

## *Dining with us*



We recognise the importance of nutritious and tasty dishes, not just to people's health, but also their sense of wellbeing.

We believe that sharing a meal is more than just eating food.

All meals are prepared at our in-house kitchen, with plenty of cooking aromas wafting around to stimulate the appetite and remind people of home.

Most residents choose to eat in the dining rooms, though if you prefer, you are welcome to dine in your own room.

We do encourage shared dining as it promotes social connection and friendship.

Regular themed meals to celebrate events such as Christmas Day and Australia Day enhance the enjoyment, ritual and shared experience of food.

Dieticians and chefs work hand-in-hand to ensure meals are nutritious, have balance and variety. Special dietary requirements are catered for. For those residents with swallowing difficulties, we provide specialist advice and specially prepared meals which includes serving an extensive range of texture modified food and drinks.

Our menu rotates monthly. Of course we are able to offer alternative choices if the meal being provided is not to your liking.

