



# Welcome to **Wahroonga Place** Care Community



## **Discover why this could be your best move yet**

At Wahroonga Place Care Community we encourage our residents to live a life of meaning and purpose – that's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Conveniently located on Sydney's leafy upper north shore, our care community is a happy and loving place for people from all walks of life. Local shops and amenities are close by, with easy access to public transport routes. We have strong ties to the local community, including with volunteers and local schools. We encourage loved ones to be involved in our home life and residents take pleasure in organising activities of their choice. Our diverse mix of cultural heritage is a point of connection for residents and team, and our companion model of care fosters a sense of family and belonging.

**Ageing is living**

# Experience the Opal HealthCare difference at Wahroonga Place



## Daily life

Musical gatherings, movie nights, card groups, arts and crafts, a sewing circle and our monthly intergenerational play group are just some of the interests that bring our residents joy. Sharing their cultural heritage through the food is important to our residents, and our menus are chosen together by our residents and chef. Our resident-run social committee ensures there's something for everyone to enjoy.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Fresh and nutritious chef prepared meals
- Seasonal menus
- Regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Opal bus for community outings



## Home

- Comfortable rooms with single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- 2 room types, single or companion, both with ensuite, up to 32m<sup>2</sup>
- Lounge, dining and activity areas
- Accessible courtyard
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Primary and allied health available
- Secure memory care neighbourhood
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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