

5.04 SMOKING

Rationale

Smoking kills more than 1200 Western Australians every year and remains the number one cause of preventable death and disease.

Esperance Aged Care Facility recognises the harmful health effects of tobacco smoke. Smoking and passive smoking can cause many diseases including lung cancer, cardiovascular disease, bronchitis, pneumonia, emphysema and asthma. Research has found that smoking is also responsible for reduced workplace productivity and increased absenteeism.

To help combat the damaging effects of tobacco smoke and to protect our employees and residents, EACF is a smoke-free environment. We believe that non-smokers should not have to be exposed to the hazards of tobacco smoke. Our smoke-free policy protects the health of all our staff and residents creating a healthy and pleasant environment.

Aim

EACF's smoke-free policy aims to:

- Create a healthy environment;
- Create an environment which encourages maximum productivity; and
- Protects the overall health and well-being of all our employees and clients by actively encouraging smoking prevention and smoking cessation.

Policy scope

The smoke-free policy applies at all times to:

- All indoor areas including:
 - offices;
 - meeting rooms;
 - restrooms.
- All outdoor areas including:
 - the grounds inside the premises;
 - carparks;
 - backshed.

The smoke-free policy applies to all EACF management, employees, contractors, residents and visitors while on our premises.

EACF management and employees should refrain from smoking when they are acting in an official capacity off-site.

Our commitment

To support the smoke-free policy and to minimise non-compliance EACF will:

- Provide information regarding the health effects of smoking and the importance of being smoke-free;
- Provide a copy of the smoke-free policy to all existing employees, residents and their families and to new employees upon commencement with the organisation;
- Advise potential residents of the smoke free policy;
- Display adequate smoke-free signage;
- Provide information to assist smokers who wish to quit through the promotion of Quitline services, 13 QUIT (13 7848), and the provision of quitting tips;
- Advise visitors of the smoke-free policy; and
- Add smoke-free clause to contracts and inform contractors of the organisation's smoke-free policy.

EACF will provide ongoing support to prevent exposure to tobacco smoke, prevent smoking uptake and encourage smoking cessation.

Non-compliance strategy:

- Asking the individual to extinguish the cigarette immediately;
- Explaining details of the policy to the offending individual;
- For health and safety reasons, all personnel are required to abide by the conditions of this policy. In the event that these conditions are not adhered to, appropriate disciplinary action will be taken.

CROSS REFERENCE

REGULATORY COMPLIANCE 1.03

FREEDOM OF CHOICE 4.03

RESIDENT SAFETY POLICY 5.01

OCCUPATIONAL SAFETY AND HEALTH 2.12

DUTY OF CARE 1.05

Kathie Carey
Director of Nursing

Date: