wales, stretch from Bowral in the Southern Highlands to Frederickton on the Mid-North Coast.

We have a commitment to continuous quality improvement and attention to detail like no other.

The Thompson family believes each of our residents is entitled to the highest standards of professional care, a comfortable and secure environment, privacy, dignity and participation in personal care decisions.

Doug Thompson has managed the group for nearly 40 years, and his three daughters have all elected to continue the tradition of care, each contributing their individual professional skills.

“My family believes our residents deserve nothing less than excellence.”

Doug Thompson, Proprietor



Enthusiastic residents at the monthly book club

THOMPSON HEALTH CARE HOMES



The map shows the NSW coastline with 11 numbered locations marked. The locations are: 1. Bowral, 2. Avalon, 3. Bowral, 4. Mid North Coast, 5. Randwick, 6. Gosford, 7. Sydney, 8. Gosford, 9. Sydney, 10. Sydney, 11. Sydney.

NSW COASTLINE

4 • Mid North Coast

8 • Gosford

2 • Avalon

11 9 10 6

7 SYDNEY

5 • Randwick

1 • Bowral

3 • Bowral

1. Abbey House
Range Road
Mittagong NSW 2575
Ph: 4871 1085 Fax: 4872 4093
theabbey@thc.net.au

2. Avalon House
14-16 John Street
Avalon NSW 2107
Ph: 9973 0900 Fax: 9973 0950
avalonhouse@thc.net.au

3. Bowral House
87-89 Kangaloon Road
Bowral NSW 2576
Ph: 4862 8900 Fax: 4862 8950
bowralhouse@thc.net.au

4. Macleay Valley House
80 - 114 Macleay Street
Frederickton 2440
Ph: 6561 0900 Fax: 6561 0950
macleayvh@thc.net.au

5. Milford House
2-4 Milford Street
Randwick NSW 2031
Ph: 9398 3659 Fax: 8398 2568
milford@thc.net.au

6. Mona Vale House
33 Bassett Street
Mona Vale NSW 2103
Ph: 9910 7900 Fax: 9910 7950
monavale@thc.net.au

7. Seabeach Gardens
26 Darley Street
Mona Vale NSW 2103
Ph: 9997 6383 Fax: 9997 8598
seabeach@thc.net.au

8. Tarragal House
107 Karalta Road
Erina NSW 2250
Ph: 4365 5066 Fax: 4365 5085
tarragal@thc.net.au

9. Terrey Hills Nursing Home
42 Booralie Road
Terrey Hills NSW 2084
Ph: 9450 1719 Fax: 9450 1227
thnh@thc.net.au

10. Turrumurra House
34 Curagul Road
Turrumurra NSW 2074
Ph: 9144 2444 Fax: 9983 0937
turrumurra@thc.net.au

11. Wahroonga Nursing Home
31 Pacific Highway
Wahroonga NSW 2076
Ph: 9489 1796 Fax: 9989 8347
wahroonga@thc.net.au



CONTACT

Imagine your life at Terrey Hills Nursing Home today

Call for an appointment to visit:

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