

# Berengarra

## Welcome home

There's no place like home. That's what you will love about Berengarra – it feels exactly like home. Surrounded by people who care to support you during this very special next stage of your life, you'll feel valued and relaxed from the moment you get here.

Set in leafy garden surrounds, Berengarra – an Aboriginal word for land around Kew – offers an innovative approach to public residential aged care that values and preserves a person's dignity, independence and identity.

We are compassionate in our care and respectful in how we provide it.

## Our Focus – You

At Berengarra our emphasis on person-centred care puts you at the heart of everything we do. We want to make your time with us as pleasurable and memorable as possible. This is your home and we are here for you.

## Greater choice

We value choice and want you to continue living life the way you want to live it. At Berengarra, you can choose when you want to have your meals and whether you'd like to eat with a group in the dining room or in the privacy of your own room. And when it comes to leisure time, you can join organised group activities or get together with a few friends in one of the intimate lounges, or even enjoy a stroll in the beautifully landscaped gardens that neatly wrap around the building.

## Rooms

Our facility offers 90 contemporary single rooms (approx. 20sqm) with en-suites, across three floors. Each room has a king-single bed, bedside table, armchair, BIR, flat-

screen television, telephone, wi-fi and internet access, large window, individual heating and cooling and built in tracking for assistive equipment.

There are also 12 sets of adjoining rooms to accommodate couples, siblings or friends who want to stay near each other. Each floor is smartly zoned into private wings of no more than 8 bedrooms to create a welcoming sense of community among residents.

Almost every room has a view of either the landscaped gardens surrounding Berengarra, the Macedon Ranges or the city skyline.

## 24/7 nursing care

As part of the St Vincent's network, Berengarra offers high-level medical support. Our clinical support gives families extra peace of mind that their loved ones' needs are well looked after.

*We offer:*

- Registered and enrolled nurses and health assistants providing around-the-clock care
- Expert medical and clinical advice for complex care situations
- Access to palliative care specialists
- Advanced outbreak management procedures and fast-track testing services

Our diverse range of care options include low and high care, aged persons mental health care, palliative care and respite care. We also offer flexibility to choose your own GP and access to visiting specialists and allied health professionals, including physiotherapists and podiatrists.





## On-site features and services available:

- Dietician-approved meals
- Community and activity rooms for functions and events
- Hairdressing
- Well-appointed common areas, including lounges and dining rooms on all levels
- Underground car parking
- Landscaped gardens
- Lifestyle programming, including regular social events, concerts, activities and outings
- 3 large multipurpose activity rooms
- Access to outdoors via ground-floor courtyards and multiple screened balconies
- Respite care

- Pastoral care
- Consulting room for visiting medical and allied health practitioners
- Guest lounge
- Laundry and cleaning services

## What next?

We understand this is a big step in your life and there are some important decisions ahead for you and your family.

We are here to make this journey for you and your family as easy as possible and look forward to assisting you with a smooth and positive transition to life at Berengarra.

Please contact our team for more information or to discuss an application.

## About St Vincent's Hospital Melbourne's Aged Care Facilities

Berengarra is part of St Vincent's Hospital Melbourne's Residential Services – a leading and trusted provider of aged care, in partnership with the Victorian Government.

### Pastoral care

Pastoral care is an important part of our holistic approach to care, with our pastoral care team providing spiritual and emotional support, and a sensitive and caring presence at all times.

While it is our Catholic heritage that drives this commitment, we welcome and support all beliefs, religious traditions and cultures.

### Our history

St Vincent's Hospital Melbourne and its residential facilities share a rich history of compassionate care and support through our founders, the Sisters of Charity.

Since Mary Aikenhead founded the Sisters of Charity in 1815, their institutions have cared for the sick and poor and welcomed all creeds.

It is this legacy of the Sisters of Charity that inspires us to continually strengthen and grow our mission, and serve those who entrust us with the privilege of providing them with care.

