

Welcome home

MAWSON COURT RESIDENTIAL AGED CARE, CAVES BEACH



A community with a warm heart



Designed for you

Our home is designed to cater to your every need. Most importantly, it feels like home.

As soon as you walk through the door, you'll feel the sense of a welcoming community as you're greeted by smiling residents and friendly staff. Modern finishes, elegant decor and comfortable furniture reflect a coastal lifestyle, while bright and airy views maintain a connection to the outdoors.

Here you can enjoy the beautifully maintained courtyard gardens and ocean views, or simply relax and bask on the sunny patios breathing in the fresh, sea air.

At Mawson Court, you'll enjoy a life of comfort and convenience that's supplemented with professional services and round-the-clock support from highly trained and experienced care staff, registered nurses and specialists. All you need to do is relax and enjoy.



 We believe that we're responsible for looking after the world we live in and for sharing and sustaining the resources the earth gives us, so that future generations can enjoy the same benefits that we do. Printed on recycled paper.

- Features**
- 51 private suites
 - Activity room
 - Chapel
 - Courtyard
 - Dining room
 - Hair & beauty salon
 - Library
 - Lounge room
 - Community workshop



Sit back and relax

Our light-filled, private single suites are decorated to create an environment that delivers maximum comfort, convenience and privacy.

Featuring private ensuite bathrooms and beautiful garden or ocean views, our suites create a peaceful, private oasis for you to enjoy. Relax in style, enjoy breakfast in bed or keep the curtains closed and sleep in. It's up to you.

Our suites are designed to be inviting, liveable, yet stylish. All that's required is for you to give it your personal touch with photos, mementoes, artwork, or even some of your own furniture. Whatever you need to make it your home.

Features

- Private single suite
- Private ensuite bathroom
- Air conditioning
- Optional private TV & radio
- Optional Pay TV
- Optional private telephone
- Optional private Internet
- Electric powered bed
- Vanity unit
- Wardrobe
- Secure storage
- Nurse call system

Floor plans



Private, suite
Type A



Private, suite
Type B



Services at your fingertips

Forget about day-to-day chores like cleaning, laundry or cooking. We'll take care of that. You get to spend your time as you see fit and live life on your terms.

Naturally, our great care and medical services are always close at hand if you need them. Our comprehensive range of services mean you have peace-of-mind knowing that, today and in the future, you'll be taken care of.



Hotel services

- Catering
- Cleaning
- Dry Cleaning
- Hair & beauty
- Laundry
- Leisure & lifestyle staff
- Newspaper delivery
- Private functions
- Repairs & maintenance



Care services

- Care staff onsite 24/7
- Physiotherapist
- Podiatrist
- Speech therapist
- Audiologist & hearing aids
- Continence management
- Counselling
- Dementia care
- End of life care
- Lifting of residents
- Occupational therapy
- Optometry
- Palliative care



Medical services

- Nurses (registered & enrolled)
- Choice of doctor
- Dementia consultant
- Doctor visits
- Geriatrician
- Mental health advisor
- Pharmacy services
- Psychologist
- Specialist services



Spiritual services

- Pastoral care & volunteers
- Religious practitioner visits
- Religious services
- Special religious celebrations
- Spiritual activities

Activities & occasions

One thing's for sure, you'll never be bored. The social calendar is always full of activities and we love to celebrate. Our popular lifestyle and activities program offers a great mix of regular events, and opportunities to socialise, including shopping trips and bus excursions.

We always make the most of special occasions such as anniversaries, birthdays, cultural occasions and festivals, religious holidays and occasions that are important to you.

Alcohol is provided at Happy Hour, functions, social events, and special dinners and lunches. You're free to purchase and consume alcohol responsibly within the home provided it's medically appropriate.

Private functions can also be held in the shared community spaces and gardens by arrangement.



Activities & occasions

- Anzac Day celebrations
- Armchair travel
- Arts & crafts
- Australia Day celebrations
- Bingo
- Birthday celebrations
- Bus excursions
- Card & board games
- Christmas celebrations
- Concerts
- Cultural event celebrations
- Easter celebrations
- Entertainment
- Exercise classes
- Individual programs
- Indoor bowling
- Memory enhancing activities
- Men's group
- Movie days
- Music therapy
- Queen's Birthday celebrations
- Quiz & trivia
- Remembrance Day
- Sensory activities
- Shopping trips
- Sing-alongs
- Social events
- Theme days
- Walking groups

Relax & be yourself

Home is a place where you can truly relax and be yourself, knowing that you're safe and sound.

Contact with loved ones is vital for your health and wellbeing and we'd like your family and friends to also feel part of our extended family. There's no need to call ahead if they feel like dropping in. Your visitors will always be warmly welcomed and we can make arrangements for them to stay the night if they need to be close to you.

How you spend your time and what you do are all your choice. You can have your hair done and get a manicure, enjoy a good book and a cuppa in the well-stocked library, listen to music in one of the lounges or have quiet time in the gardens.

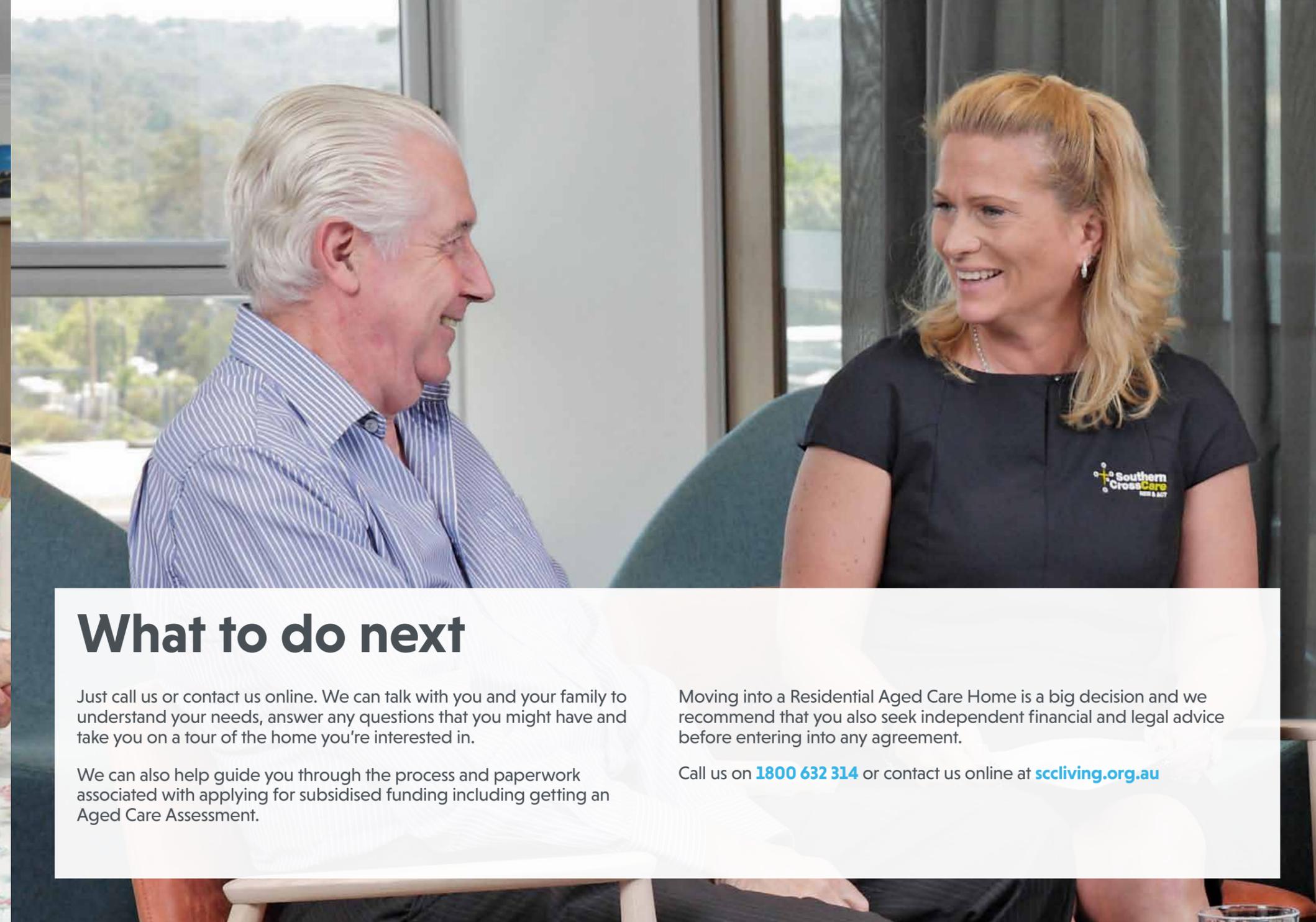
We encourage you to continue your social activities, remain part of your community and maintain your friendships and interests. We'll support your involvement in activities such as memberships to clubs, choirs, churches, men's and women's groups, and sporting organisations. We'll also help if you want to try new activities or join social groups within the local community.

The Southern Cross Care difference

Southern Cross Care is a leading not-for-profit aged care specialist. Our name is known and trusted throughout NSW & the ACT where we've been a part of the community for nearly 50 years.

We offer a full spectrum of integrated services to provide you with options, choice and support for how you choose to live your life, today and tomorrow. Whether it's discovering a retirement community lifestyle, tapping into help at home, improving your health, exploring ways to boost your independence and social connections, or selecting comfortable, supportive care in one of our Residential Aged Care homes, you have peace of mind knowing that whatever your needs may be, you have a relationship with a provider that has it covered.

We believe that individuality is one of the greatest gifts of being human. Our 'customer at the heart' philosophy means that your happiness and wellbeing are our priority. We celebrate and respect diversity and welcome all, regardless of faith, ethnicity, sexual orientation, gender identity and lifestyle choices. We recognise you as a whole person and support your physical, emotional, intellectual, social, and spiritual wellbeing. Everything we do is tailored to enhance your quality of life and enable you to live life on your terms.



What to do next

Just call us or contact us online. We can talk with you and your family to understand your needs, answer any questions that you might have and take you on a tour of the home you're interested in.

We can also help guide you through the process and paperwork associated with applying for subsidised funding including getting an Aged Care Assessment.

Moving into a Residential Aged Care Home is a big decision and we recommend that you also seek independent financial and legal advice before entering into any agreement.

Call us on **1800 632 314** or contact us online at [scliving.org.au](https://www.scliving.org.au)

Where you can find us



Home Care Services

Our Home Care services are available extensively across metropolitan and regional locations in NSW and the ACT.



Retirement Communities

NSW Metropolitan

Central Coast

- Bateau Bay
- Caves Beach

Illawarra Shoalhaven

- Thirroul

Sydney East

- Maroubra
- South Coogee

Sydney North

- Manly Vale
- Marsfield
- West Pennant Hills

Sydney South

- Caringbah
- Kirrawee
- Marrickville

Sydney West

- Merrylands West
- Plumpton

ACT

- Braddon
- Campbell
- Garran
- Yarralumla

NSW Rural & Regional

Northern NSW

- Banora Point
- Tweed Heads South

Riverina

- Corowa
- Lavington
- Moama

South West Slopes

- Cootamundra
- Harden
- Temora
- Young

Western NSW

- Parkes



Residential Aged Care

NSW Metropolitan

Central Coast

- Bateau Bay
- Caves Beach
- Swansea

Sydney East

- Daceyville
- Maroubra
- South Coogee

Sydney North

- Marsfield
- Turramurra
- West Pennant Hills

Sydney South

- Sutherland

Sydney West

- Greystanes
- Merrylands West
- North Parramatta
- Plumpton

ACT

- Campbell
- Garran

NSW Rural & Regional

Northern NSW

- Banora Point
- Casino
- Grafton
- Tweed Heads South

Riverina

- Corowa
- Lavington
- Moama

South West Slopes

- Cootamundra
- Deniliquin
- Harden
- Leeton
- Young

Southern NSW

- Bombala
- Goulburn

Western NSW

- Parkes

Contact us

If you'd like more information, help or advice, just get in touch and we'll give you all the information and support you need to make an informed decision that's right for you and your family.



Mawson Court Residential Aged Care

80 Caves Beach Road
Caves Beach NSW 2281

Call: **1800 632 314** (free call)

Visit: sccliving.org.au

Bus services:	30 m
Nearest shops:	100 m
Nearest hospital:	Belmont Hospital – 10 km
Nearest ACAT:	New Lambton Heights – 1800 200 422

