

CGHS

Aged Care Information for Wilson Lodge



Vision

Wilson Lodge Nursing Home aims to provide a safe and secure environment that addresses the needs of residents in order to maintain their life style at an optimum level.

Smoking

There is a no smoking policy within all buildings and vehicles. Residents may smoke in designated area only. NO visitors or staff are permitted to smoke within the facility or its grounds.

All residents who are identified as smokers shall have a smoking risk assessment conducted and management plan developed from this assessment on the day of their admission to Wilson Lodge.

Alcohol

Residents may consume moderate amounts of alcohol unless consumption results in behaviour that infringes on the rights of other residents. Visitors are not permitted to consume alcohol on the premises unless it is part of a celebration or activity, which the residents are participating in.

Some alcohol is provided by the home for special celebrations and 'happy hours'. All other requirements must be purchased by the resident / family.

We ask family members to notify the staff member In-Charge when bringing alcohol onto the premises. All alcohol is stored in the fridge in the Craft Room.

Visiting Hours

We encourage family and friends to visit residents anytime.

Car parking for Visitors is available within our designated car park on site.

Please do not block the front door, this area is for family and visitors picking up or dropping off residents and emergency vehicles.

Visitor Entry and Identification

For safety and security reasons, visitors to our home are required to sign in on arrival and sign out on departure. Our home is secured at specific times over a 24-hour period (night time) for the safety of residents and employees. Residents, relatives and friends will be advised of these procedures. We ask that you telephone the home if you require entry during these specified secured times.

Meals

All meals and snacks are generally served in our dining room(s). The daily schedule for the serving of food will be at the following approximate times:

Breakfast	08:00am
Morning Tea	10:00am
Lunch	12:00pm noon
Afternoon Tea	03:00pm
Dinner	05:00pm
Supper	07:30pm

Meals can be delivered to resident rooms in certain circumstances.

A meal can be provided for guests at a minimum charge payable at the front office.

Meals/food can be brought into our home for special occasions. Please contact a member of our management team during the planning stages so that we can assist where possible.

A 4 week rotating menu provides a variety of meals and refreshments. Individual food preferences and special dietary needs are taken into consideration. Snacks, fruit and drinks are always available.

A C.G.H.S Dietician will conduct a nutritional assessment for all new residents and special dietary needs will be taken into consideration. Supplements are introduced following the dietician consultation.

Staffing

We regularly review our staffing roster and our staff skill mix in line with the changing needs of the residents in our care.

Staff Development and Training

An annual program offering a variety of training is available to employees. Training helps staff to refresh their knowledge and skills, and learn about best practice and new ways of doing things.

CGHS also supports staff wishing to undertake formal studies.

All staff, including casual staff, are required to attend to on-line mandatory learning sessions annually covering topics which include, but not limited to:

- Emergency response training
- Fire safety training
- Manual handling
- Elder abuse training
- Infection control training (food safety for catering staff)